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Every guest who is eligible and listens to a sales presentation lasting about 11/2 hours will be awarded a gift. There is no obligation to buy anything but you will be invited to purchase a membership at the presentation. To be eligible, guests must be currently employed full time, or able to show proof of a steady source of income, and be at least 25 years of age. If married, the guest and spouse must take a sales tour together. Those who have previously toured any Thousand Trails preserve, its employees and members of their immediate family are not eligible to receive a gift. Gifts of increased value may be substituted subject to availability of advertised gifts.

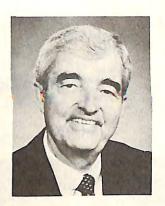
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#### A MESSAGE FROM THE GRAND EXALTED RULER





#### A Message of Farewell

When I accepted the office of Grand Exalted Ruler in Seattle on July 15, 1985, I read the following lines written by the American poet, Walt Whitman, from his "The Song of the Open Road":

"Afoot and light-hearted I take to the open road,
Healthy, free, the world is before me.
The long brown path before me leading wherever I choose,
Henceforth, I ask not good fortune, I myself am good fortune,
Henceforth, I whimper no more, postpone no more, need nothing.
Done with indoor complaints, libraries, querulous criticisms,
Strong and content, I travel the open road."

"Allons! the road is before us!

It is safe — I have tried it — my own feet have tried it well —

Be not detain'd!"

Now we are nearing the conclusion of our odyssey across this vast and beautiful land. Our travels have indeed been healthy and free. Good fortune has marked our way along the "long brown path."

Jane and I have traveled the open road together drawing upon the strength and contentment we have received from our hosts—the American Gentlemen and Ladies of the Elks. Thank God the road has been safe; and we have been blessed with happy journeys, free from harm's way.

We have traversed the longest part of the road. The experience has been wondrous because the people are truly the best that America has to offer.

As I pen this final message as your Grand Exalted Ruler, I am moved to give you my projections for the future of the Order based upon our sojourn through Elkdom, my attendance at your meetings, and the opportunity to be with thousands of Elks and their ladies. In my view the future of the Order is glowing with promise—it will be an exciting future filled with challenges which we have the power to meet and overcome.

"Allons," the French verb meaning "Let's go," calls to us. Allons, Allons, Brother Elks and Ladies, the road is before us—be not detain'd!!!!!

Farewell, and God Bless All of You,

John I. Traypor

John T. Traypor

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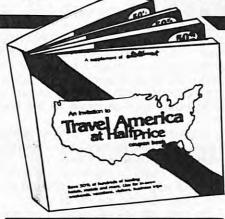
Members receive (10) \$50.00 airline discount coupons. Fly on almost any domestic flight, any seat, any time and enjoy these extra savings on air travel. Coupons can be used on Super Saver, Coach, or other discounted airfares.



#### How Elks Use This Plan

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You now always save 50% at preferred leading hotels and motels nationwide.

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costs \$240 for your hotel stay...you pay only \$120, plus save an extra \$50 on your flight.

In these three trips alone you saved \$259.00.

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Enjoy additional discounts of 25% off meals at restaurants nationwide. Up to 4 people can save off the total bill.

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(See Page 4 for Details)

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#### TESTIMONIALS FROM ELK READERS

"As retired resort motel owners, we saved \$662.00 on hotel bills alone. Everywhere we went the service was excellent. We also took advantage of the coupons such as city tours and local cruises. We have recommended this program to many of our friends and other Elk members."

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We joined Travel America two years ago and have saved hundreds of dollars. We saved \$450.00 on trips to St. Louis and to Nashville and Gatlinburg, TN. We expect to save at least that much again with this year's program. We recommend Travel America to anyone who travels and wants to save money as we have."

Mr. & Mrs. Donald Morrison Crawfordsville, IN

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Mr. & Mrs. Benjamin M. Beatty Springfield, OH

Extra Bonus Offer. Readers who join prior to September 30, 1986 will save \$5.00 off the \$39.95 membership fee that is valid to June 30, 1987. To order, complete and mail your application today. Inquiries call (703) 684-7000.

(Continue on page 3)

#### LIDINABERS

• In "Awareness: The Key to Drug Free Children" (Feb. '86), a portion of the article asked, "How Can I Tell If My Child is Using Drugs?" The author stated that a child may be on drugs if he/she is: not doing chores, late coming home, allowing room to be untidy, very interested in rock music, very secretive on the telephone, etc.

It upsets me to know that older people may have a low opinion of me because I'm a normal teenager. I have shown this article to many of my friends who see themselves described in parts of the article. They, like me, do not do drugs.

We are all normal high-school students who, on occasion, fail to meet our curfew, etc. I feel you should direct more attention to the abnormal behavior of teenagers such as refusal to discuss drug issues, weight loss and the stealing of property.

The guidelines you have printed could further strain communication between parents and their children.

Dinie Caley Palmyra, MO

As your article "Farewell to the Faithful Caboose" (March '86) intended, most people view the caboose with a considerable amount of nostalgia. Unfortunately, the railroads have done little to negate the image.

The United Transportation Union's sole concern is for the safety of our members and the public at large. The elimination of the caboose will pose a very real and grave threat to public safety, especially in communities where the rail lines run through populated areas.

There are about 2,400 hazardous materials being transported by rail at the present time, and 280 super-hazardous materials. Nuclear waste shipments are expected to increase significantly.

The caboose is a command and observation post. In many cases conductors have averted potentially serious derailments, have spotted fires along the right-of-way caused by their train, and have stopped the train when a vehicle hit the side of the train out of sight of the locomotive.

Granted, some of these things are not everyday occurrences, but they are real, non-illusionary events that can and do happen. The railroads simply do not

have any device that can adequately inspect the train and replace a man at the rear of the train.

K. G. Pratt, Director United Transportation Union Oregon State Legislative Board Salem, OR

You have dealt a low blow to nutritional therapies by your reprint of the slanted article "Falling Victim Twice" (March '86) put out by the American Cancer Society.

By their own admission, the American Cancer Society only "evaluates periodically the available evidence"; they do not do any original research or testing. And neither does the A.M.A. But they do control the money for research!

The A.M.A. has the richest lobby in Washington, DC. They say that they have formulated "model legislation" which provides the "first effective means of controlling worthless cancer remedies." But what way do we as patients have of protecting ourselves from their worthless cancer remedies?

With 430,000 cancer patients dying each year, how can they call the underground cancer movement futile? We are trying to survive.

After 60-plus years and billions of dollars powed into Cancer research, it's high time that nutritional therapies be given a chance.

Audrey Munk Kelso, WA

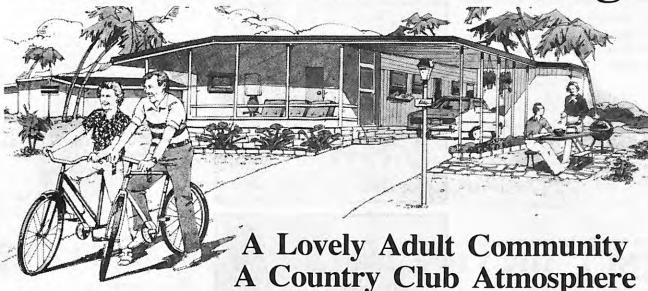
 I feel that our honest, impartial and modern magazine owes a rebuttal to its readers on "Falling Victim Twice."

As stated at the end of the article, it was reprinted from an American Cancer Society publication. However, there are many other factions as knowledgeable about cancer as is the A.C.S....and maybe more so.

E. L. Burbank Lake Mary, FL

• I am responding to the letter from Patricia Stemple (April '86) concerning her opinion that drinking is one of the main activities of the Elks. Has she never heard of our Major Projects, such as providing treatment for youngsters with mental and physical handicaps, including cerebral palsy, speech problems (Continued on page 15)

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#### 8 Denver

The ''Mile-High City'' welcomes the 122nd Grand Lodge Session in July.

Jerry Hulse

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The story of the *U.S.S. Constitution*, proud warrior of the past that lives on today.

Robert Bearce

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Lodges widen the war against drug use. Staff Report

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Visitors to Colorado must go through and over the Rocky Mountains to view the magnificent sites in the state.

Richard L. Tatman

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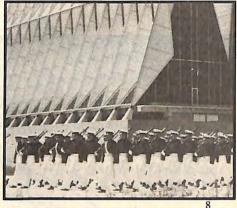
Crime shows a tendency to be either high or low depending on a number of variables.

Robert L. Snow

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Cover: Photos courtesy of Denver and Colorado Convention & Visitors Bureau







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In 1908, the Grand Lodge designated June 14th as the special day that Elks in all lodges should honor our flag and pay tribute to our great nation. Each lodge should make every effort to present an outstanding program, which is open to the public, in order to demonstrate the Elks' dedication to the principles of our founding fathers.

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## The "Mile-High City" Welcomes The 122nd Grand Lodge Session

by Jerry Hulse

enver, the nation's "Mile-High crowded its streets as well as its tures. In 1971 the area was pro-122nd Grand Lodge Session. Few cities in America are friendlier, cleaner or more compact. Indeed, Denver is a walking town, with wide boulevards, more than 200 parks, dozens of gardens and row on row of restored Victorian homes. As for Colorado itself, many sing its praises as the nation's most beautiful state.

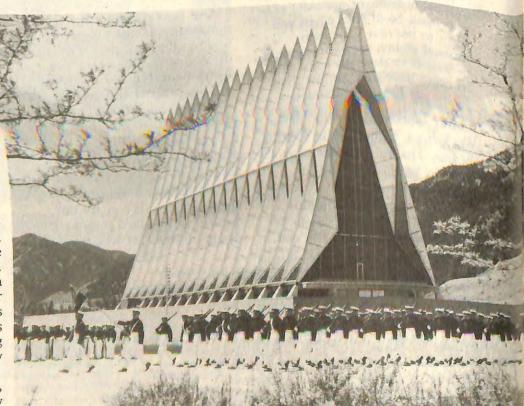
Your headquarters hotel will be the Raddison, a 22-story skyscraper at 1550 Court Place on the city's heralded 16th Street Shopping Mall. The largest hotel in Denver, the Raddison is only a short shuttle-bus trip from the Denver Convention Complex and The Arena where business sessions will be held at 1323 Champa Street.

For members, wives and families, Denver waits eagerly to entertain them at dozens of sites throughout the city. A logical starting point is the State Capitol Building, whose handsome dome shines brilliantly under a coating of 24-karat gold and whose 13th step is precisely one-mile high. At the 93rd step, visitors reach a viewing deck with a spectacular 150-mile sweep that takes in Pikes Peak to the south. Drawn into focus are dozens of skyscrapers, including several towering above the 50-story mark.

Yet, even with its modern facade, Denver presents another personality

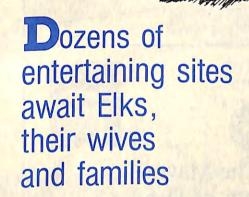
City," is preparing to welcome Elks saloons and gambling halls. In a claimed Denver's first Landmark and their families next month to the word, Denver is the wedding of the Preservation District and shortly Old West and the New West. One can afterward was named to the National catch a glimpse of the old by strolling Register of Historic Places. through Larimer Square with its through Larimer Square with its senses that era when Bat Masterson century-old buildings, its gas lamps senses that era when Bat Masterson and horse-drawn carriages that roll past fashionable shops doing business in these very same Victorian struc-

Seated on a bench at twilight, one and Doc Holliday strolled these very same alleys and streets. It's certain that you will enjoy Larimer Square



that draws the visitor back to a cen- One of the 24 squadrons that comprise the cadet wing passes before the 17-spired, glass and tury when outlaws and desperados aluminum interfaith chapel at the U.S. Air Force Academy near Colorado Springs.

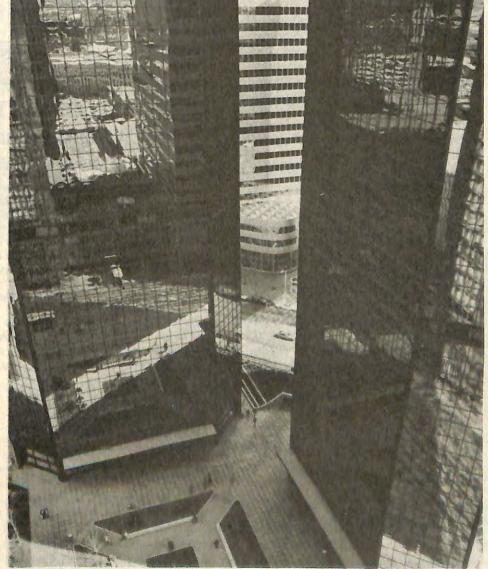
THE ELKS MAGAZINE JUNE 1986



with its string of nightclubs and restaurants-Basin's Up, Chez Grins, Comedy Works, Josephina's, Kato's, La Mancha, the Little Russian Cafe and The Magic Pan.

At the other end of the scale, there's the new \$80-million Denver Center for the Performing Arts (larger than New York's Lincoln Center) with its symphony hall in the round, its four magnificent theaters and a cinema that screens more than 500 films a year. Still, barely 15 minutes from this cultural center, a 12-acre farm is still tilled by a team of oxen, and Victorian mansions rise along quiet, tree-lined streets.

After touring the Capitol Building, one crosses to Civic Center Park with its lovely gardens and trees, fountains and Greek amphitheater. Just a short block south, visitors discover dioramas depicting the Old West in the attractive new \$22-million Colorado Heritage Museum. Later, the visitor can take in the U.S. Mint that's said to resemble the Palazzo Riccardi in Florence, Italy. Here, billions of dollars worth of coins are minted



Some 27 skyscrapers have been built in Denver in just the past five years.

each year. (The tours are free.)

Denver's Museum of Western Art displays the works of such famous painters as Charles M. Russell and Frederick Remington in a handsome Victorian dwelling that once served as the city's slickest bordello. During this rip-roaring period, the bordello's customers slipped in through a tunnel from Denver's world-famous Brown Palace Hotel on 17th Street. Still in business, the Brown is considered one of the nation's leading hotels.

The city features more than 100 art galleries, nearly 130 theaters and cinemas and upwards of 2,000 restaurants. At the Raddison Hotel you'll be in the heart of the magnificent \$76-million 16th Street Mall with its fountains, flower baskets and spectacular globular lighting system. You will discover the huge Tabor Center with its 70 shops and restaurants. Nearby, a second shopping center, The Tivoli, embraces more than 70 stores, theaters and restaurants in an old-world brewery lined with Victorian tiled archways.

It will be worth the effort to look in on the Denver Museum of Natural History with its new and exciting IMAX theater and its 41/2-story-high screen "with a sound system so powerful that it literally makes shirt sleeves vibrate." Elks will enjoy Elitch Gardens, Denver's popular amusement park with its roller coasters, 18-hole miniature golf course, flume water ride, musical revues and children's theater. You will also discover Washington Park's colorful homes that house art galleries, outdoor cafes, shops and restaurants.

With Colorado famous as a paradise for the sportsman, it comes as no surprise that Denver is the home of the world's biggest sporting goods store, Gart Brothers Sports Castle at 10th and Broadway, which is packed to the rafters with fishing gear, rifles, rafting equipment, hiking togs and dozens of other items for adventurous souls who are dedicated to the Rocky Mountain splendor of this spellbinding state.

For brochures, maps and information, drop by the Denver & Colorado Convention & Visitors Bureau Information Center at 225 West Colfax Avenue (telephone 892-1112). Infor- areas. The state boasts 11,300 miles Springs, Keystone, Ouray, Telluride mation is available for fishermen, of streams and 2,400 lakes and such and others. hikers, backpackers, hang glider and attractions as the U.S. Air Force balloon pilots, horsemen and others Academy near Colorado Springs, as along with details on Colorado's na- well as scenic Cripple Creek, Central every other cross street between the tional parks, forests and recreation City, Vail, Aspen, Steamboat Civic Center Station at 16th and





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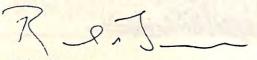
#### A Message from Governor Richard Lamm

On behalf of all Coloradans, I would like to welcome the members of the Benevolent and Protective Order of Elks to Denver.

As members of this organization, you can take pride in your past and continued service to your nation. The Elks organization has been deeply involved in charitable works and community services throughout the country. I thank you for your dedication to the protection of this nation's values.

Best wishes for a meaningful and productive convention in Colorado.

Sincerely,



Richard Lamm





#### Office Of The Mayor City and County of Denver

#### A Message from Mayor Federico Peña

I am pleased and privileged to have this opportunity to extend a warm welcome to all in attendance at the 122nd Convention of the Benevolent and Protective Order of Elks of the United States of America, meeting in Denver July 13 through July 17, 1986.

We are proud that you have chosen Denver as the site for this annual convention and hope that this will be the best convention your organization has ever held. We hope that all delegates, guests, and family members will take advantage of the many recreational and cultural facilities which our city has to offer you, and also enjoy the new restaurants and shopping areas which have recently been built.

I am very much aware of the many contributions which members of your fine Order make to their respective communities, and I commend and congratulate each of you for these most worthwhile activities. Also, I wish you well in the months and years ahead as you pursue your important work and service.

Federico Peña

#### Your Elks Guide to Denver

-Free mall shuttle busses stop at

Broadway and the Blake Street Station, a distance of 13 blocks. Passengers hop on and off at will without tokens, passes or money. Between 6 and 9 a.m. and 4 and 6 p.m. the busses leave every 70 seconds; from 9 a.m. to 4 p.m. and 6 to 10 p.m. they operate every five minutes. These free coaches stop in front of, or near to, most of Denver's major shops and attractions.

-The Capitol Building, Colfax (15th) and Broadway, offers free tours Monday through Friday, 9 a.m. to 3:30 p.m. Enter the building up the grand western staircase. The tour desk is located just inside the double



The historic old Opera House in Central City hosts an opera festival each year in July and August

doors at the top of the steps. For the strong of heart and limb, one can climb a spiral staircase to the observation gallery located in the dome. An outside walkway reveals hundreds of miles of mountains-from Pikes Peak to the south to Longs Peak to the north.

-The U.S. Mint, W. Colfax at Cherokee (walking distance from the Capitol) provides free tours between 8 a.m. and 3:30 p.m. Monday through Friday. Enter Cherokee Street entrance. The 20-minute tour, which departs at approximately 15-minute intervals, gives a short history of coin minting, both private and federal, and permits the visitor to watch

#### THE DENVER CONVENTION **PROGRAM**

#### 122nd Session Grand Lodge, B.P.O. Elks Denver, Colorado, July 13-17, 1986

#### REGISTRATION

SATURDAY, JULY 12, 9:00 A.M. and continuing daily during the Convention. Representatives (Exalted Rulers), Grand Lodge members, visiting Elks and ladies-Currigan Exhibition Hall, 14th and Champa, Denver, Colorado. This is the Information Center for delegates, their families and visitors. The first obligation is to register so you will be properly informed about the Convention and the facilities offered by Denver, recommended restaurants, ladies activities and sight-seeing tours.

The Registration Fee is \$20.00 for Elk members only.

nedio i na i i on					
Saturday, July 12	.9:00 A.M. to 5:00 P.M.				
Sunday, July 13	.9:00 A.M. to 4:00 P.M.				
Monday, July 14	.8:00 A.M. to 3:00 P.M.				
Tuesday, July 15	.9:00 A.M. to 3:00 P.M.				
Wednesday, July 16	.9:00 A.M. to 3:00 P.M.				
GRAND LODGE SESSIONS					

All sessions will be held at the Denver Convention Complex, 1323 Champa, Denver. SUNDAY, JULY 13, 8:30 P.M.—Official Grand Lodge Opening Ceremonies. Ladies are invited. Address of Welcome by Hon. George B. Klein, Past Grand Exalted Ruler, Presiding. Principal address by Grand Exalted Ruler John T. Traynor. MONDAY, JULY 14, 9:00 A.M.—Opening Grand Lodge Business Session. Election of Grand Lodge Officers for 1986-1987. Reports of Committees.

MONDAY, JULY 14, 10:30 A.M.—Special Ladies Entertainment at Denver Con-

vention Complex, 1323 Champa, Denver. Admission by badge only

MONDAY, JULY 14-District Deputy Designates - Photographs per advance

notification and schedule by Grand Secretary.

TUESDAY, JULY 15, 9:00 A.M.—Grand Lodge Business Session - Following the Business Session, luncheon and conference for Exalted Rulers and State Association Presidents. Grand Exalted Ruler-Elect will outline Grand Lodge Program for the coming year - Currigan Exhibition Hall, 1323 Champa, Denver, at 1:30 P.M.

WEDNESDAY, JULY 16, 9:00 A.M.—Open Session of Grand Lodge. Ladies are invited. Reports and awards by Elks National Service Commission, Elks National Foundation and Youth Activities Committee.

11:00 A.M. MEMORIAL SERVICE

WEDNESDAY, JULY 16,—Ladies are invited.
WEDNESDAY, JULY 16, 1:30 P.M.—State Association Presidents and State Secretaries Reception and Luncheon, followed by personal conference with Grand Exalted Ruler-Elect at the Radisson Hotel, 1550 Court Place, Denver (Headquarters

WEDNESDAY, JULY 16, 2:00 P.M. - District Deputies Meeting at Radisson Hotel, 1550 Court Place, Denver (Headquarters Hotel).

WEDNESDAY, JULY 16, 9:00 P.M. - Exalted Rulers Ball honoring all Exalted Rulers and their families, Radisson Hotel, 1550 Court Place, Denver (Headquarters Hotel). All Elks and ladies are invited. Admission by badge. Refreshments are available. Jackets required.

THURSDAY, JULY 17, 9:00 A.M.—Final Grand Lodge Business and Legislative Session. All Exalted Rulers and delegates are to attend.

THURSDAY, JULY 17, 11:00 A.M.—Installation of Grand Lodge Officers and District Deputies. Attendance of all Exalted Rulers is required. Ladies are urged to

THURSDAY, JULY 17, 4:00 P.M.-6:00 P.M.-Reception for District Deputies and their ladies. Formal. Admission by badge, Radisson Hotel, 1550 Court Place. FRIDAY, JULY 18, 7:00 A.M.—Breakfast followed by District Deputies Indoctrination and Conference with Grand Exalted Ruler. State Association Presidents are invited, Radisson Hotel, 1550 Court Place, Denver. Session should conclude at approximately 1:00 P.M. Return flight plans should be made accordingly. Late check-outs should be arranged with the hotels.

**RITUALISTIC CONTESTS** 

SATURDAY, JULY 12; SUNDAY, JULY 13; MONDAY, JULY 14-Preliminary Ritualistic Contest, Denver Convention Complex, 1323 Champa, Denver. WEDNESDAY, JULY 16-Final Ritualistic Contest, Denver Convention Complex, 1323 Champa, Denver. Details of schedule will be provided upon registration. **EXHIBITS** 

Display of activities by Grand Lodge Committees, Commissions, and State Associations-Registration Area-Currigan Exhibition Hall, 1323 Champa, Denver.

SHUTTLE BUS TRANSPORTATION Provided to and from the Denver Convention Complex and most official hotels. City busses in the downtown area to the Denver Convention Complex are available. workers stamping out everything from pennies to commemorative silver dollars. One exhibit shows more than a million dollars in pure gold bars. Collectors' coin sets can be purchased on the premises.

—Free organ recitals are presented the second Wednesday of each month at noon at the restored Paramount Theater (16th and Glenarm Place), where leading artists play the huge Wurlitzer pipe organ, one of two remaining organs of its kind in the country. (The other is in Radio City Music Hall in New York City.) The theater is an excellent example of historic restoration.

—Walking tours of Tabor Center take in this brand-new, glass-enclosed

retail center at 1201 16th Street (on the mall) with its variety of shops, restaurants, fountains, glass elevators, etc.

—Tivoli Center: There's a free shuttle bus from 16th Street Mall and Lawrence that will take you to the spectacular Tivoli Center which used to be a large brewery, but is now an attractive collection of 45 shops, 12 motion picture theaters, six sit-down restaurants, and eight fast-food facilities. The bus operates between 11 a.m. and 9 p.m., every 15 minutes.

Stapleton Airport

Stapleton International Airport, sixth busiest in the nation, is served by the following airlines: American, Continental, Delta, Eastern, Fron-

tier, Frontier Horizon, Mexicana, Northwest, Ozark, PeoplExpress, Piedmont, Pioneer, Republic, Southwest, Trans World, United, USAir, Western, and Wien Air Alaska. Regional carriers serving mountain resort areas are: Aspen Airways, 398-3744; and Frontier Airlines, 399-0808.

Airport Transportation

Airport Limousine Service Inc., 3455 Ringsby Ct.; 398-2284, (800) 525-3177. Leaves every 25 minutes to downtown hotels.

Yellow Cabs, 292-1212. Radio-controlled cabs, about \$8.50 to downtown.

Other Transportation

RTD public bus service, 778-6000 for schedules; 70 cents at rush hour, 35 cents off-peak. Information center opposite Door 10 at airport.

Greyhound, 1055 19th St.; 292-6111. Trailways, 1055 19th St.; 292-2291.

Rail Service

AMTRAK: Six arrivals and departures daily, Union Station; 893-3911.

Highways

Denver is served by Interstate highways 25, 70, 76 and 225, and U.S. Highways 40, 285 and 287. (AAA Auto Club, 4100 E. Arkansas; 753-8800.)

Tours

Bartlett Tours of Colorado, 424-1827.

Colorado Charter Lines, Inc., 287-0239.

Colorado Western Stages, 288-2500.

Wild Bill Pickup, 484-6300.

Sightseeing

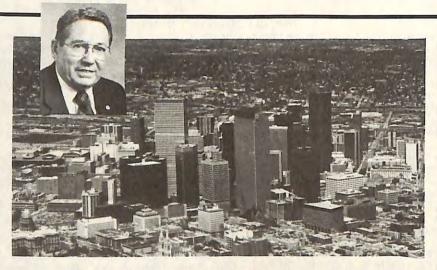
City Park: Between 17th and 26th Streets and Colorado Boulevard and York Street; 314 acres of lawns, lakes, gardens, a public golf course, tennis courts, Denver's Zoo, the Museum of Natural History.

Civic Center Park: Between the State Capitol and the City & County Building. Fountains, monuments, and an outdoor Greek Theatre.

Colorado State Capitol: The 13th step on the west side is exactly one-mile high. Modeled after the U.S. Capitol in Washington, the building features a gold-plated dome, and a panoramic view of Denver and the Rockies. Free tours weekdays, 9 a.m. to 3:30 p.m. Broadway and Colfax.

Denver Botanic Gardens: Outdoor gardens and conservatory house more than 800 species of native and exotic plants. 9 a.m. to 4:45 p.m. 1005 York Street.

(Continued on page 14)



To All Elks And Their Ladies

#### Welcome To Denver

On behalf of all of the Elks in the great State of Colorado, it is my privilege to extend to all delegates and their ladies a warm welcome to the 122nd Grand Lodge Convention to be held in Denver.

In this wonderful city at the foot of the magnificent Rocky Mountains, you will find typical western hospitality awaiting you.

The Elks of Colorado and their ladies have labored long and diligently in preparing for our visiting Brothers and their families. With the many attractions in Denver and the surrounding area, you will certainly find this to be a truly remarkable and memorable convention site.

Come to Denver prepared to attend the meetings, and to spend time in the enjoyment of this Rocky Mountain area.

Sincerely,

George B. Klein Past Grand Exalted Ruler

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It's a conversation piece you show your neighbors and friends. And a delightful way to display your cherished miniature collectibles.

You can set this charming curio cabinet on any flat surface or hang it on the wall (wall hangers attached). Features 9 individual compartments, center section has hinged door with dustproof window. Made of distinctively grained mahogany-finish wood. 7" x 8½" x 2". And it's yours FREE! Just check the box in the order form, add \$1 for shipping along with order, and we'll send your FREE WOODEN CURIO CABINET.

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DOLOMITE TABLETS Laboratory tested TABLETS 43¢ 1,000 for \$1.79

#### 19 GR. 1200 mg HI-POTENCY LECITHIN 100 CAPS 109 500 FOR 4.95 100 TABS 125 500 FOR 5.49 THE MOST WANTED POTENCY

250 MG. CAPSULES | 500 MG. CAPSULES 50 for 100 for \$2.75 \$4.95

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Lecithin VITAMIN B6 granules 100 MG. Tablets 100 for 1.49

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OIL CAPS

100 88¢

500 Caps \$3.99

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1,000 MG. POLLEN TABS 100 for 425 500 for \$14.75

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CRANBERRY CAPSULES Equal to 1132 MG. of cranberry juice. Has been found to favor urinary tract

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100 MG. EACH OF B-1, B-2, B-6 NIA-CINAMIDE, CHOLINE, INOSITOL, PAN-TOTHENIC ACID & PABA, 100 MCG EACH OF B-12, BIOTIN & FOLIC A 50 TABS 3.35 100 TABS 5.49

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KELP, VITAMIN B6, LECITHIN & CIDER VINEGAR Highest Quality
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100 for 79° 500 for 2.99

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100 98¢ 1.89 2.99 7.89 500 4.85 8.99 14.69 37.98 1000 9.49 17.59 28.49 69.85 PRICES IN THIS AD GOOD UNTIL JUNE 30, 1986

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100 for 1.79 250 for 4.45 100 for 69¢ 500 for 8.75 1000 For 5.85 500 for \$2.99 500 mg Tablets SUPER ORGANIC

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In 1 cap daily; 50 mg each of Vit. B1,
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Acid, Choline, Inositol, 50 mg, ParaAminobenzoic Acid, 50 mg, each of
B12, d-Biotin, 100 mcg, each of
B12, d-Biotin, 100 mcg, Folic Acid.

50 179 100
CAPS 269

500 for \$10.59

QUANTITY	SIZE	NAME OF PRODUCT	PRICE
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-			
	ALESE I		
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Shipping cha	arge for Cur	to Cabinet	\$1.0
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INDIVIDUAL	<b>B-VITAMIN</b>	<b>Tablets</b>

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100 mg. VITAMIN B1	\$1.25	\$5.50	\$9.85
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100 mg. NIACINAMIDE	\$1.00	\$3.85	\$6.50
400 mcg. FOLIC ACID	65°	\$2.85	
100 mcg. B12	65°	\$2.50	\$4.35
300 mcg. BIOTIN	\$1.45	\$6.50	\$10.95
250 mg. CHOLINE	\$1.65		\$12.00
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100 mg. PANTO, ACID	\$1.69		
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#### "Natural 12" Brewer's Yeast, Lecithin, Alfalfa, Kelp, Rose Hips, Whey, Papaya, Apple Pectin, Wheat Germ, Dolomite, Desiccated Liver, Bone Meal. 100 \$225 100 BLETS 65¢ 500 for 2.75 500 for \$9.95

A dozen 250 for 1.85 Supplements in 500 for 2.98 ONE tablet 1,000 for 5.49

Desiccated LIVER Tablets 7½ GRAIN 100 FOR 69° 1,000 FOR 3.50

500 MCG. 100 MCG VITAMIN VITAMIN B-12 100 FOR 65° B-12 100 FOR 1.95 500 FOR 7.50

STRESS FORMULA High Potency B Complex & Vit. C 250 **389** 195

**GLUCOMANNAN** CAPS 695 CAPS 1350

#### Denver...

(Continued from page 12)

Denver Zoo: Over 1,600 exotic animals on 76 acres in City Park. East 23rd and Steele Streets: 575-2754.

IMAX Theater: Images appear on a movie screen 4½-stories tall and 61/2-stories wide. For showtimes, call 370-6300. (In the Museum of Natural History, Montview and Colorado Blvds.)

Larimer Square: Restored section of Denver's oldest street. Arcades, courtyards, gas lamps and carriage rides surround Victorian buildings that house nightclubs, restaurants, art galleries and some of the city's most distinctive shops. Year-round events. Free walking tour brochure available in shops. 1400 block of Larimer. Shops open in evenings until 9 p.m., Mon.-Sat.; until 6 p.m. Sun-

National Western Stock Show: 1325 E. 46th Ave.; 297-1166.

The Shops at Tabor Center: 60 specialty shops and festive pushcart vendors, all enclosed in a two-block galleria. A variety of ethnic foods from p.m.-5 p.m. Admission Charge. 1727 Cherokee Trail. Working farm, old-16 restaurants. Mon.-Sat., 10 a.m.-9 p.m.; Sun., noon-5 p.m. 16th Street Mall (between Larimer and Arapahoe).

16th Street Mall: Mile-long, treelined pedestrian path lined with department stores, shops, restaurants, cafes and featuring 12 fountains, free 256; 526-0747. shuttle-bus rides and various special events. 16th St. from Broadway to Market St.

ner theater; housed in a restored turnof-the-century brewery. Mon.-Sat., 10 a.m.-9 p.m.; Sun., noon-6 p.m. tures narrow-gauge mountain rail-9th St. and Larimer: 629-8712.

United States Mint: Largest depository of gold outside of Fort Knox produces five billion coins a year. tory: Seventh largest museum in the Arts: A four-square block complex Free 20-minute tours; 8 a.m.-3 p.m. weekdays. W. Colfax at Cherokee St. Colorado and Montview Blvds. pany, Denver Center Cinema, Opera

#### Art Museums

Denver Art Museum: Contains the world's leading collection of American Indian artworks among 35,000 art objects in seven curatorial departments. Tue.-Sat., 9 a.m.-5 p.m., to 8 x 12' watercolor painting of the symphony hall in-the-round. Classip.m. Wed.; Sun., noon-5 p.m. 100 W. 14th St., 575-2793.

Museum of Western Art: Located in a one-time gambling hall and brothel. Tue.-Fri., 10 a.m.-6 p.m.;



One of the many old ore mills scattered throughout the mountains. Most are in varying stages of deterioration, but they are picturesque reminders of the past.

Tremont Pl.; 296-1880.

#### Other Museums

Black American West Museum & Heritage Center: 608 26th St. at Welton. 295-1026.

Buffalo Bill's Grave and Museum: Top of Lookout Mountain, I-70 exit

Colorado Historical Society: Traces the history of Indians, gold miners and settlers of Colorado. Humanities: 6901 Wadsworth Blvd.: The Tivoli: Specialty fashion Tue.-Sat., 10 a.m.-4:30 p.m.; Sun., 422-8050. stores, dining, 12-screen cinema, din-noon-4:30 p.m. 1300 Broadway; 866-3682.

> roads. Daily, year-round, 9 a.m.-5 University of Colorado campus at p.m. 17155 W. 44th; 279-4591.

> Denver Museum of Natural His-U.S. 9 a.m.-5 p.m. In City Park at includes Denver Center Theatre Com-370-6363.

> Collection of 300 cars, carriages, cycles, steam engines, rail coaches and "Big Boy" locomotive and the 6' "Trains of Yesteryear." Mon.-Sat., cal, pops, children's concerts. 10 a.m.-5 p.m.; Sun., 11 a.m.-5:30 Thur.-Sun. Boettcher Concert Hall. p.m. 1416 Platte (I-25 to exit 211, 950 13th St.; 592-7777. then five blocks east); 433-3643.

Four Mile Historic Park: Restora- ca's oldest summer stock theater. W. Sat., 10 a.m.-5 p.m.; Sun.-Mon., 1 tion of former stagecoach stop on the 38th Ave. and Tennyson; 458-8801

est Denver home, living history museum. Tue.-Sun., 11 a.m.-5 p.m 715 S. Forest; 399-1859.

Molly Brown House Museum: Victorian home of "Unsinkable Molly Brown." Tue.-Sat., 10 a.m.-4 p.m. Sun, noon-3 p.m. 1340 Pennsylvanias 832-4092.

#### Performing Arts

Arvada Center for the Arts and

Central City Opera Festival: Opera house in the former gold-mining town Colorado Railroad Museum: Fea- of Central City. July-Aug. 571-4435.

Colorado Shakespeare Festival: Boulder, July-Aug. 492-8181.

Denver Center for the Performing Colorado and Colorado Ballet. Free Forney Transportation Museum: tours by appointment, 893-4200, 14th and Curtis; box office, 893-4100.

Denver Symphony Orchestra: Orchestra performs in the nation's first

Elitch Theatre Company: Ameri-

#### IN SHILL SHE'S

(Continued from page 4)

and eye diseases or loss of sight? What about the scholarships provided to ambitious students every year? All of this is provided without regard to a family's ability to pay; nor is membership in the Elks required.

What about our Americanism and Veterans Programs, or our gifts and food baskets for needy families during the holidays? We participate in so many worthwhile activities I can't begin to list them all.

I thank God that I have been a member of the Benevolent and Protective Order of Elks for over 30 years. I share that proud membership with former Presidents of the United States. generals, admirals, doctors, lawyers, and other people from all walks of life.

> Harold Grant Gardena, CA

. I thoroughly enjoyed "The Elks Raffle Off A Baby" in the April issue. Many years ago a movie theater in Fergus Falls, MN, announced that a baby would be given away at a certain performance.

This attracted more attention than did Halley's Comet in the western sky, and naturally, many of us kids were there. The baby was given away ... a "baby"

J. M. Grolimund Elkhart, IN

• I have just finished Karen Judson's "Setting the Body's Internal Clock" (April '86). As a paper mill employee, I worked a 23-day cycle of swinging from days to midnights to nights, and it was terrible.

After several years the employees were switched to a 12-day cycle consisting of three day shifts of 12 hours each, three days off, three night shifts, three days off, etc.

The advantages both for management and hourly personnel were many, including improved morale, lowered absenteeism, less machinery shut-down time for shift changes, increased production, better general health and more time with

I hope more studies are done on the benefits of this type of shift program, following the body's internal clock.

Howard Miller Waterville, ME

· Whoever did the research for the "Elks Baseball Greats" feature in the April '86 issue surely overlooked one of our greatest baseball heroes and one of Elkdom's most dedicated Brothers, Dick

(Continued on page 44)

# Members Save 10% On the Complete gym, sauna and Jacuzzi® Whirlpool Baths. Take in the casino or the piano bar. Enjoy Ocean-view dining, dance in the nightclub or disco in the exciting Indeer/Outdoor cart. in the exciting Indoor/Outdoor center. Members save 109 Rates for a one-week cruise—

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2 ways to see the complete

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Choose Cunard's "Caribbean Capi-

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Lucia, Antigua, St. Thomas/St. John.

Caribbean in a week and save a big

you discover a different island

10 percent!

Members save 10%.

which include your roundtrip airfare-begin at \$999 in New York and Miami; elsewhere rates may be higher. And remember, you and your family deduct a 10 percent member's discount!

For reservations and information, call Mr. Les Kertes toll-free: (800) 645-2120. In New York, call collect: (516) 466-0335.

#### 12 convenient Saturday sailings for members.

"CAPITALS"	"7-PLUS"
June 7	June 28
July 5	July 26
Aug. 16	Aug. 9
Sept. 13	Sept. 6
Oct. 11	Nov. 1
Nov. 8	Dec. 13

Rates are per person, double occupancy, and dependent on departure date. Taxes not included. Itineraries subject to change. Cunard Countess is registered in Great Britain.

Mr. Les Kertes, Hartford Holidays, Box 462, 277 Northern Boulevard, Great Neck, NY 11022.

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sports at picturesque ports of call. At sea, enjoy an outdoor cafe and		, DAYTIME PHONE	© 1986 CUNARD	





# NEWS#LODGES

PUNTA GORDA, FL, Lodge held its Third Annual Americanism Parade. The parade, approximately one-and-a-half miles long, included many organizations and attracted a large crowd.

The theme of the parade was the Statue of Liberty, Mrs. Mildred Lamb, president of the Elkettes, posed as the statue. Also pictured are Girl Scout Jody Gusman; Lisa Peterson, a patient at the Florida Elks Crippled Children's Hospital; and Boy Scout Donny Witt.

PATERSON, NJ. George Petrosky, Major Projects chm. of the New Jersey State Elks Association, presented a plaque of appreciation to James Hogan, chm., and Joe La Spada, co-chm., Paterson Lodge Crippled Children's Committee. The plaque was in recognition of the lodge's donation of \$18,000 to Elks Camp Moore for handicapped children, for the purchase of new bedding.

NEWTON, MA, Lodge served Easter Dinner to more than 300 area senior citizens. The seniors were also given Easter candy and fruit to take home with

The dinner is a long-standing tradition at Newton Lodge, and the Elks are joined by their wives and the Newton Police Explorer Post in serving the meal.

BLOOMFIELD, NJ. The Crippled Children's Committee of Bloomfield Lodge received the Concern for Kids in the Community Award in the group category. The contest, sponsored by the General Federation of Women's Clubs and Health-Tex, Inc., was conducted by the Women's Club of Bloomfield.

The Elks' committee received the award for its persistent work on behalf of crippled children. The group conducts fund-raisers to make possible the purchase of special shoes, braces and wheelchairs. The committee also provides entertainment and parties at cerebral palsy centers in two area

Recently the Elks awarded a \$1,000 Savings Bond to their poster child, Jennifer Lee Hazen of Bloomfield.

BREWSTER, NY, At its first Community Service Recognition Night, Brewster Lodge recognized four men for their



programs in the area.

Allen Michall, Nicky Prisco and James New York State Elks Association. Gallacher-all received certificates issued by the Grand Secretary's Office.

QUEENS BOROUGH, NY. PER Bryan J. McKeogh of Queens Borough Lodge was honored for his 33-year dual service to the Grand Lodge as Elks National Convention Director and Director of the

longtime contributions to youth sports Elks National Service Commission, He was also recognized for his many years The four honorees-James Mooney, as chairman of the conventions of the

Then-SP Michael Valentin (right) presented PER McKeogh with the lodge's annual Will Rogers Achievement Award as then-ER Peter Shore looked on.

Brother McKeogh also received a special citation from the Grand Exalted Ruler and an engraved wristwatch from the Elks National Service Commission.



DERRY-SALEM, NH. Then-ER Robert Titus presented Derry-Salem Lodge's Citizen of the Year Award to Margaret (Peggie) Stopyra. A congratulatory mailgram from President and Mrs. Reagan was also presented to Mrs. Stopyra by the many state Elk dignitaries who attended the ceremony.

Mrs. Stopyra has done volunteer work at Bon Secours Hospital for the last 20 years. She has also donated her time to retirement homes in the area and to the veterans hospital in Tilton, NH.

BRONX, NY, During National Freedom Week, Bronx Lodge conducted an Amer-School.

Lodge Americanism Chm. Eugene Squilla presented flags for every classroom in the school which did not have America Means to Me."

one. U.S. Congressman Mario Biaggi, a lodge member, presented to the school icanism Program at Grace Lutheran a large American flag which had been flown over the nation's Capitol. Presentations were also made to winners of the Americanism Essay Contest on "What

West Paterson, NJ.

In the front row, pictured with three students, are (from left) New York City Councilman Jerry Crispino, PER Eugene Squilla and Pastor Ron Balint. In back row from left are Principal Vincent Polletta, PER John Mazzio and Michael

> WEST PATERSON, NJ. The North and Northeast Districts of the New Jersey State Elks Association's Crippled and Handicapped Children's Committee held their Annual Charity Ball in West Paterson. More than 600 Elks and their guests from 28 lodges attended.

> The funds raised will be used to help operate Elks Camp Moore for handicapped children and also to help establish a new camp for handicapped children at Lacey.

Kelly Ann Foley (front row, left), the New Jersey Elks Poster Child, was presented with a bond for \$1,000. Next to Kelly are her mother, Gale, and sister, Kim. In back row from left are VP Joe Miller; John Cangelosi and Sam Marcarelli, chairmen of the two districts; and Kelly's father, John Foley.

(Continued on next page)







Queens Borough, NY.

THE ELKS MAGAZINE JUNE 1986





Brunswick, NY.



Pittsburgh (South Hills), PA.

BRUNSWICK, NY. In the late fall of 1985, several members of Brunswick Lodge went on a hunting trip to Colorado with the goal of obtaining an elk head to

hang in the lodge.

Due to fierce weather, the Brunswick hunters were unsuccessful. On their return drive, they stopped at North Platte, NE, Lodge, and while there, mentioned the bad luck they had experienced. In the true spirit of Brotherly Love, the North Platte Brothers gave an extra elk head which they had to Brunswick Lodge.

In photo, Al Rasmussen (second from left) presents a plaque dedicating the elk head to then-ER Carl Bensi. Also pictured are (from left) Ron Veiga, Tom Messick, Joe La Cross, Joe Santoro and Don Granger.

COLONIE, NY. At Colonie Lodge's annual dinner-dance in honor of the local law enforcement community, the lodge was itself honored for its 25 years of support of law and order.

Michael McDade (left), president of the Colonie Police Benevolent Association and a lodge member, presented a plaque of appreciation to then-ER Ron Olson.

PITTSBURGH (SOUTH HILLS), PA. PER Bob Stanley, Americanism chm. of Pittsburgh (South Hills) Lodge, has instituted a program known as Elks American Patriotism Day-Displaying of the Colors, which is observed each year on February 16th.

The program has been acknowledged by President Reagan, Pennsylvania Gov. Dick Thornburg, the Mayor of Pittsburgh and the commissioners of Allegheny County. It was also introduced into the Congressional Record by U.S. Congressman Doug Walgren of Pitts-

The county commissioners issued a proclamation designating February 16, 1986, as "Elks Americanism Patriotism Day - Displaying of the Colors."

In photo, PER Stanley (third from right) receives the proclamation from Commissioner Tom Forester. Also pictured are (from left) Commissioner Pete Flaherty; then-ER Walter Gregg; PER M.H. Van Dyke, vice-chm. of the state Publicity Committee; and Commissioner Barb Hafer.

SALEM, MA. Members of Salem Lodge participated in a snowball softball tournament to raise money for Muscular Dystrophy. More than \$10,000 was raised from the tournament, sales of sweatshirts, and donated funds.

BROOKLINE, MA. Two PERs of Brookline Lodge were honored at the lodge's Annual Awards Dinner. ER Ned Merrick cited 91-year-old Joseph Craven and his brother, 89-year-old William Craven, who between them represent more than 133 years of membership in the Elks. Both men are still active in the lodge.

#### IT'S YOUR BUSINESS

#### PREPARING FOR THE HIRING SEASON

It's that time of the year when the neighbor's son who you remember as the defiant kid, who wouldn't move over when you drove your car down the street, has suddenly grown up and become a bright college graduate who is now looking for a job. He and his parents smile and wave when you drive by these days.

His resume is on your desk.

It's the time of the year when your mail bulges with cover letters and resumes. You're surprised that printers can find so many different colored stocks of paper... and so much of this correspondence continues to have spelling mistakes.

It's the time of the year when, if you own a business, everyone wants to work for you, it seems.

Summer brings commencements, nice weather and job-search time.

We hear and read a lot about what the applicant should and shouldn't do. But what about the employer?

If you haven't noticed, court decisions on civil rights questions of the 1960s and the early 1970s have been overshadowed by rulings on sexual harrassment and liabilities that involve your staff's health and welfare and job performance. Government regulations, which can govern everything from the kinds of work you do to the kinds of places you work, have continued to escalate, although the number of agencies is down slightly from earlier decades.

A more important factor, however, may be that you need much more planning and a far better definition of the position you want to fill before you call the newspaper classified office about the ad.

Like every prospective employer, you want to attract the best qualified individual. You want a person who sees the challenge of the position, is generally satisfied with the salary and is anxious or enthusiastic about getting started. Don't be deflated when you find candidates aren't as excited as you expect them to be.

If you advertise for a hard-working person who is a self-starter and ambitious

(words you fondly remember as enticing to you when you got your start), you may discover attitudes toward such traits are, at best, mixed. A Roper Poll of nearly 2,000 adults shows that people believe that business success today comes from the following (in order): 1. aggressiveness 2. intelligence 3. hard work, and 4. knowing the right people and having creative ability.

"I'm looking for common sense as much as I am for someone who has done well on intelligence tests and I certainly don't want an over-aggressive type in my business," grumbled one employer when he looked at the poll results.

And while most employers I meet believe the measurement of success in their business is performance on the job and the commitment one brings to it, that isn't necessarily the barometer the worker uses. Another Roper Poll conducted last year shows that the majority of 2,000 adults surveyed believe that being true to yourself is the real measurement of one's success. Performance on the job, a disappointed employer noted, didn't even rate a mention.

If you are planning to interview someone for a position, there are certain do's and don't's that are necessary. A *USA Today* story recently pointed out that certain questions about a candidate's personal life can lead to a lawsuit...especially if the person is not the one who gets the job.

Some guidelines to follow:

1. Establish definite job requirements, and have sound reasons for the information sought. Don't get personal in the interview unless the position's sensitivity makes it absolutely necessary. Make sure that the questions asked of a female candidate are the same ones given to a male.

2. A professional interviewer is usually considered the best to handle such a session, but if you interview the candidate yourself, carefully prepare the questions you know need to be asked and make sure the respondent has all the time needed to explain his answers.

(Continued on page 27)
THE ELKS MAGAZINE JUNE 1986





If your garden is less than an acre, you need a big, expensive tiller like you need rabbits. What you need is one small, precision machine that can do a variety of jobs in the garden and around the yard... quickly, easily, neatly and economically.

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# YOU& RETIREMENT

by Grace W. Weinstein

#### PATIENT RIGHTS

Medical advice and treatment these days are rarely as simple as "take two aspirin and call me in the morning." In fact, some patients may leave a doctor's office feeling as though they and the doctor speak two different languages. If this ever happens to you, if you leave that office without understanding exactly what you are supposed to do and why, you are at least partly at fault.

"Patients have a right-and a responsibility-to understand the treatment or advice physicians or other health-care professionals recommend," says Judy Ogden, a lecturer in the Sloan Program of Health Services Administration in the New York State College of Human Ecology at Cornell University.

As a wise medical consumer, you have a number of rights and responsibilinow followed by many physicians and hospitals, even though it's not legally binding, lists some of those rights: The right to considerate and respectful care: the right to obtain complete current information concerning diagnosis, treatment and prognosis; the right to give informed consent prior to the start of any procedure or treatment; and the right to know of any risks involved in the treat-

You also have the right to refuse treatment, as far as the law allows, and the right to have medical information kept private and confidential. If the hospital is conducting a research project, you have the right to refuse to participate. When it comes time to pay the bill, you have the right to a full explanation of all charges.

Along with rights, though, go responsibilities. It's up to you to be sure you understand your treatment, Ogden says. "This means asking questions of the health-care giver and being persistent, if necessary." Explanation should be made in language you understand, not in medical jargon.

The explanation should be complete; if bed rest is recommended for a bad back, the doctor should say and you ing much will be done over the weekend. whether that bed rest is to be flat on your ed, ask for a second opinion.

back or whether sitting up is permitted. Don't take anything for granted. And don't be afraid to ask what you may think of as silly questions.

You also have the responsibility to follow any treatment that has been prescribed, and to report any unexpected changes or symptoms the treatment causes. If a medication upsets your stomach or produces a rash, call your doctor; don't just keep on taking it.

In addition to taking care of yourself. and asking questions of your physician when his or her care is required, you can protect your own interests and do your bit to control out-of-control health care costs. The American Association of Retired Persons suggests the following:

- · Know your rights and benefits under Medicare. Ask your physicians to acties. The "Patient's Bill of Rights," a form cept assignment. If you feel a claim has been improperly reduced or denied. don't drop the matter; file an appeal
  - · Try to calculate, in advance, what your out-of-pocket costs will be for a specific medical procedure or during a specific hospitalization. Look closely at your supplemental medical insurance. and see if there are gaps that should be
  - Become knowledgeable about your own health needs. Learn to check your own blood pressure, for example, or join a self-help group dealing with a specific problem. There are self-help groups ranging from Emphysema Anonymous to the National Association of Patients on Hemodialysis; ask your local reference librarian to help you locate the group you need or write to National Self Help Clearinghouse, City University of New York, 33 West 42 Street, New York, NY 10036.
- Ask important questions. For example: Before checking into the hospital. ask your doctor if you could be treated safely and effectively as an out-patient. Ask if entering the hospital on a Saturday is absolutely necessary; unless the situation is critical, in most cases, nothshould ask if the doctor doesn't say- And, if elective surgery is recommend-

 If you must be hospitalized, ask your physician to explain Medicare's Prospective Payment System (see "You and Retirement," March, 1986) and its impact on your care. Remember: If the hospital recommends that you no longer need in-patient care, you have the right to receive written notice of your liability for services, to continue to receive care covered by Medicare for two days prior to liability, and to request an immediate review by the Peer Review Organization. No matter what a hospital tells you, you do not have to leave if there is a medical reason for you to stay.

For further information about what you can do for yourself, as an individual, write to AARP Fulfillment, 1909 K Street, N.W., Washington, DC 20049; ask for copies of "Knowing Your Rights" and "The Prudent Patient." For further information about how you can help reduce the skyrocketing health care costs that are having a major impact on all of us as individuals and on the national economy, write to "Healthy US," at AARP, at the same address.

And, if you belong to an organized group that would like to get involved, ask AARP for a copy of "Prescription for Action." This useful guide highlights projects of community groups and shows how your group, too, can cut health care costs and provide older people with essential services and information.

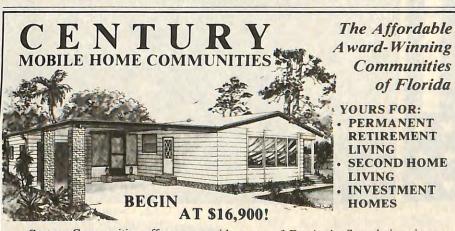
Some of the projects it describes, and your group might want to emulate, include conducting a prescription drug survey, setting up a Medicare assistance program, organizing a nursing home community council, putting older citizens on community health boards, establishing a clinic to provide low-cost health services to older people, and helping self-help groups get started. The possibilities are virtually endless. All it takes is a willingness to get involved, and to do your bit.

This concludes this five-part series on health care. Do you have a question or issue you'd like addressed in this column? Write to me, c/o The Elks Magazine, 425 West Diversey Parkway, Chicago, IL 60614.



In 1908, the Grand Lodge designated June 14th as the special day that Elks in all lodges should honor our flag and pay tribute to our great nation. Each lodge should make every effort to present an outstanding program, which is open to the public, in order to demonstrate the Elks' dedication to the principles of our founding fathers.





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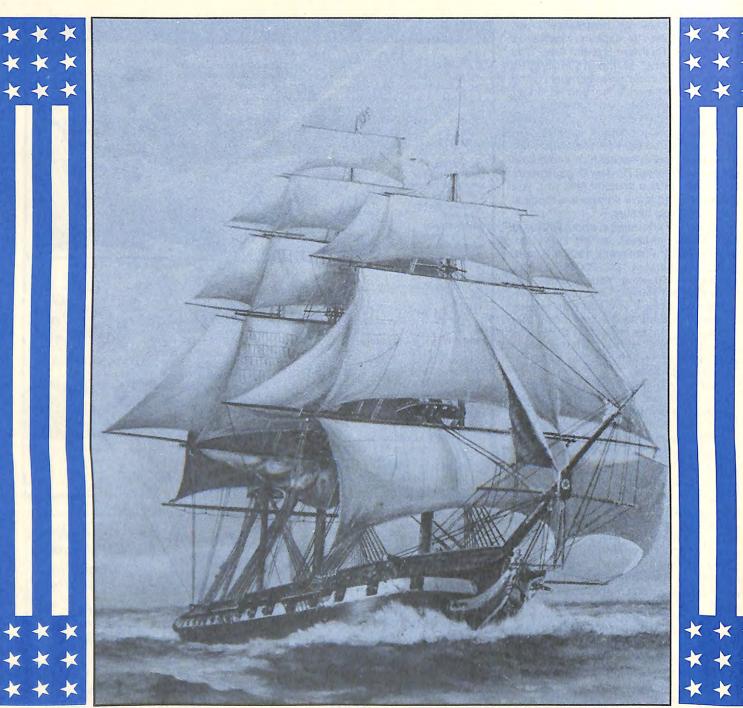
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U.S.S. Constitution, with sails unfurled, was at home on the high seas. (Photo of an oil painting by Myer Clark in 1903 courtesy of Naval Historical Center,)

September 20, 1797.

The date was supposed to be a grand and glorious day for Bostonians. Having been constructed at the shipyard of Edmund Hartt, Esq., the frigate Constitution lay on the greased ways, ready for launching.

With an overall length of 204 feet and a beam of 43 feet 6 inches, the 1.577-ton warship was the largest ship Boston had built. After she was rigged, her three masts would soar 90 to 105 feet above her upper deck.

Enthusiastic throngs agreed that the Constitution would do both the port and the young United States proud.

by Robert Bearce

"I christen thee Constitution!" declared Captain Samuel Nicholson, her captain, as he broke the traditional christening bottle upon the frigate's bow.

Workmen swung their mauls, knocking dozens of wedges from under the ship's hull. Constitution grunted... shuddered a bit...began sliding faster and faster...then shuddered again to a crunching, inglorious halt.

After a rather disgruntled inspection, it was discovered that the massive red cedar, white and live oak frigate lay on ways not capable of supporting such a heavy vessel. They had sunk into the ground, reducing the Constitution.

Another effort was made the next and shudders, with little headway down the ways. There she lay until a month later when favorable tides enabled her to be launched successfully.

brackish water from the Charles River was utilized for the christening. On the second futile launch, water from the lower harbor was used. Thirty days later, Captain James Sever, a jolly old salt who had come down from Portsmouth, New Hampshire, stood at Constitution's bow with a bottle of good vintage coast. Madeira.

frigate's stout bow.

had enough o' this nonsense!"

With that admonition, the Constitution slid majestically into Boston harbor on October 21, 1797.

Soon, recruitment posters were circulating throughout New England, addressed "To all ABLE BODIED and PATRIOTIC SEAMEN, who are willing to serve their Country and support its Cause," with further explanation:

"A glorious opportunity now presents to the brave and hardy Seamen of New England to enter the service of their country-to avenge its wrongs—and to protect its rights on the ocean. Those brave lads are now invited to repair to the FLAG of the CONSTITUTION, now flying at the above rendezvous; where they will be kindly treated, handsomely enter-

pay."

day—the result being more grunts Department in 1798 ranged from \$75 for the commander and \$40 for lieutenants to \$18 for the sailmaker and \$9 for "ordinary seamen."

In July 1798, Captain Nicholson One yarn has it that on the first at- reported that the U.S. frigate Contempt, September 20, a bottle of stitution was ready for sea-armed, victualled, equipped, and crewed with a total complement of 388.

The U.S.S. Constitution first saw active duty during the so-called Ouasi War with France (1798-1801), followed by service in the Mediterranean during the extended war with the Barbary States on the North African

Wham! went the bottle against the lay off Cadiz on Spain's western coast, September 10, 1803. Under the "Now then!" snorted Sever. command of Commodore Edward "Have a taste o' that, and git yer Preble, she had orders to join the stern down t'where ye belong. We've Mediterranean squadron as its flag-

The night of September 10 was darkness another vessel loomed up



Two contemporary crewmen of U.S.S. Constitution are dressed in Navy uniforms of 1812.



This view of the 24-pounder cannons on the gun deck was taken in San Francisco, California, during refurbishing in 1933. (Photo courtesy of Mrs. Joseph VanCleve.)

amount of incline needed to launch tained, and may enter into immediate threateningly alongside the U.S.S. Constitution. Commodore Preble Monthly salaries listed by the Navy cleared for action and repeatedly asked the unknown ship to identify itself.

> Having climbed into the lower mizzen shrouds, he shouted impatiently through his speaking trumpet: "Again, what ship is that? Either you answer, or I will fire a shot!"

> After some delay, back came an evasive reply: "Do so, sir, and I'll give you a broadside."

> Preble, known to be a strict disciplinarian and a man whose temper was easily ignited, bellowed: "Do as you will! I now hail for the last time! What ship is that!"

More silence from the strange ship. In route to the Mediterranean, she More simmering anger from Commodore Preble.

> "This is His Britannic Majesty's ship Donnegal!" came the response. "Ship of the line. Eighty-four guns. Sir Richard Strachen commanding. Heave to, and send over your boat!"

Aboard the Constitution, one cloudy and moonless. Through the veteran seaman whispered to the tar on the other side of a 24-pounder cannon. "You hear that, mate? Eightyfour guns she has! We've only 44! Aye, we'll not be seeing tomorrow! Say your prayers."

From the mizzen rigging, Commodore Preble again addressed the shrouded vessel abeam the Constitution: "Bilge water and the doldrums if I'll send over a boat!"

Turning to the spar deck gunners holding their lighted gun fuses, he growled: "Ready your matches, men!"

Shortly thereafter, a boat from the other vessel deposited a somewhat embarrassed British lieutenant on board. He explained that the 84-gun ship of the line Donnegal was in reality only His Britannic Majesty's frigate Maidstone, with only 34 guns.

The British warship had been caught off guard, her crew and armament completely unprepared for battle. Maidstone's captain had used deception and delaying tactics to gain time while his men hastily beat to quarters.

England and the United States were not at war at that time, but after the Barbary pirates had been subdued, hostilities did grip the two countries during the War of 1812. The Constitution nearly found herself a prisoner of war, or worse, a sunken hulk only one month after war was declared.

(Continued on page 29)



#### **Drug Awareness Education Program**

# FIRS Nar Use Widen Drug

Staff Report

In this article we are publishing chants. reports of both new and continuing successful Drug Awareness Education Programs. These reports, from lodges across the country, show an ever-increasing effort by the Elks to prevent drug use by our youth.

#### "Users Are Losers"

The money for this program, approximately \$4,000, was raised by Cochm. Harry Bachelder and Leroy

#### Dealing With Peer Pressure

Committee of Dalton, Georgia, Lodge, working with Lions Clubs in the area, met many times to study existing drug abuse prevention programs. Since the area of drug identifi-Derby, Connecticut, Lodge pre- cation and awareness is being well sented 10,000 "Users Are Losers" covered in the schools by the public croft. A letter of support from First booklets to police departments in the relations officer of the local sheriff's

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approach drug awareness education from the aspect of proper response to peer pressure.

An expert anti-substance abuse speaker and youth minister from Atlanta, Dan Garrett, was enlisted to speak to the 195 fourth and fifthgrade students at Pleasant Grove Elementary School and more than 700 sixth, seventh and eighth-grade students at North Whitfield Middle School.

The presentation was taped and broadcast several times on a local television station, thanks to the sponsorship of some area businesses. A copy of the videotape was presented to each elementary school in the area for use in fourth and fifth-grade classes.

#### "Show Me" Programs

Many successful Drug Awareness Programs are under way in Missouri. the "Show Me" state. Mineral Area Community, Missouri, Lodge held its Third Annual Drug/Alcohol Awareness Month.

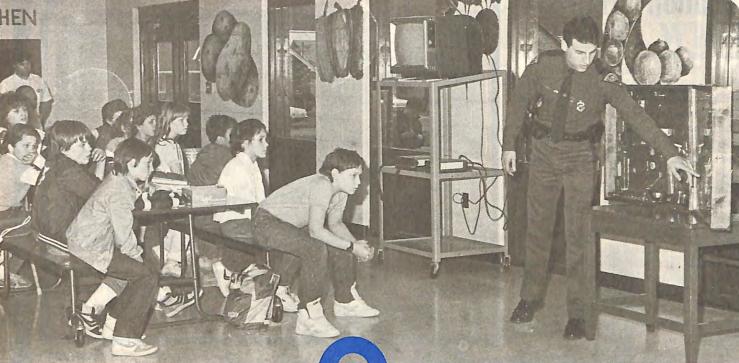
One of the month's activities was Craven, who sold advertisements to an essay contest on the topic "What's be printed in the booklet to area mer- Wrong With Getting High?" A total of 250 fourth through eighth-grade students from several area school dis-The Drug Awareness Education tricts submitted entries. Winners received \$50 Savings Bonds and certificates of accomplishment.

At a special program concluding Drug/Alcohol Awareness Month, State Sen. Danny Staples read a welcome letter from Gov. John Ash-Lady Nancy Reagan was also read. Naugatuck Valley area. The booklets department, the committee decided to The film "Wasted: A True Story" was presented, followed by an informative question-and-answer session.

> Sen. Staples and State Rep. Bob Ward provided valuable information and comments in support of the Elks' program.

More than 400 "Hugs Are Better Than Drugs" bumper stickers can be (Continued on page 26)

Ten thousand "Users Are Losers" booklets were given by Derby, CT, Lodge to police departments in the Naugatuck Valley area for distribution to elementary and junior-high school students. Pictured from left are Detective Paul Beres, Seymour Police Department: Detective Floyd Morey, Ansonia Police Department; Co-chm. Harry Bachelder; then-ER Joseph Soter; Co-chm. Leroy Craven; and Detective Pat Guiliano, Derby Police Depart-



Sistersville, WV, Lodge, in cooperation with the West Virginia State Police, presented a program on drug abuse to all sixth-grade students at the Paden City and Sistersville Middle Schools. Following a short videotape presentation, State Trooper Mike Ellis showed a display of drug-related items and answered questions. This is the second year that Sistersville Lodge has sponsored this program.

**MARENESS** THE KEY TO DRUG FREE



As mentioned in our three-part series, "Awareness: The Key To Drug Free Children" (February, March and April, 1986), the Elks Drug Awareness **Education Program has targeted three** drugs of abuse: marijuana, cocaine. and alcohol. Marijuana is the most widely used illicit drug, cocaine is the most rapidly growing in use, and alcohol is the most widely abused drug among teenagers.

PER Frank Tayntor, Chm. of the Drug Awareness Committee of Wauchula, FL, Lodge, has arranged to have "Hugs Are Better Than Drugs" stickers placed on the bumpers of all Hardee County school buses and sheriff's patrol cars. The lodge is also distributing Drug Awareness literature to fourth, fifth, and sixth-grade students in all county schools. Pictured with PER Tayntor (left) is Grady Albtitton, Hardee County Schools transportation director.





#### **Drug Awareness Education Program**

seen on vehicles in Columbia and Boone County, Missouri, thanks to the efforts of the Columbia Elks. Stickers were given to the University of Missouri Police Department, the Columbia Police Department, the Boone County Sheriff's Department, and the local Coca-Cola and Pepsi-Cola distributors.

Bates County, Missouri, Lodge is conducting its Drug Awareness Program jointly with the Education Toward Chemical-Free Youth organization. An educational evening was provided recently for both parents and young people. Following a free dinner, a program was presented explaining the harmful effects of tobacco, alcohol, marijuana and other illegal drugs.

At a chemical-free party held two days later, Missouri Highway Patrol Officer Sid Shippy spoke to youngsters about the tragedies which can be caused by the use of alcohol and other drugs.

#### **Impressive Speakers**

Beardstown, Illinois, Lodge, in conjunction with the local public schools, sponsored a three-week Alcohol and Drug Awareness program. The program began with a poster contest in which students created posters to match each week's theme. The best posters from each week were then entered in a final contest, with dent assembly.

The program was concluded with talks by four outstanding speakers. Dr. Mitch Kraynak spoke on smoking and its seriousness as a health hazard. Judge Robert Welch explained the sion of drugs.

discussed with students by Jim Shelts the event. of St. Mary's Hospital in Quincy. Harvey Wright, from the Drug Abuse Council of Springfield, included magic while telling students to say NO to drugs.

Beth Poland, 19 years old, spoke to



At the PRIDE International Conference on Drugs held in Atlanta, Georgia, Dick Herndobler (right), director of the Grand Lodge Drug Awareness Program, was recognized by First Lady Nancy Reagan for the Elks' considerable contribution to the fight against drug abuse. Also pictured is Roberto Goizueta, chairman of the board of Coca-Cola. This was the second year that the Elks co-sponsored the conference. (Photo courtesy of Reis Bird-

#### PAMPHLETS AVAILABLE

Two excellent Drug Awareness Education pamphlets are available from your Elks lodge. They are entitled "Marijuana-The Gateway Drug" and "Cocaine-the White Line on the Highway to Addiction." Get them, and read them! They may be of great value to you, your family and friends.

170 hours of public service work, cash prizes awarded at the final stu- most of this in connection with the the California-Hawaii Elks Associawas a very impressive speaker.

#### Family Night

began its program by holding a wellpublicized "Drug Awareness Family legal consequences for young people Night." Community leaders and exwho are found guilty of illegal posse- perts on drug awareness were invited to act as a panel for a discussion with The lasting effects of drug use were parents and students who attended

Each panel member spoke briefly on the effects of drug use in the community as he viewed it daily in his profession. Then the panel answered questions from the audience.

Booths were set up in the lodge so the students concerning her problem that, prior to the discussion, each with drunk driving. She was very panel member, as well as lodge mem-As part of her probation, she must do films, and talk to people informally. grams.)

Some of the students who attended the meeting requested assistance in the development of a program to counsel with their peers. After a few meetings, the students formed a Teento-Teen group, jointly sponsored by the lodge and COSAA (Council on Substance Abuse Awareness).

The lodge paid the expenses of two students and Gloria Delgado, executive director of COSAA, who attended the Californians for Drug-Free Youth Conference in San Jose. Jim Spence, Drug Awareness chairman of Alcohol Awareness Program. She tion, met with the Ridgecrest people and saw that they were introduced to other teens who had formed organi-Ridgecrest, California, Lodge zations similar to the Teen-to-Teen

> Following a 10-week training course, the students in the group began providing counseling and a hotline service to their peers at Burroughs High School in Ridgecrest.

> Members of the group are now going to elementary schools in the community, giving presentations and offering counseling and a hotline to younger students.

(Elks lodges throughout the nation are joining the war against drug use. In upcoming issues, we plan to publish reports of other effective lodge seriously injured while driving drunk. bers, could display materials, show Drug Awareness Education Pro-

#### Business...

(Continued from page 19)

3. Require a resume and references before the interview and study them. If there are gaps that create obvious questions, ask about them. Let the candidate explain...don't try to interpret with your own experiences.

4. Ask for at least five references and call a sampling of those provided. One or two references can be too few...10 can be redundant if not impractical. Certainly seek another reference when you talk to one of those the candidate provides. Sometimes you can get additional information you wouldn't have otherwise been able to obtain.

5. Check the employment record or chronology of work experiences. This is the one area that comes back to haunt the careless business owner who takes the resume on face value or as fact. Employment supervisors contend that resume "hype" has increased, not decreased, in recent years, and that should be warning enough. One of the major concerns these days is the person who is given the position because of academic degrees earned. It's embarrassing to the employer and the employee when it's discovered that the degree hasn't been awarded or is in the process...or cannot be granted.

Litigation over such matters can demonstrate to the court your irresponsibility as much as employee's fraud. In other words, no one wins in such situations.

And don't forget that courteous letters to the rejected employee today can be important for future relationships. A Purdue University study of rejection letters from four dozen leading retailers indicated that an insensitive rejection letter to one person can cause a chain reaction.

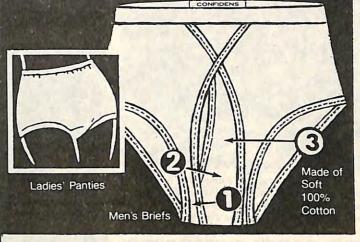
"We found that no matter how the rejection was phrased, the letters diminished the students' self-confidence. However, the negative letter was more likely to cause the students to say they would spread negative information about a company to friends and would be less likely to reapply for a position with that company in the future," said Prof. Richard Feinberg of the Purdue Department of Consumer Sciences and Retailing.

Whether a company is small or large, it has to be concerned about its image to potential employees

"That's significant because many times the very employees a company seeks-those with experience-might never apply because they were turned off by the initial encounter as college seniors," Prof. Feinberg explains.

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- 1 Inner layer of soft, highly-absorbent, 100% pre-shrunk
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For years, a doctor sympathized with his patients who were forced to live with an embarrassing problemspotting and staining of clothing caused by slight losses of urinary control.

Disposables seemed to be the only answer. But patients complained they were bulky, uncomfortable and made them agonizingly selfconscious.

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Our risk-free offer-Order a pair (or two) of "CONFIDENS" and try them. Because we respect your privacy, all orders are mailed in a plain envelope. If you're not completely delighted, just return them within 30 days for a prompt, full, no-questionsasked refund.

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Eric, who resides in a small, isolated mountain community near Huntington Lake, CA, was referred to the California-Hawaii Elks Major Project for occupational therapy in the summer of 1985. Eric has severe hypotonia (weak muscles) and a specific language disorder.

Elks Therapist Judy Linda is shown using a hammock to help Eric play tug-of-war. Through the use of specific activities such as this, the brain is able to organize and send appropriate messages to the muscles. Eric also receives therapy to build his oral muscles to help him pronounce his words with more clarity. This project is funded in part by the Elks National Foundation.

The Elks National Foundation and the Arkansas State Elks Association donated a van lift to the Southeast Arkansas Human Development Center in Warren. The van lift helps prevent injury to staff and clients when lifting non-ambulatory clients into and out of the van.





Elks Camp Barrett in Crownsville, MD, is the Maryland, Delaware and District of Columbia Elks Association's Major Project and is funded in part by the Elks National Foundation.

Started in 1946, the summer camp now provides rewarding programs in archery, camping, hiking, riflery, radio programing, scuba diving, arts and crafts, ecology and all types of organized sports for boys and girls. There is also a session for handicapped children.

In addition to the summer camping program, Camp Barrett is open all year for other non-profit groups, such as Boy and Girl Scouts and church groups.

#### Valiantly She Sailed . . .

(Continued from page 23)

Commanded by hardy Captain Isaac Hull, the Constitution was pursued by five British warships off the coast of New Jersey. On July 17, 1812, both prey and pursuers were becalmed. Hull ordered Constitution's boats out with the intention of towing his ship out of range of British fire. Soon, British tars were also bending sweaty backs to their oars, towing His Majesty's warships behind them.

When the British doubled up on their boats to tow just one of their warships forward, Captain Hull realized that his men would easily be outrowed. His response was to "kedge her off"—the resourceful use of the ship's boats to haul out kedge anchors beyond the frigate's bow... dropping the anchors...then having the ship's crew haul in on the anchor cables, thus pulling the Constitution forward.

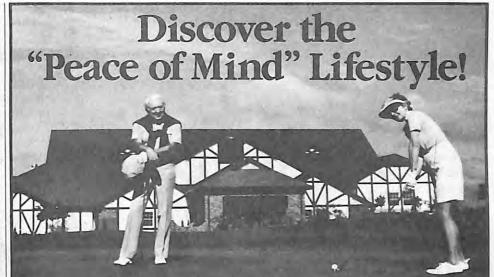
The three-day engagement of skill and backbreaking labor ended when Captain Hull outwitted his pursuers. As a squall from windward bore down upon the ships, with the *Constitution* being nearest the squall, he ordered his men aloft to shorten sail, knowing, though, that the blow would be a light one and not of long duration as the British would suppose.

While His Majesty's squadron was battening down the hatches for a heavy blow, Captain Hull took advantage of the squall's rain cover to set sail and escape.

Free to annoy the British on even terms, Constitution encountered H.M.S. Guerriere one month after her escape off the New Jersey coast. Fought about 200 miles east of Halifax, Canada, this fierce naval engagement was the first major sea battle establishing the frigate's fame in history.

The fight between Constitution and the Guerriere, commanded by Captain James Richard Dacres, raged for an hour and a half with the two frigates exchanging thunderous broadsides and trying to outmaneuver one another. Destruction aboard the Guerriere was systematic as first her mizzen, then her foremast toppled into the sea. While shrouds and stays

(Continued on page 35)



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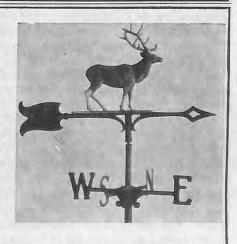
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# A Suggested Drivetour Of Colorado

by Richard L. Tatman

tains to view the magnificent sites in is spectacular for those in no hurry to funnel), and in its slowing, the wind

Many who have the time and have its Garden of the Gods and Pikes Peak to the 14,110-foot summit).

Continuing south to Canon City, pension bridge in the world. there are three options: 1) Highway I-25 skirts the east boundary of Fort Carson on its way to Pueblo, home of the Colorado State Fair, University of Southern Colorado, Union Avenue (old historic commercial district), Elks Lodge No. 90, and the site where Lt. Zebulon Pike stopped to first view Pikes Peak in 1806. Just north south at Poncha Springs onto Highof Pueblo, Highway 50 turns west for way 17 and go over Poncha Pass at place to visit. Canon City; or 2) there is the cutoff that skirts Fort Carson on the west on Colorado 115 straight to Canon City: and 3) for the more adventurous driver, with a car full of quiet passengers, there is Highway 24 west out of Colorado Springs.

Go through Manitou Springs and the valley floor to the east. south, to the left, to Cripple Creek and Victor-Colorado's greatest "Gold Bowl." Continue south down the old Phantom Canvon road, first cut out of the low canyon walls for mule-drawn ore and coal wagon

through and over the Rocky Moun- the bridges are good, and the scenery acted as a very small outlet for a large get to Canon City.

For many years, Canon City was been tempted by the magic of the the Hollywood of the mountains for mountains choose to go south out of the filming of numerous western Denver on I-25, stopping off to see movies. Stars of the past and present miles, the dunes are changed in size the U.S. Air Force Academy—beauti- were frequently seen in Canon. Tom and color by the wind each day, each fully located up against the east face Mix got his start there; John Wayne, hour, each minute—and are hundreds of the Front Range. Then it's back on Charles Bronson, Lee Marvin, Slim of feet in height. There is a visitors' I-25 south to Colorado Springs with Pickens and Jane Fonda have ap- center where information and tours peared more recently. Eight miles are available. (with both highway and cog railway west of Canon City is the Royal

Arkansas River Road to Salida, and the road starts up again over Mon- for a short 22-mile ride up to Creede arch Pass at 11,312 feet. The grade is -once a mining boom town and then down on the western slope to where Bob Ford, assassin of Jesse Gunnison, home of Western State James, was shot. The population then College and headwaters of the Gun- was 10,000; now it's a few hundred. nison River. Or turn off U.S. 50 9,000 feet into the San Luis Valley.

This valley was once the bed of an ancient oceanic lake with much sand. headwaters for the Rio Grande River Over thousands of years, wind blowing from the west, high over the is west, up over Wolf Creek Pass at mountains, would swoop down and 10,850 feet (Continental Divide). whip up the sand as it moved across down past Pagosa Springs and on to

Rising on a north-south line and separating the San Luis Valley and the Wet Mountain Valley just to the on the front counters of some of the east is the narrow but spectacular best saloons to collect money to build Sangre de Cristo Range of 14,000- the city's first church. The city is now foot peaks with but one V-notch in its famous for skiing, mountain resorts trains. The width of the canyon road skyline. The wind, thwarted in its and Fort Lewis College. The centuryhasn't been changed much in the past eastern rush by the Sangre de Cristos, old Durango-Silverton Narrow

Visitors to Colorado must go century, but the road is maintained, was forced to slow down (the V-notch dropped its sand on what is now the Great Sand Dunes National Monu-

Covering more than 50 square

Return to southbound Highway Gorge, spanned by the highest sus- 150, then turn west on 160 through Alamosa, home of Adams State Col-Continue west on U.S. 50 up the lege. At South Fork, visitors may choose to turn right on Highway 148 Creede Elks Lodge No. 506 was instituted in 1899, and is an interesting

> Back on Highway 160 (San Luis Valley is on the eastern slope and is that flows into the Gulf) the direction Durango. Durango was once the gathering place of some of the West's famous outlaws, and pots were put

of the Rockies."

the security of the overhanging cliffs, at a single point.

Gauge Railway is a tourist's delight as but who farmed the land on the mesa

Turning north for Montrose and it chugs its way out of Durango, a above, probably settled in the cliffs then on to Grand Junction, one of major trading center of southwestern around 100 A.D. Quite possibly they two highways can be chosen. Just east Colorado, up to Silverton, "the gem were employing principles of irriga- of Cortez, Highway 145 works its tion long before the Europeans ever way up over Lizard Head Pass at On the way west to Cortez, with the learned it from Egypt. For reasons 10,222 feet and then down to Tellu-Southern Ute Indian and Ute Moun- unknown, the Indians stayed in the ride. Telluride got its start from mintain Reservations on the south, is area until 1278 A.D., when they sud- ing activity and achieved its fame be-Mesa Verde National Park, which denly and mysteriously disappeared. cause the generating plant that procontains some of the nation's major This park is not far from the "four duced power for the mine also propreserved cliff dwellings. The Indians corners area," the one spot in the na-duced power for the street lamps in who built these rocked-in dwellings in tion where borders of four states meet Telluride. That power came from the first long-distance high voltage alter-

Four distinctly different and outstanding one-day tours have been arranged by the Colorado Elks Association for Elks and their families visiting Denver during the Grand Lodge Convention. Each tour provides an enjoyable adventure for those who want to experience being on the very top of the Continental Divide, or to see what lies beyond.

Each of the four tours will depart daily, starting Sunday, July 13, through Wednesday, July 16. Lunch is not included in the tour prices.

#### 1. ROCKY MOUNTAIN NATIONAL PARK, "One Day Big Circle"

Departs at 8:45 a.m. and lasts 10 hours. Fare is \$25 per person, which includes the National Park fee. The tour goes west out of Denver over Berthoud Pass (elev. 11,315 feet), down to Winter Park ski area and on to Grand Lake. The tour then goes up to Trail Ridge Road at 12,183 feet, which is the highest continuous automobile highway in North America. The tour heads down through Estes Park Village, Lyons and Boulder on the return to Denver, crossing the Continental Divide twice.

#### 2. PIKES PEAK COG RAILWAY AND AIR FORCE ACADEMY

Departs at 8 a.m. and lasts 10 hours. Fare is \$28 per person and includes Pikes Peak Cog Railway ticket. The tour goes south from Denver to Manitou Springs where passengers board the Cog Railway, highest in the world, for a ride to the top of the 14,100-foot Pikes Peak. Zebulon Pike once declared, "Yon peak shall ne'er be scaled by mortal man." From the summit it is possible to see Denver, which is 75 miles north.

After returning to Manitou the tour goes through the Garden of the Gods Park, and then on to the United States Air Force Academy and the spectacular Cadet Chapel. Everyone will be back in Denver in time for dinner.

#### 3. SOUAW PASS AND GEORGETOWN LOOP RAILROAD

Departs daily at 9 a.m. and lasts seven hours. Fare is \$24 per person and includes a ticket on the Narrow Gauge Loop Train. The tour goes west out of Denver through Mt. Vernon Canyon to El Rancho and then through dense forests to Bergen Park, on to Chicago Creek Canvon and Echo Lake. Then it is up over Squaw Pass and down to Idaho Springs, which still boasts some active gold mines.

From there the tour goes to Georgetown, "The Silver Queen of the Rockies," where you can turn back the hands of time and visit quaint shops, restaurants and museums. In Georgetown you will board an authentic narrow guage train for a ride on the Georgetown Loop, the railroad that originally was built in 1885. The return trip to Denver goes through the tunnels of Clear Creek Canvon.

#### 4. MOUNTAIN PARKS/CITY COMBO

Departs at 9 a.m. and lasts six hours. Fare is \$20 per person. This tour affords the opportunity to see interesting sights west of Denver and also special points of interest in the city. The tour goes to Red Rocks Park, a natural amphitheater in a setting of towering rock formations, then up Bear Creek Canyon to Evergreen Village and on to Bergen Park. The tour then starts up Lookout Mountain to the site of Buffalo Bill's grave. From here one has a panoramic view of Denver and the vast plains to the east, and on a clear day, "you can see forever."

The "Lariat Trail" leads back through Golden and on to Denver, where ample time is provided for a lunch break. Then you'll see both historic and contemporary Denver. You'll see Larimer Square, once the wildest street in the West and now a revitalized area in the style of the past; 17th Street, the "Wall Street of the West"; with Denver's famous 16th Street Mall just a block away; then another look into the past as one sees the famous old mansions on Capitol Hill. The tour includes some of the city's most beautiful parks; the Civic Center; and not to be missed, the gold-domed Capitol.

The Pikes Peak Tours and the Trail Ridge Tours are handled on a pre-sold arrangement; first come, first served. Requests for tickets with checks attached should be sent to the chairman immediately.

Richard Tatman, Transportation Chm. 720 14th Street Greeley, CO 80631 (303) 330-7525 or (303) 353-6030

nating current (AC) line in the world, and Telluride became known as the best-illuminated city in the country.

Telluride's "gold" has turned "white" with the rapid expansion of ski slopes and resorts. To further promote tourism, as well as the Telluride International Film Festival (an event that draws international talent and attention), the city is opening a new commercial airport—which will be the highest commercial airport in the nation.

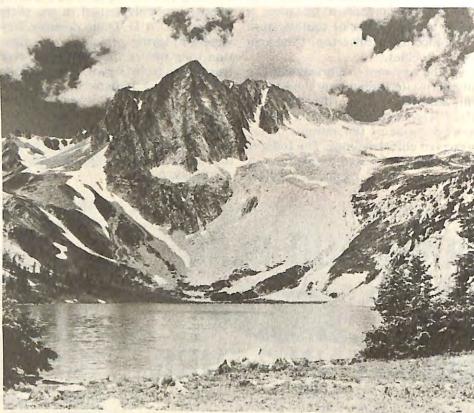
The alternate highway, 550, runs north out of Durango, up over Red Mountain Pass at 11,008 feet, and then down to Ouray. Both highways work their way around and over the San Juan Mountains, sometimes called the Alps of America. Ouray and Telluride are but a few miles apart as the crow flies, but there are no crows and the fact is "you can't get there from here"-there's a 14,000-foot mountain inbetween.

North and east of Montrose, still on Highway 550 to Montrose and then a bit to the east on Highway 50, is the Black Canyon of the Gunnison National Monument—an immense gorge cut out of the mountain by the river which flows half a mile below.

Back west to Montrose and on north Highway 50 is Grand Junction and the Colorado National Monument, with rock pinnacles nearly 200 stories high. East of Grand Junction is the Grand Mesa, the highest flattop mountain in the West.

To visitors and non-history buffs, the recurrence of the name "Grand" simple. Visitors to the western en-Park will notice a body of water called Grand Lake. Early maps of this area, before it became a state, show a river that headwatered from that lake: its name was Grand River. That river flowed south and west past a very high mesa: that mesa was Grand Mesa. Farther downstream, the Gunnison River flowed into the Grand River, and the city that was founded there by General Fremont was named Grand Junction.

The Grand River flowed out of Colorado, into Utah and then turned with reinforcements. The Utes Mountain National Park. Arizona, where it had to cut a rather were ousted permanently. Eventually, sizeable trough in the rock so that it however, the mountains' "white" could continue downstream and form gold replaced the yellow stuff, and Ridge Road. Eleven miles of indesthe border between Arizona and Cali- the town of Aspen-with its four dif- cribable scenery, with the timberline fornia. That trough was called Grand ferent ski areas-became an interna- way below, Trail Ridge Road is just Canyon. And so it was until Congress tionally famous resort. decided to change the name of the



Colorado has over a thousand peaks two miles high, 9,600 miles of streams, and 2,800 lakes in a mountainous area six times the size of Switzerland

orado" River; but, with great drive goes through beautiful Glenpolitical astuteness, let all the rest of wood Canyon. Then it's soon back the "Grands" stand!

east again on I-70 to Glenwood Slightly to the south is Breckenridge, Springs, site of Doc Holliday's grave another old mining town which, like and the West's largest natural warm- many of the other major ski areas, may create confusion. It's really very water swimming pool. South from has become a year-round resort with Glenwood Springs, driving on High- fine shops and excellent eating trance of Rocky Mountain National way 82 leads to another one-time places—all set in beautiful country. mining camp.

> rived to check out the mineral nature Pass to 11,992 feet over the top, or of the area, they were being watched. through Eisenhower Memorial Tun-In time, the Utes decided the visitors nel right through the mountain and were up to no good, and that the area under the Continental Divide. For a should be left to the Utes who had brief period visitors are on the eastern first claimed it. The miners were run slope again, but soon comes a left out of the area. They returned to turn and it's back up over Berthoud Leadville, over Independence Pass at 11,315 feet on Highway 40 on 12,095 feet, which is closed now every the western side of the divide. Then winter. But gold-or silver-is where it's on through Winter Park and the you find it, and later prospectors re- way to the west entrance of Rocky

river—but only the river—to "Col- wood and east again on I-70, the Continental Divide—the highest con-

into major ski country again: Vail, From Grand Junction it is back Keystone and Copper Mountain.

Ahead on I-70 is Lake Dillon, and When the early prospectors first ar- then it's up the west side of Loveland

Soon every passenger is up to the high point of the highway-Trail what the name implies: beautiful Back down Highway 82 to Glen- highway built on the very ridge of the

tinuous highway in the world! Later, square mile on earth." This is the site curio shop and restaurant.

guage."

Rocky Mountain National Park, visited each year by over two-andfrom Trail Ridge, the highway leads repertory through August 3. through the village of Estes Park, versity of Colorado.

westward trek to the northwestern of the Denver City Parks Department. quadrant of the state, which includes family) and Dinosaur National Monument. Take the Granby exit off I-70 west of Denver and proceed through the beautiful backcountry of the mountains for this trip.

Closer to Denver, just 30 miles west and up Clear Creek Canyon is famous old Central City, "the richest

and down below at 12,000 feet, is a of the first major gold strike. Much of the fortunes pried out of the rocks Trail Ridge is snowed-in and closed were put into Old West architecture throughout most of the year, with the which still stands. The boardwalks exception of about 90 days in the are still there, the swinging doors of summer when more than a half-mil- the saloons are constantly in motion, lion people annually cross the pass. and visitors can tour the Teller House When each person arrives at the top Hotel or have a drink in the Teller of Trail Ridge, he suddenly comes to House Bar while studying "the face understand the statement of Teddy on the barroom floor." The interna-Roosevelt, who came to hunt in Colo- tionally famous Central City Opera rado in 1902 and upon leaving, said, House will offer three operas this "Any effort to adequately describe summer. "La Boheme," Puccini's vithe grandeur of the Colorado Rockies sion of 19th century Paris, will open would bankrupt the English lan- the season on July 5. It will be followed by Rossini's classic comedy, "The Barber of Seville," and Victor one of the nation's most popular, is Herbert's operetta, "Naughty Marietta." The productions will be perone-half-million people. Descending formed in English and will play in

Immediately west of Denver are the past the historic Stanley Hotel (built very interesting and historical exhibits by the maker of the Stanley Steamer), on Lookout Mountain at the site of down one of two highways and then Buffalo Bill Cody's grave. One can back to Denver, perhaps passing also drive to the top of 14,260-foot through Boulder, home of the Uni- Mount Evans, on what is said to be the highest paved auto road in North Also deserving of mention is the America. This drive is free and is part

In concluding this piece, a para-Steamboat Springs (home of the phrase of a message by Rudyard Kip-Olympic skiing champion Werner ling seems appropriate as we in Colorado issue this invitation to the Elks of the nation:

> "Something hidden. Come and find it. Come and look behind the Rockies-Something precious beyond the mountains.

Here and waiting for you. Come!"



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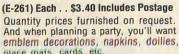
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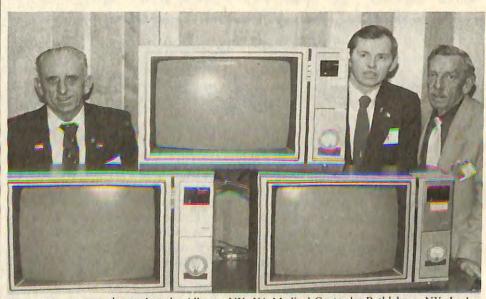
The National Service Committee of New Smyrna Beach, FL, Lodge recently made a trip to the Gainsville, FL, VA Medical Center to present two TVs and \$2,400 worth of canteen books to the patients. Malone Randall (left), VA Medical Center director, and Tom Sutton, (right) assistant administrator, accepted the donation from committee members (from left) George Connelly, Johnny Viola, Chm. William Enterline, PER William Martin, and Secv. Charles Murphy.

to the recreation fund at the VA Medical Center in Martinsburg, WV.

PIQUA, OH. The Piqua Civic Band, sponsored by Piqua Lodge, recently performed in concert at the Dayton VA Medical Center auditorium. After the concert, Elks provided and served refreshments to the veterans.

HAGERSTOWN, MD. Members of the Elks CARMICHAEL, CA, Lodge member Willard National Service Commission Committee of McGuire was awarded a Silver Star at the Hagerstown Lodge recently presented \$1,665 lodge, 40 years after he earned the medal for rescuing an Army buddy during a World War II battle. The decoration was presented by Col. James Newbill of the Sacramento Army Depot and Rep. Bob Matsui (D-Sacramento), who was instrumental in cutting through the paper

> McGuire was severely wounded while rescuing a comrade from a burning tank near Munich, Germany, just days before the war ended



Three TV sets were donated to the Albany, NY, VA Medical Center by Bethlehem, NY, Lodge. Pictured with the televisions are (from left) PER Aldin Countryman, Bethlehem National Service Chm.; then-ER Richard Warnken; and Gerald Shook, Sr., VAVS representative at Albany

#### Valiantly She Sailed ...

(Continued from page 29)

plunged to the deck, her hull was repeatedly holed by the Constitution's intense fire.

Aboard the Constitution, seaman Daniel Hogan scampered aloft to lash the American ensign back into place on the fore topgallant masthead after it had been shot away by Guerriere's swivel guns. Other fire from British 32-pounder carronades lashed out at Constitution's bulwarks and rigging.

"Hurrah!" yelled an American gunner when a cannon ball from Guerriere bounced harmlessly off Constitution's hull back into the sea. "Her sides are made of iron, men!"

"Old Ironsides," as she would be nicknamed, defeated the Guerriere due to Hull's superior sail-handling riere, had to be burned rather than and gunnery. H.M.S. Guerriere was sent into port as a prize. so heavily damaged that she could not be sent into port as a prize. Instead, more than broadsides belching fire she was set afire. The victory brought and smoke. Week after week, the fria tremendous amount of encourage- gate was on lonely patrol, her crew ment to the United States, especially

dispelling the notion that the Royal Navy was sovereign and invincible on the high seas.

Under new command-Commodore William Bainbridge-Old Ironsides encountered the British in a second single-ship challenge. Fought on December 29, 1812, off the coast of Brazil, the battle, according to Bainbridge's journal, proceeded fast and furious against H.M.S. Java:

"At three, the head of the enemy's bowspirit and iib-boom were shot away by us. At five minutes past three, shot away the enemy's foremast by the board. At fifteen minutes past three, shot away his main top mast just above the cap. At forty minutes past three, shot away the gaff and spanker boom. At fifty-five minutes past three, shot away his mizzenmast nearly by the board."

Before her surrender, the Java was reduced to a devastated hulk, so badly damaged that she, like the Guer-

Life aboard Old Ironsides was

(Continued on page 37)



#### "To Our Absent Brothers"

The Grand Lodge Activities Committee proudly announces the winners of the 1985 Elks Memorial Day Contest "B." Judging was very difficult as there were so many wellprepared entries, 70 in all. The only losers are the lodges that failed to enter brochures

Brochures may be picked up at the Grand Lodge Convention in Denver at the Lodge Activities Committee booth. They will not be mailed back to the lodges. Come by the booth and view these beautiful brochures.



odges with fewer than 301 members

- 1. Mountainside, NJ
- 2. Kearny, AZ
- 3. Greenwood Lake, NY

#### Lodges with 301 to 500 members

- Coolidge-Florence, AZ
- Fulton, NY
- 3. Plano, TX

#### Lodges with 501 to 700 members

- Afftan, MO
- Slidell, LA
- Homestead, FL

#### Lodges with 701 to 1,100 members

- Wethersfield-Rocky Hill, CT 2. Pekin, IL
- 3. Glens Falls, NY

#### Lodges with more than 1,100 members

- Weymouth, MA
- Charleston, SC
- 3. Oswego, NY

Ray L. Camp, Member **GL Lodge Activities Committee** 



THE ELKS MAGAZINE JUNE 1986 THE ELKS MAGAZINE JUNE 1986



Auburn-Opelika, AL, Lodge was host lodge for the official visit of GER John T. Traynor (second from right) and his wife, Jane (right). Also shown are (from left) PGER Robert G. Pruitt, Cindy Heath and then-ER Robert Heath of Auburn-Opelika Lodge. Brother Heath presented GER Traynor with a "Southern Birth Certificate," naming him "Dixie Jack."





GER John T. Traynor (left) was quest of honor at the Elks Annual Pittsburgh Metropolitan District Banquet and Dinner Dance. Shown with GER Traynor during the festivities are (from left) DDGER Albert Denny, PGER Homer Huhn, Jr. and Grand Trustee Lester Hess, Jr.

The Grand Lodge Session this year will be held in Denver, CO. Think this is the first time the Elks have convened in the Mile-High City? Sorry, it will be the fourth time. The Order also met there in 1906, 1914 and in 1937. Let's see if history will repeat itself. How? We'll tell you later.

The letters are still pouring in from lodges which have statues of full-size elks. In addition to those we've already mentioned, Portsmouth, NH, Lodge No. 97, has such a statue. So does Daytona Beach, FL. Lodge No. 1141, according to Mrs. Chalmer Davis. She took a picture of her husband standing below the elk. Brother Davis joined the Order at Portsmouth, OH, Lodge No. 154 in 1908, which makes him an Elk for almost 78 years.

Elmira, NY, Lodge No. 62 has not one

but three full-size elk statues. Two are at the entrance door of the lodge building. One was given by Brother Ben Record in 1910, the other by Brother George Gaiser in 1923. The third is in Woodland Cemetery, where 32 departed Brothers rest under its shadow.

Lacey Lodge No. 2518, in Forked River, NJ, is not to be left out. Its lodge building was dedicated in 1983. With generous contributions from the members, who gave some \$4,200, a statue of a full-size elk was erected in front of the lodge building by the members themselves, according to Walter Voll, secretary.

Francis Stephenson of the GL Auditing and Accounting Committee tells us that his lodge, Providence-Cranston, RI. No. 14, has a heroic bronze statue of an elk which was placed in the North Burial Ground, Providence, in 1904. It's a big one and can be seen by all who enter the cemetery.

G.L. "Speed" Shideler, secretary emeritus of the Indiana Elks Association, reports that his lodge, Terre Haute, IN, No. 86 has a beautiful bronze life-size elk at the Elks Rest in Highland Lawn Cemetery. It was erected in 1922 and Speed ought to know; he's been an Elk since 1921.

There are more lodges with statues of elks, but we'll tell you about them later, including the one temporarily erected at Butte, MT, in 1916.

Framingham, MA, Lodge No. 1264 is observing its 75th anniversary this year, and the members are mighty proud of several of their senior golden Elks. Brother Andrew Flaherty is 97 and has been a member since 1916. Albert Mc-Manus is 93 and joined the Order four years after the lodge was instituted, making him a member for 71 years.

Special mention should be made of Brother Gardner Hannon, who is 91 years old. He served as ER two different times and has been a member for about 70 years. Congratulations to Framingham and its Golden Brothers.

Back in January we mentioned that Jess Holton initiated 332 new members during his tenure as ER of Long Beach, CA, Lodge No. 888. Now comes word that Don Ehritt of Green Valley, AZ, Lodge No. 2592, initiated 423 new members during 1983-84 when he was ER. As a matter of fact the total net increase that year, including transfers, etc., was 613. Talk about records, there's one for

#### Valiantly She Sailed . . .

(Continued from page 35)

clothes...taking advantage of the time when they were not on watch.

Some of the crew enjoyed dancing hornpipes to the tune of a fiddle. Other sailors preferred a game of checkers or an exchange of sea yarns. Live weevil races were also popular, courtesy of spry weevils knocked out gun. of the crew's hardtack. Ship's rations also provided another source of recrewas sometimes so hard it was a suitto be used in scrimshaw carving.

aboard the frigate looked something like the following (along with one pound of bread daily):

of peas, ½ pint of rice.

ounces of butter, 6 ounces of mo- crew maintained a disciplined silence,

Friday: 1 pound of salt fish, 1 pound of potatoes, and 2 ounces of

Saturday: 1 pound of pork, 1/2 pint of peas, and 4 ounces of cheese.

Although the crew might not have been as well fed aboard ship as they would have been ashore, they were drilling at the guns...mending their definitely well drilled and well armed. When the Constitution engaged two British warships on February 20, 1815, her 451-man crew was prepared for action. Old Ironsides carried thirty 24-pounder cannons, twenty to twenty-four 32-pounder carronades, and one long 24-pounder chase

The battle was fought off the African coast about 180 miles from the ation. Constitution's salt pork or beef Madeira Islands—with the action beginning at sunset. Aboard the Constiable substitute for ivory or whalebone tution, gun crews stood by 24- and 32-pounders on the spar and gun A sampling of the bill of fare decks. Young "powder monkeys" waited tensely nearby, ready to scamper down into the bowels of the frigate for more powder charges. Wet Monday: 1 pound of pork, ½ pint sand—thrown on the decks to give the crew better footing-was gritty Wednesday: 1/2 pound of rice, 2 beneath their bare feet. While the

(Continued on next page)

#### Departed Brothers

PAST DISTRICT DEPUTY Robert B. Finn, Jr., of San Rafael, CA, Lodge died recently. Brother Finn served as District Deputy Grand Exalted Ruler for the Northwest District of California in 1956-57.

PAST DISTRICT DEPUTY William W. Kurtz of Fostoria, OH, Lodge died recently. Brother Kurtz served as District Deputy Grand Exalted Ruler for the Northwest District of Ohio in 1980-81. He was also secretary of his lodge for 22 the North District in 1969-70. years.

PAST DISTRICT DEPUTY Howard B. Bloedorn of Fort Morgan, CO, Lodge died February 27, 1986. Brother Bloedorn served as District Deputy Grand Exalted Ruler for the South District of Colorado the time of his death, he was serving as in 1937-38.

PAST DISTRICT DEPUTY Robert L. Crawford of Chicago (West), IL, Lodge died March 13, 1986. Brother Crawford served as District Deputy Grand Exalted 1983-84.

PAST DISTRICT DEPUTY Leon R. Stagg of Hopkins, MN, Lodge died March 26, 1986. Brother Stagg served as District Deputy Grand Exalted Ruler for the Metropolitan District of Texas in

PAST DISTRICT DEPUTY Harold Gabe Carder of Wilmington, OH, Lodge died March 27, 1986. Brother Carder served as District Deputy Grand Exalted Ruler for the Southwest District of Ohio in 1981-82.

PAST DISTRICT DEPUTY J. Wesley Allen, Jr., of Kingman, AZ, Lodge died March 30, 1986. Brother Allen served as District Deputy Grand Exalted Ruler for

PAST DISTRICT DEPUTY Albert T. Parsakian of Watervliet, NY, Lodge died April 2, 1986. Brother Parsakian served as District Deputy Grand Exalted Ruler for the State Capital District in 1972-73. At a trustee of the New York State Elks Asso-

PAST DISTRICT DEPUTY Robert W Hedrick of Honolulu, HI, Lodge died April 4, 1986. Brother Hedrick served as Ruler for the North District of Illinois in District Deputy Grand Exalted Ruler for Hawaii in 1970-71.



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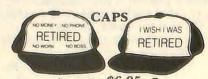
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#### Valiantly She Sailed . . .

(Continued from previous page)

some of its junior officers occasionally said a calm, firm word of encouragement to the seamen.

tween Constitution and the British warships, H.M.S. Cyane and Levant. sides, Captain Charles Stewart used accurate, rapid firing, as well as skillful sailing to overwhelm his opponents.

gan, the 34-gun frigate Cyane surstruck her colors.

the Honorable George Douglass, 1973-1976. commanding H.M.S. Levant, sat in Ironsides, arguing about the disastrous outcome of the engagement.

them, saying: "Gentlemen, there is no reason to become heated about this matter. The result of our encounter would have been the same regardless of what either of you might have done. Should you doubt this, I New Hampshire, where she acted as a

can try once again."

the War of 1812, she served at different times as the flagship of the Medi-tion is proudly berthed at Charlesterranean and Atlantic squadrons. town Navy Yard—a Boston National Her Navy career was a stormy one, Historical Park. She is the oldest with periods in port often being more commissioned warship still afloat of stormy than her cruises at sea.

to be a worn-out hulk, not an active gazing up at her rigging, and other-The 4-hour battle and chase be- symbol of honor and national de- wise reliving the days when she fense. She was decommissioned on at fought Barbary pirates. A crew of apleast three occasions, and there were proximately 48 active-duty Navy pertook place by moonlight through a various demands that she be sold, sonnel maintain the frigate. veil-like mist. Commanding Old Iron-scrapped, or burned. In 1915, she was the North Atlantic fleet.

Forty-five minutes after action be- ernment officials, the Constitution day. He wrote about Old Ironsides: admittedly had problems with old age rendered. After more broadsides, a —the actual rotting of her planking our Naval record, but she herself is chase, and still more firing, the gal- and timbers. Several restorations, re- possessed of a brave personality. In lant 21-gun sloop of war Levant juvenations, and overhauls, however, light weathers, in storm or hurricane, have kept her proudly afloat—the last or amid the smoke of battle, she When the battle was over, Gordon one of major proportions being the responded with alacrity and obedi-Thomas Falcon of H.M.S. Cvane and \$4.4 million major overhaul of ence, and seemed over-eager to

Captain Stewart's cabin aboard Old ing one battle after another to keep gratitude, see that she, like her namefrom being sold or scrapped, she still served her country. Both as a training gotten. Her commanders in the fu-Captain Stewart finally interrupted ship for the Naval Academy and as a ture, as in the past, will see to it that school ship for apprentice boys, her her flag never shall be lowered. She decks were kept warm by the bustle was conceived in patriotism; gloriand hustle of nautical activity.

laid up at Portsmouth Navy Yard,

will place you back aboard, and you receiving ship for sailors. To provide barracks for the sailors, a barn-like Victory over the Cyane and Levant structure was built from bow to stern, occurred on the U.S.S. Constitution's above her hull and around the masts, last war cruise. During the years after making her an ugly duck of the Navy.

Now 189 years old, the Constituany navy. Thousands of visitors go For politicians, she was considered aboard each year to walk her decks.

It is neither trite nor melodramatic even threatened with being towed out to say that Commodore William to sea and used for target practice by Bainbridge, who commanded the Constitution when she defeated Weathering these duels with gov- H.M.S. Java, has a message for to-

"Not only do her deeds belong to answer the will of her commander. Even while Old Ironsides was fight- May the citizens of this country, in sake and prototype, will never be forously has she shown her valor. Let Between 1882 and 1897, she was her depart in glory if the fates so decree; but let her not sink and decay into oblivion..."

"This is the toughest hole on the course!

State	Association	Conventions
State	Date	Place
CO	9/4 to 9/7	Colorado Springs
CT	6/6 to 6/8	Cromwell
FL	6/5 to 6/8	Kissimmee
GA	6/12 to 6/14	Jekyll Island
ID	6/13 to 6/15	Caldwell
IL	6/6 to 6/8	Peoria
		French Lick
MD, DE	6/20 to 6/22	Annapolis, MD
& DC		
MA	6/13 to 6/15	Bretton Woods, NH
MN	6/20 to 6/21	Bemidji
MT	7/23 to 7/26	Bozeman
NE	6/6 to 6/8	North Platte
NV	6/18 to 6/21	Reno
NJ	6/5 to 6/8	
ND	6/14 to 6/16	Minot,
SC	6/19 to 6/22	Greenville
SD	6/5 to 6/7	Rapid City
TX	6/18 to 6/21	New Braunfels
VA	6/27 to 6/29	Charlottesville
WA	6/18 to 6/21	Tacoma
WV	8/7 to 8/10	Wheeling

#### **ELKS NATIONAL FOUNDATION** PER CAPITA WINNERS

Following are the top five states and the top three lodges (in each membership category) in per capita contributions to the Elks National Foundation in 1985-86:

States	Members 4-1-85	Total Donations	Average Per Capita
1. Hawaii	3,921	\$40,689.28	\$10.377
2. Maine	12,770	66,466.24	5.205
North Carolina	14,842	73,026.00	4.920
	4.826	20,851.40	4.920
4. Mississippi	13,729	57,833.05	
5. Virginia	ALCOHOLD TO THE REAL PROPERTY.		4.212
Lod	ges of up to 300 r		
<ol> <li>Morgan City, LA</li> </ol>	45	942.00	20.933
<ol><li>Skagway, AK</li></ol>	272	5,450.00	20.037
3. Haines, AK	149	2,880.00	19.329
Lode	ges of 301 to 600	members	
1. Miami, FL	452	22,360.00	49.469
2. Farmington, ME	390	7,127.25	18.275
3. North Wilkesboro, NC	356	6,500:00	18.258
	es of 601 to 1,000	members	
1. Camp Springs, MD	674	12,104.67	17.959
2. Janesville, WI	608	10,625.00	17.475
3. Skowhegan-Madison, ME	616	7,555.00	12.265
The state of the s	s of 1,001 to 2,00	AND DESCRIPTION OF THE PARTY OF	E OF THE STREET
1. San Fernando, CA	1,306	15,926.97	12.195
2. Mesa, AZ	1,065	12,765.60	11.986
3. Southern Pines, NC	1,295	12,143.00	9.377
	s of 2,001 and ov		0.01.
1. Honolulu, HI	2,617	35,001.28	13.375
2. Clawson-Troy, MI	3,454	22,140.00	6,410
3. San Mateo, CA	3,315	20,035.00	6.044
o. Gairmatos, on	0,010	20,000.00	0.044

#### **ELKS NATIONAL FOUNDATION NEW PLEDGE POINT WINNERS**

Following are the top five states and the top three lodges (in each membership category) in percentage of new Elks National Foundation pledge points in 1985-86:

States	Members 4-1-85	Number of New Pledge Points	Percentage of Pledge Points
States	A TO SEE SEE	Folitis	Fullis
1. Hawaii	3,921	359	9.156
2. North Carolina	14,842	1,123	7.566
3. Oklahoma	24,372	1,783	7.316
4. Maine	12,770	745	5.834
5. Arizona	33,308	1,776	5.332
Lodg	es of up to 300 i	members	
Charlotte-Mecklenburg, NC	113	49	43.363
2. Haines, AK	149	53	35.570
3. Warrenton, MO	102	35	34.314
Lodge	es of 301 to 600	members	
1. Miami, FL	452	232	51.327
2. Ardmore, OK	315	160	50.794
3. Guymon, OK	354	141	39.831
Lodge	s of 601 to 1,000	) members	20,000
1. Victoryville, CA	726	217	29.890
2. Appleton, WI	724	159	21.961
3. Winston-Salem, NC	734	148	20.163
1. Mesa, AZ	of 1,001 to 2,00	00 members 204	19.155
2. Fullerton, CA	1,065	233	13.795
3. Yuma, AZ	1,689 1,707	216	12.654
	of 2,001 and ove		12.004
1. El Cajon, CA	3.906	435	11,137
2. Kokomo, IN	2.661	290	10.898
3. Honolulu, HI	2,617	285	10.890
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Check your own personal habits. You can't tell a child about the dangers of drugs with booze on your breath.

But it's through love and understanding that you can be the most effective. Threatening to tear their arms off just won't work.

You can get a lot more ideas from the booklet, "Parents: What You Can Do About Drug Abuse! Write: Get Involved, P.O. Box 1706, Rockville, Maryland 20850.

Remember, it doesn't always happen to someone else's kids. After all, there are over 35 million drug users in America.

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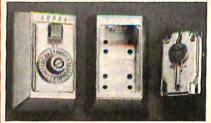
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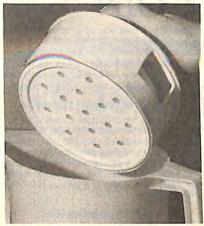


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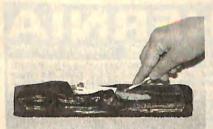
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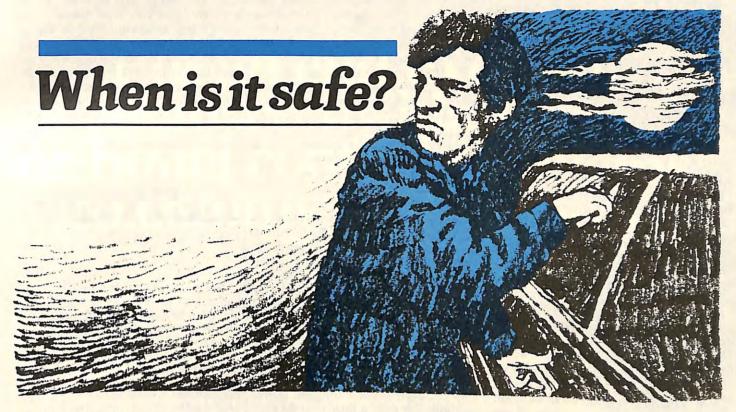
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by Robert L. Snow

As crime becomes more and more an unwanted, but seemingly unavoidable, part of our society, a question concerned citizens often ask police departments is, "When is it safe?"

According to the FBI's latest Crime in the United States, one major crime occurred in America every three seconds during 1984. Fortunately, this is only an average, and rather than the smooth, even intervals this would seem to indicate, crime actually shows a tendency to be either high or low during certain periods depending on a number of variables.

While it is always advisable to follow standard security measures such as installing deadbolt locks on all outside doors, never carrying large amounts of cash or valuables, locking car doors while driving, etc., a person should also be aware of the variables which can increase the likelihood of crime, and take extra precautions when these variables are present. By using this information, a person can significantly reduce the chances of becoming a victim of crime.

In a poll taken several years ago, 57 percent of those questioned said that they were afraid to go out alone at night. While some scoff at the idea of

being afraid of the dark, the belief that crime is more prevalent at night is well grounded in fact. Manpower studies done by many large-city police departments have shown that more than half of all calls for the police come within the eight-hour period from 7:00 p.m. to 3:00 a.m. To address this problem, most large-city police departments have established special task forces to augment their manpower during these peak demand hours.

While the number of calls to a police department can be used to measure the level of all crime in a community, a measure often used by researchers to determine the level of violent crime in a community is assaults on police officers. This crime, like most others, shows a marked increase after dark. According to the FBI's Law Enforcement Officers Killed and Assaulted, over half of all the assaults on police officers in the United States from 1973 to 1984 occurred between the hours of 8:00 p.m. and 4:00 a.m. Thursday, for an unexplained reason, peaks as the day of most violence.

Time in larger units of measure has also been found to have an effect on

the crime rate. An analysis of crime reports from major cities shows that criminal activity is higher during certain seasons, with all serious crimes showing increases during the summer months. The crimes of murder, robbery, and burglary also show increases in the months of December and January, these rises often attributed to the holiday season.

The rise in crime during the summer months was studied recently by Professor John L. Cotton of Purdue University. In a paper presented to the Nineteenth Annual Meeting of the American Psychological Association, he related the results of his research of crime in a large Midwestern city. Comparing the city's daily crime records with reports of maximum temperature from the National Weather Service, he discovered a correlation between violent crime and maximum temperature. The hotter the weather, he found, the more violent crimes there were.

While warm weather has been shown to have a significant effect on the number of violent crimes, cold weather, and especially extremely cold weather with large amounts of

(Continued on next page)

### When is it safe?

(Continued from previous page)

snow, has been shown to have the opposite effect on property crimes. The same city in which Professor Cotton conducted his summer crime study experienced during the extraordinarily harsh winter of 1978 the only day in recent memory during which not a single burglary was reported.

The claim that weather has an effect on crime probably won't raise many eyebrows, yet the belief that the moon can have an effect on human behavior is something scoffed at by many people. Police officers, however, don't laugh. They've witnessed far too many times the large increase in police runs during the time of the full moon.

In 1978, the book The Lunar Effect was published. The author, Arnold Lieber, a psychiatrist in Miami, Florida, tells in the book of his study of homicides in Florida and Ohio. Through his research, Dr. Lieber was able to show a relationship between increases in the homicide rate and the presence of either a full or new moon.

Unlike natural variables such as the time of day or phase of the moon, the often-suggested relationship between the economy and crime is a variable possibly caused by society itself. The reasoning behind this variable is that the stress from both the need of money and from the feelings of futility and uselessness experienced by the unemployed will lead to an increase in crime. Recently, a study was undertaken in a large metropolitan area in which the crime rate and the unemployment figures from 1977 through 1982 were compared. No correlation was found.

The search for a method of escaping crime has, for the last several decades, led to a flight from the cities into the suburbs and rural areas. This flight has usually been based on the belief that the likelihood of crime in this new environment will be less. However, a number of news stories have appeared which would seem to indicate that this flight has been futile, that crime has followed the

people to the suburbs. While it is true that crime has increased in both suburbs and rural areas, the likelihood of crime in these areas is still much less than in urban areas.

In 1984, the overall crime rate in America's 59 largest cities was almost twice as high as in suburban areas, and over four times as high when compared to rural areas. The likelihood of violent crime was even worse for cities, with a rate four times as high as suburban areas and eight times as high as rural areas.

Since crime is almost always present to some degree regardless of where a person lives, a question often asked of police departments is whether there is any group more responsible for crime than any other, a group which could be considered an important variable in the likelihood of crime. In the United States during 1984, over 50 percent of those arrested for violent crimes and over 65 percent of those arrested for property crimes were between the ages of 10 and 25, even though this age group accounts for only a little over 25 percent of the country's population.

The leniency of our nation's court systems has often been blamed for the prevalence of crime in our society. While there is undoubtedly some truth to this claim, a variable less known, but still having a sizable effect on the crime rate, is the policy of local police departments concerning arrests.

From March, 1981, to April, 1982, a group of Minneapolis police officers participated in a study conducted by the Police Foundation. During this study, depending on the date, the officers would do one of the following when dispatched to a domestic disturbance in which someone had been assaulted: (a) attempt to mediate the dispute and counsel the parties; (b) send the assailant away for several hours (the standard practice of many police departments for non-serious assaults); or (c) arrest the assailant.

The Police Foundation analyzed 314 separate incidents and found that the assailants who were arrested were only half as likely to repeat the violence in the following six months as were the assailants who were counseled or sent away. In response to studies such as this, a number of police departments across the country have already begun instituting new policies which now require arrests for crimes in certain situations.

Unlike many of the other social problems and concerns America has had, crime shows no sign of disappearing into the print of history books. While citizens may have to accept that crime will always be a part of our society, still the variables which affect its likelihood are known and can be utilized by knowledgeable, observant people to lessen the chances of becoming its victim.

#### **LETTERS**

(Continued from page 15)

The career of Brother Bartell spans 25 years, with 18 years as an outstanding shortstop for teams such as the Philadelphia Phils, New York Giants, Chicago Cubs and Detroit Tigers. In 1933, he was named to the first National League All-Star Team.

Dick Bartell began playing baseball for the Alameda, CA, Elks Team and is a 47year member of the lodge. The Brothers of Alameda Lodge are extremely proud of Brother Bartell and feel he certainly deserves a top position on your list of "Elks Baseball Greats."

> Cal Santare Alameda, CA

• I was greatly disappointed that Louis Boudreau, former manager of the Cleveland Indians, was not included in "Elks Baseball Greats." He is not only in the Baseball Hall of Fame, but at the present time is broadcasting Chicago Cub games.

Frank Sandor Glendale, CA

• I thoroughly enjoyed your article "Elks Baseball Greats," but you completely overlooked one of the greats. His name, Casey Stengel, is synonymous with baseball for many of us.

Brother Stengel was most famous for his years with the New York Yankees. In 12 years, 1949-1960, he managed ten pennant winners and seven World Champions.

Casey Stengel became a member of Toledo, OH, Lodge in 1928, a Life Member in 1961, and remained a member for 47 years until his death in 1975.

Bob Wilson Toledo, OH

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