



**HOSPICE**  
-for dignity 'till death

the  
**ELKS**  
magazine  
July/August 1982

*Yellow*



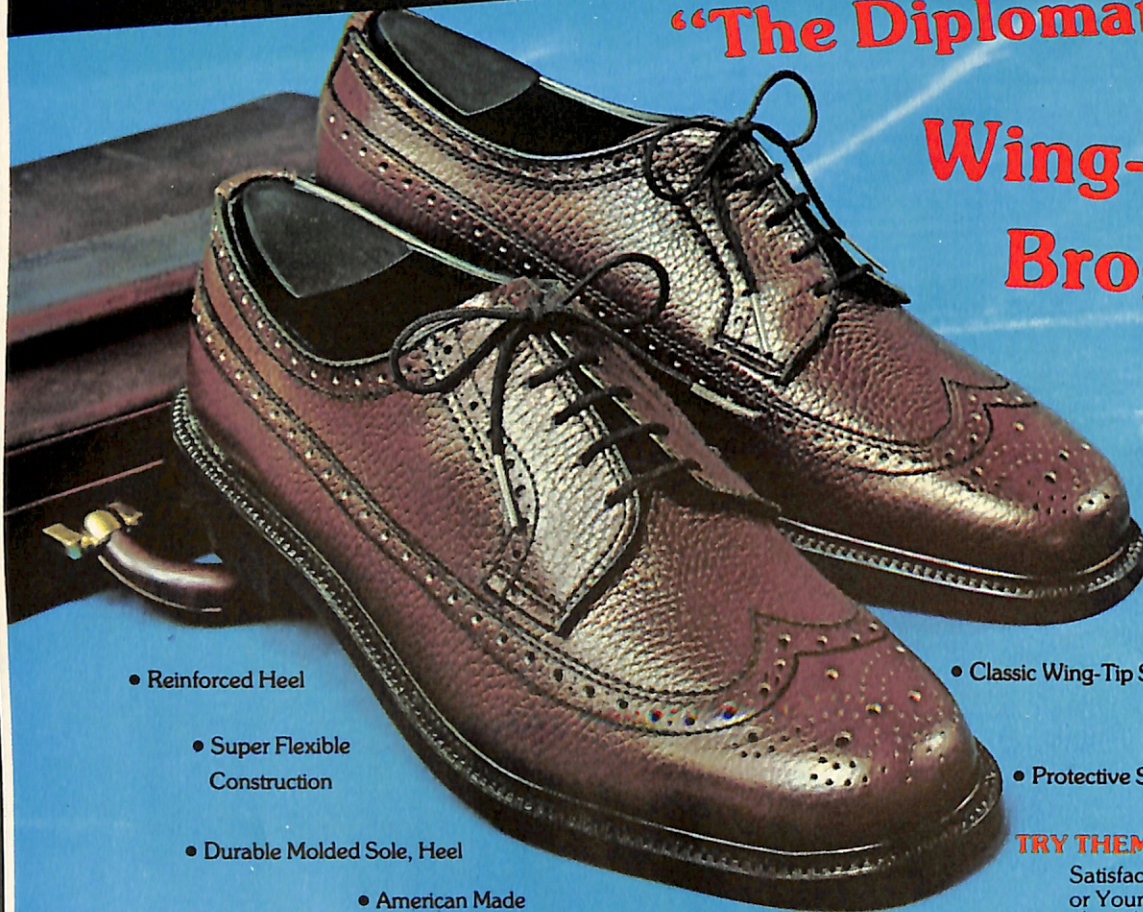
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## 4 HOSPICE—For Dignity 'Till Death

To enhance the quality of a terminally ill patient's last days, Hospice provides love and a sense of dignity.

Jacquelyn Peake

## 14 Celebrities Who Sued and Collected

You can't be too careful what you write or say about someone else—or watch out for a libel suit!

William E. Miles

## 22 Welcome to the Bahamas

The tropical beauty and atmosphere of the Bahama Islands rarely fail to charm and delight visitors.

Jerry Hulse

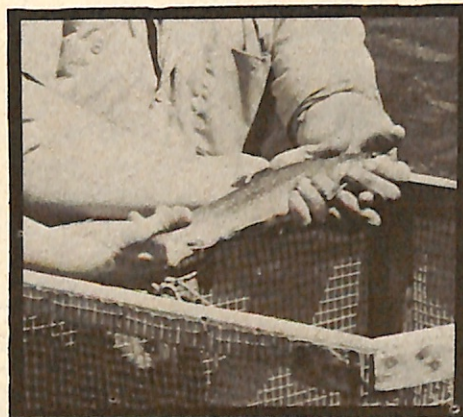
### Departments

- 3 Letters
- 8 News of the Lodges
- 12 Raymond V. Arnold at Subcommittee
- 18 Medicine and You: Headaches—Part 2
- 19 On Tour with Raymond V. Arnold
- 20 Elks National Foundation/ Joy of Giving
- 25 Elks National Service Commission
- 26 It's Your Business: Entrepreneurism Bounces Back
- 28 Did You Know?
- 32 You and Retirement: Senior Swindles
- 34 Elks Family Shopper

Cover: Hospice—For Dignity 'Till Death



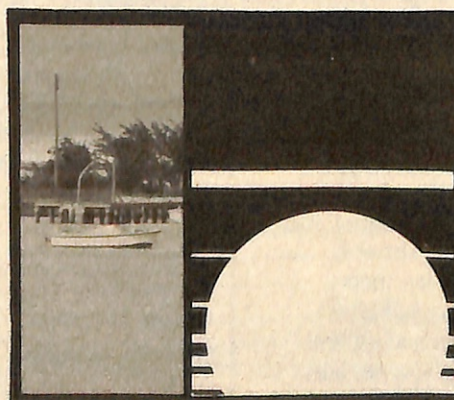
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8



14



22

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454

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# LETTERS

• My parents and I would like to thank all the Elks for the opportunity to compete in the National "Hoop Shoot" Finals in Indianapolis. It was a wonderful experience and a chance of a lifetime for my family and me. And I will never forget it. Thank you again.

Mike Hodges  
Age 12-13 winner  
Missoula, MT

• *The Elks Magazine* is to be admired for generally publishing interesting, informative, honest and unbiased articles. The May, 1982, issue makes an exception. The article "The Foods We Eat—Facts & Fallacies" by Jean E. Laird, was so distorted as to be laughable—if it wasn't so tragic that writers like her brain-wash many who suffer needlessly due to their eating habits. About a quarter of the statements presented as "facts" do come close to the truth. As for the rest: Bah, Humbug!

Elaine Lyalka  
Tacoma, WA

• As a member of American Agri-Women and a producer of the food we eat, I was very pleased with the article on that subject in the May issue. Today, there are many food myths in our country. Many people believe these fallacies, when the nutrition information is readily available. We appreciate very much *The Elks Magazine* devoting the space to such an important subject. Also our thanks to Jean E. Laird for writing such a factual article.

Imogene Woodside  
Foods and Nutrition Chm.  
American Agri-Women  
LaCenter, WA

• The particular column that hit home in the February, 1982, issue was "It's Your Business" by John C. Behrens, on eliminating business headaches. It's unfortunate he didn't have a hundred pages at his disposal, for he has only scratched the surface on the list of problems facing the small businessman.

I agree fully with Mr. Behrens, and if I wasn't so busy trying to overcome my own small business problems, I would write a book on the many obstacles I've been confronted with over the past year in setting up a small business.

Small business is the backbone of America. It's high time we showed it a little respect.

William J. Davis  
Whitesboro, NY

• Congratulations on your 60th Anniversary. I am proud to have been a member for 36 years of that 60.

Eliot C. Prowse  
Toms River, NJ

Letters must be signed and may be edited. Address to: Letter Editor, *The Elks Magazine*, 425 West Diversey, Chicago, Illinois 60614.

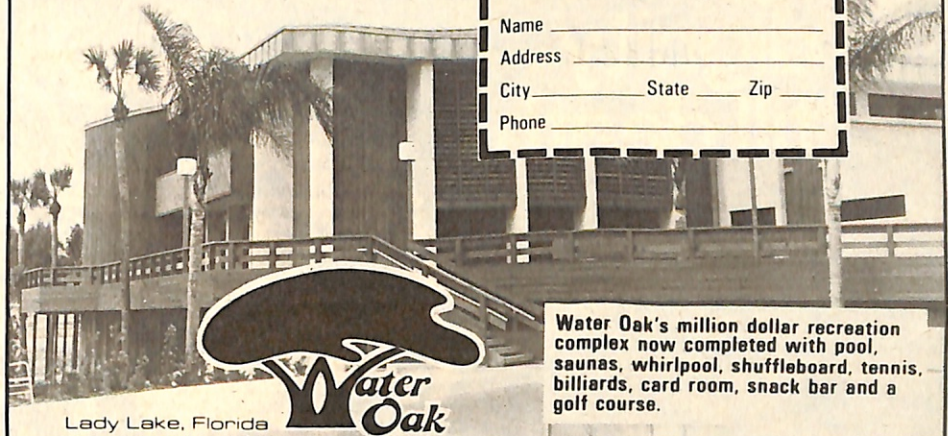
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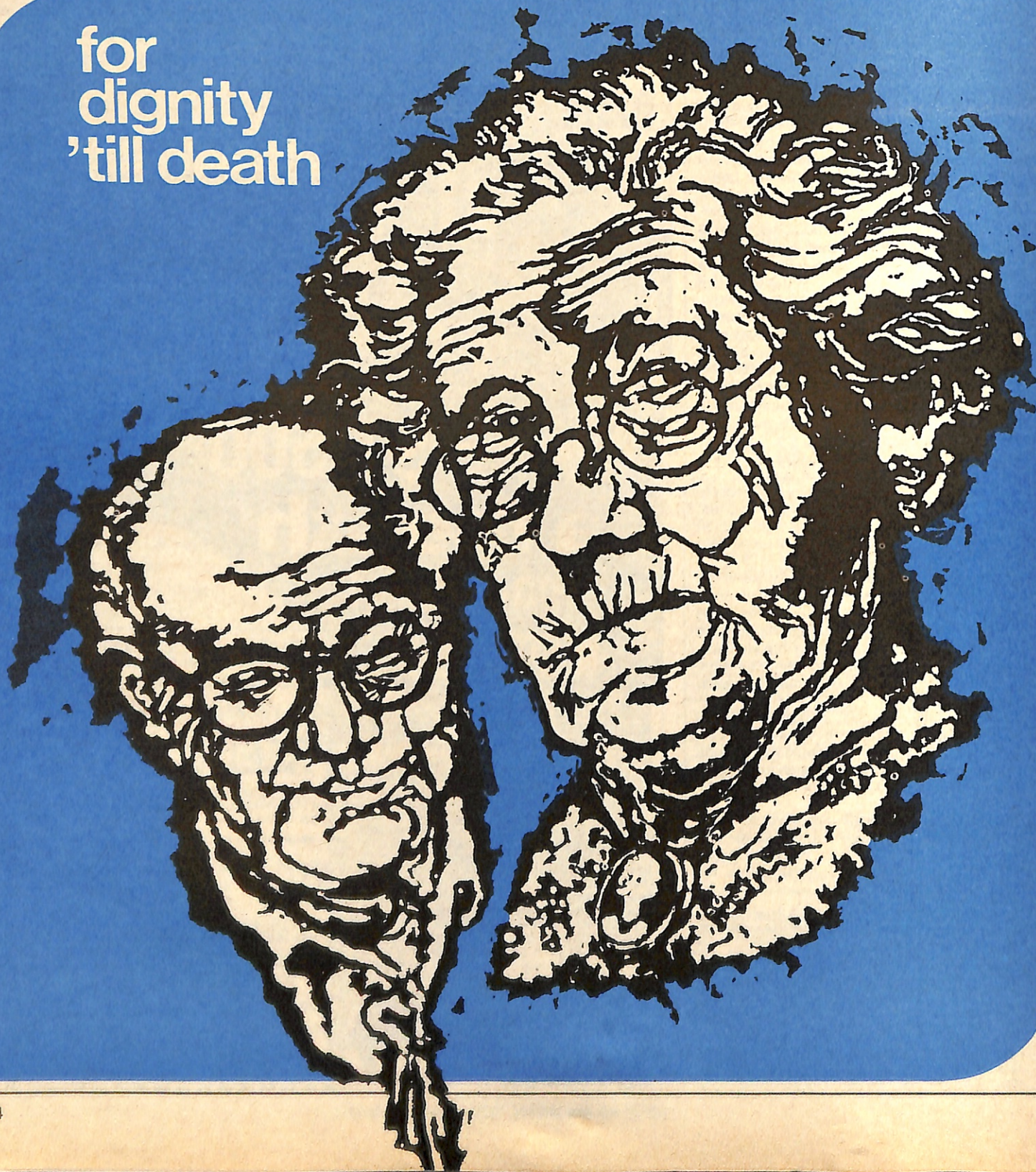
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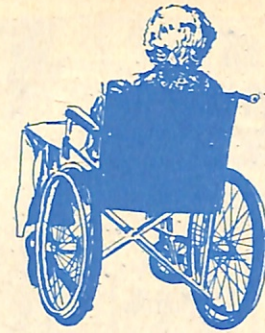
# HOSPICE

for  
dignity  
'till death





## To enhance the quality of a terminally ill patient's final days, Hospice provides love and a sense of dignity.



**N**ellie Ortiz is dying of cancer. In spite of the malignancy growing inside her tiny body, though, she is living out her last days fully and happily. Best of all, Nellie Ortiz is at home with her family where she wants to be—and she is free of pain.

This spunky little woman laughs heartily when she says, "I'm still the captain of my own ship!" And she definitely is the center of the household, although some days she can scarcely leave the comfort of her living room couch. During better times she enjoys, as she has for years, a bit of good-natured horseplay with sons-in-law who tower a full 14 inches over her head. Saturday mornings often find her sitting in front of the television set with a grandson, giggling with him at the antics of his favorite animated cartoon characters.

Five years ago, Nellie probably would have been confined to a hospital or nursing home, isolated from her adoring family, suffering periodic pain, and with very little to live for. Today, however, because her home town, like some 800 others around the country, has an organization known as Hospice, Inc., Nellie can face her death calmly and with understanding.

Hospice is, as Beau Bohart Rezendes, executive director of the Boulder (Colorado) County Hospice, says, "...not a place, but an idea. Our purpose is to provide care that will enhance the quality of the remaining life for those who are facing a terminal illness. Hospice care can make this difficult time in a person's life—maybe not better—but easier. We can't take away the emotional trauma of a terminally ill patient and his or her family, but we can help them live through it."

The whole focus of Hospice (the name comes from the wayside inns of the Middle Ages that provided comfort and sustenance to weary or ill travelers) is to give comfort, not try to cure, since all its patients have been diagnosed as terminal. Ninety-five percent have cancer, and most have a prognosis of less than three months to live. These are the men and women for whom medical science has finally said, "We can do no more for you."

However, as Dr. Sylvia Lack, medical director of Hospice, Inc., of New Haven, Connecticut, says, "There is never a time when *nothing* more can be done. There

may be nothing more that can be done to cure the disease, but there are always further measures to be taken for the comfort of the patient." The main concern of a hospice program she adds, "...is the management of terminal disease in such a way that patients live until they die, that their families live with them as they are dying—and go on living afterward."

For Hospice, this means aiming for two goals: (1) to make the patient as free of physical discomfort as possible, and (2) to enhance the *quality* of a patient's remaining days. Toward these goals, the hospice program is available to terminally ill patients and their families in any one of several forms, depending upon where the patient lives.

A fully autonomous Hospice building, providing rooms and a resident staff, was opened in New Haven, Connecticut in 1980. Unlike any traditional hospital, this Hospice is an open, home-like place where families, children, and pets are always welcome. Kitchenettes are freely available so any family member can prepare a patient's favorite dish or snacks for everyone. Sunny patios entice patients outside to enjoy fresh air and growing flowers.

Other communities have similar Hospice services that are offered through existing hospitals and nursing homes. The vast majority of Hospice programs, though, are geared toward home care, where patients live at home with the family in as normal an environment as possible. Even home care patients may need to enter a hospital occasionally, however, so the Hospice program includes close interaction with traditional medical facilities whenever necessary.

Most families couldn't keep a seriously ill person at home without a great deal of help. To enable them to accomplish this, these families receive constant support in their care of the ill person through personal guidance from the local Hospice staff. The typical staff will consist of a physician who serves as medical director, nurses, social workers, psychologists and psychiatrists, clergy, and skilled volunteers. Working together, along with the patient's personal physician who always remains the primary medical authority, members of this team are on call 24 hours a day, seven days a week to

Hospice patients and their families. This continuum of emotional, physical, and spiritual support is an integral part of the Hospice philosophy of holistic care.

The need for this care comes in many forms. Many terminally ill patients suffer periodic bouts of depression that require expert counseling. Others need physical relief to combat nausea, headaches, painful sores, and the very real pain of the disease itself. Some families can't come to grips with the idea that death is inevitable for their loved one. Young children may need help in understanding the process of death itself. Most families need basic instruction in how to care for a perhaps bedridden patient. Patients themselves often need help to understand and accept the effects of the disease or its treatment. All of this and more comes under the umbrella of Hospice care, which seeks not to extend life, but to aid terminally ill patients in living each day as fully as possible for whatever time they have left.

Probably the most unique and invaluable aspect of the program is that provided by the large corps of volunteers who work on a one-to-one basis with each family and patient. These volunteers undergo a rigid screening before being accepted into the program (one criteria being that they not have had a severe emotional crisis themselves within the previous year). After that, they're given an intensive 30-hour training program. During these sessions they learn to deal with their own feelings about life and death and how to help others verbalize and understand their concepts of mortality. They learn some basic techniques of nursing care such as changing bed linen and helping patients into wheelchairs. They learn ways to make that final moment of death acceptable to the patient's family, and how to help it through the period of bereavement.


The role is simply that of a kind friend, one who pitches in with two willing hands and a big heart to help a family in time of need. As one of Nellie Ortiz' daughters says, "When Mama got sick we kids cried all the time. We didn't know how to deal with the thought of losing her. Then Hospice sent Mrs. Dellenbach to us. At first we didn't see how anybody could help us, but she began talking to us about how we felt about Mama dying. Pretty



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# HOSPICE

soon we were able to talk about the cancer and what it was doing to Mama, and how it would eventually kill her. Once we got it out in the open we were able to deal with it better. We still cry sometimes, but we're not angry and confused anymore. And I think when the time comes—well, it won't be so bad. Pat (Mrs. Dellenbach) is a good friend now, and she's always there when we need her."

Nellie herself adds, "Pat helped me to understand the cancer and what it's doing to me." Like many cancer patients she had undergone chemotherapy treatments in an effort to staunch the spread of the disease. One of the side effects was that all her hair fell out.

"I was so afraid that it wouldn't grow back," she says. One woman could well understand the pride another takes in her hair—the devastation she would feel on suddenly losing it. So, this compassionate Hospice volunteer assured Nellie that the loss could well be temporary. "Pat told me my hair would probably come back and that made me feel better." Happily stroking her now-thick head of hair, she smiles as she says, "And she was right. And when it came back it was dark again, not gray like it used to be!"

Hospice volunteers make regular visits to their patients' homes, and these friendly meetings can serve a double purpose. Besides offering care and conversation, the volunteer can serve the very practical purpose of simply sitting with a very ill patient so others in the home can get out for some perhaps badly needed rest and relaxation. One physician who works regularly with Hospice patients has nothing but praise for this aspect of the program. "One of the tragic things about cancer," he says, "is that it often destroys slowly before it kills. Even a loving family simply wears out after a time from the strain and grief. They want to care for the patient, want to make those last days as happy as possible at home, but this round-the-clock care can exhaust even the most dedicated person. But a volunteer who has become a friend of the family, who is trusted by the patient, can come in and simply be there once in a while so the family can go out to a movie, out to dinner, or for an evening with friends."

Most Hospice volunteers come to the movement by word of mouth and from simple humanitarian desires. They are from all income brackets and all ages. One volunteer, a woman whose husband is a leader in the business community of their city, says of her work, "This is something I can do that will have some real meaning to others who are less fortunate than I've been. Here I can get down to the nitty-gritty of making life a little better, a little happier for someone else."

Often though, the most dedicated volunteers are those who have had some personal contact with Hospice. One

young man, who had Hospice help as he had to watch his lovely 23 year old wife die of leukemia, became his area's most ardent volunteer worker. After the required year's wait following her death, he took the training program and began working with patients. In addition, he developed an interesting and informative speech and slide presentation, and now gives many talks each year to civic clubs.

The conscious decision to voluntarily end one's life at home, rather than in a medical facility, may seem extraordinary to those of us accustomed to the thought of hospitals as the place to die. It is, though, part of a grassroots and growing movement in health care, which is coming back full circle to practices customary before the turn of this century. Within the memory of many people living today was a time when most people, especially the elderly, died at home.

People then usually entered hospitals for severe—and potentially curable—diseases. Beds were filled with patients suffering from polio, smallpox, tuberculosis, and other common communicable diseases. However, with the outstanding advances in medical science within recent decades we've seen a significant lowering of incidences of these and similar diseases; a polio, smallpox, or tuberculosis patient is rare today. At the same time, we're experiencing an *increase* in hospital admittances for those suffering from the so-called chronic degenerative diseases. These are those that often occur late in life, are usually associated with advanced age, and frequently have no real hope of cure. Meanwhile, the costs for hospital treatment have risen to astronomical proportions.

In many cases there comes a time in the care of an elderly patient, and even in younger persons with diseases such as cancer, that treatment is no longer effective. Medical science has literally done all it can to help the person; cure is not possible and death is inevitable. When a doctor has to say, "I can do no more for you," when hospital treatment becomes simply supportive, Hospice can step in and fill the gap between ineffective, expensive hospital institutionalization and death.

One physician, whose wife was under Hospice care for many months before her death from cancer, understands both types of treatment. He says, "You can't say that either Hospice or hospital care is best. As long as there's any hope the patient can be cured, we should certainly use all the techniques and skills available in the modern hospital. But when the time comes that we know for certain the patient will die within a prescribed time, regardless of what we do, when treatment is no longer effective in halting the spread of the disease, then it's time to put the patient's comfort and emotional condition first. That's the time to consider arranging for Hospice care and to let the patient go



home. If we can't cure the disease, it's best to let the patient die with dignity."

Many terminally ill patients are now opting for that right, for the dignity of ending their days at home in the care of their families and among the familiar mementos of a lifetime of living.

Dr. Rezendes explains. "More people today are asking for and getting some choice in their health care programs. And this includes for some the desire to die in peace and with those one loves. We're going back to an idea our grandparents considered natural, only we can now offer new technology and greater expertise in pain control, so dying at home can be far more comfortable than it was in the past. Today, with Hospice care, we have the best of both worlds."

Pain is a signal that something is wrong with the body. It serves a useful purpose in alerting most of us to do something to stop an infection or functional disorder or heal a break. However, the often intense and chronic pain of the advanced cancer patient is a *useless* signal since the physician and the patient both know very well that something is wrong, but nothing can be done about the cause of the pain. The cancer is incurable so the pain serves no warning purpose whatsoever.

So the Hospice philosophy, knowing that pain is nearly always manageable with drugs or therapy, is to stop it *before* it starts, and to help the patient carry on as alert and comfortable an existence as possible. The director of a Hospice in a medium-sized Western town describes this procedure: "We study and work with each of our patients until we know what their individual pain cycles are, and then we give the pain-killer *before* the cycle is complete. If the patient has a four-hour pain cycle, for instance, we administer the drug every three and a half hours. We try to maintain a plateau of comfort."

In most traditional medical care, pain-killing preparations are ordered for "every four hours" or "whenever needed to alleviate pain." In most cases, this means the pain builds up *before* the drug is given. The suffering from these episodic periods of great agony, though, can drain the will-to-live of even the most resilient souls.

Also, studies show that pain is actually *increased* by the psychological knowledge that it is coming. The effect was demonstrated dramatically in a Canadian hospital recently. A test group of 92 terminally ill cancer patients were given the same dosages of the same pain-killer. Those who received the drug under the Hospice program of administering it *before* the pain struck reported significantly more pain relief than did the patients in the general medical wards who were given it on a four hour schedule. This study demonstrated a fact long known to physicians; less anxious and more serene patients require smaller doses.

(Continued on page 20)

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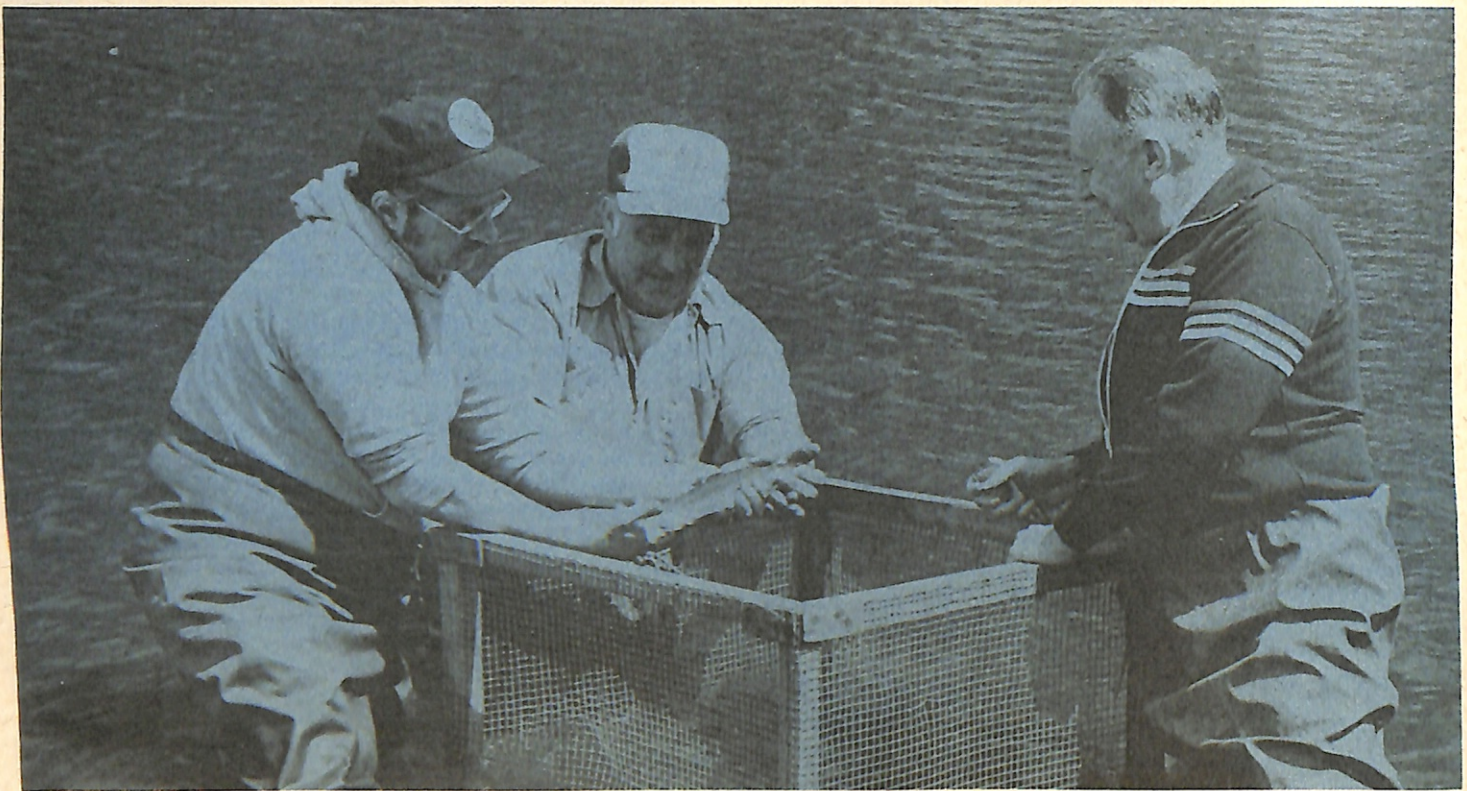
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# NEWS OF THE LODGES



Springfield, MA.

**SPRINGFIELD, MA.** Over 1,500 youngsters tried their luck at catching fish from the over 600 trout that were stocked in Barney Pond for Springfield, MA, Lodge's 19th Annual Fishing Derby.

Prizes awarded in a number of categories included fishing gear and other sports equipment, games, and — the top prize — a \$50 shopping spree. Over 150 prizes were donated by lodge members.

ER Henry Folvi and Chm. Dick Cote were assisted by over 40 Elks and the Springfield Parks and Recreation Department.

In photo Chm. Cote (left) and city workers admire one of the trout to be stocked in the pond before the fishing derby.



**LAWRENCEVILLE, IL.** The State Champion Lawrenceville Indians, winners of the 1982 Illinois High School Class A Basketball Tournament, were guests of Lawrenceville Lodge for a fried chicken dinner.

This is the third state championship team from Lawrenceville since the institution of the double-class tournament (Class A for smaller schools, Class AA for larger schools) in Illinois high school basketball.

Wausau, WI.

**WAUSAU, WI.** The Elks lodges of Wisconsin have donated \$20,000 to construct and equip a triple-unit kitchen in the new training center for persons with vision or hearing handicaps at the North Central Technical Institute in Wausau, WI. Shown inspecting the new kitchen, which will be used to teach daily living skills to vision or hearing-handicapped students, are (from left) then-SP Francis Kruse, Jr.; Al Kowalchuk, state Major Projects chm.; and Dr. Ronald Monica, president of the North Central Technical Institute Foundation, Inc.



**PUEBLO, CO.** Lodge reached and passed an historic milestone with initiation of a recent class and the issuance of membership card No. 10,000 to Brother Gary Shiflett. As member No. 10,000 Brother Shiflett also received a specially designed lapel pin.



**CINCINNATI, OH.** The Ohio Elks Association presented checks totaling \$930 to the VA Medical Center in Cincinnati. The money is to be used to replace and refurbish table games and to purchase 200 new bingo cards and a video cart.

**NATCHITOCHES, LA.** A former national "Hoop Shoot" finalist from Natchitoches, LA, Teresa Thomas, went on to have a brilliant career in girls high-school basketball. She has now been recruited to play at Northwestern State University of Louisiana at Natchitoches.

Teresa was a four-time All-State player for Trinity Heights Christian Academy teams that captured three Class AA state championships and one runner-up trophy in those four seasons. Although Teresa excels at other sports as well, basketball has been her first love ever since she participated in the national "Hoop Shoot" finals at age 12.

**GARDEN GROVE, CA.** Lodge, with the assistance of the Emblem Club, served a prime rib dinner to 240 senior citizens. After dinner the senior citizens danced to the music of the Windmill Dance Band, also furnished by the lodge.

On the same evening, the lodge and the Emblem Club were both honored by the Garden Grove City Council. A plaque was presented to each organization for their contributions to the community of Garden Grove.

**ARCADIA, CA.** Dick O'Shaghnessy (left) receives his Life Membership Card in Arcadia, CA, Lodge from jockey Eddie Delahoussaye and ER Duane Leonhard. Delahoussaye is well known for riding the winning mount in the 1982 Kentucky Derby.



Arcadia, CA.

**KEARNY, AZ.** Lodge celebrated its 10th anniversary and also dedicated its new lodge building. GER-designate Marvin Lewis was the keynote speaker at the ceremony.

**WILLIMANTIC, CT.** Lodge donated \$959 to Kevin Pratt, Jr. for the purchase of a new wheelchair. Kevin, a cerebral palsy victim, will be getting a lighter, specially designed wheelchair which will make his movements quicker and easier.

**BELLOWS FALLS, VT.** As a community service, Bellows Falls, VT, Lodge served two meals to 480 visiting firemen from throughout New England. The firemen had come to attend the funeral services of two Brothers, Dana Fuller and Terry Brown, who lost their lives in the line of duty.

**PLENTYWOOD, MT.** The Elks' ladies of Plentywood, MT, Lodge donated \$500 to Sheridan Memorial Hospital for the purchase of a digital baby scale. The ladies earned the money through dinners, bingo, and card-playing tournaments.

**ROTTERDAM, NY.** ER Jack Shiely (left) of Rotterdam, NY, Lodge presents a \$1,000 check along with a new portable radio to Raymond Slingerland, president of the Rotterdam Volunteer Emergency Medical Corps. The donation was part of Rotterdam Lodge's program to provide aid to local community service organizations, as well as being the kickoff of the ambulance corps' fund drive.

President Slingerland knows all about the charitable work of Rotterdam Lodge; he is a PER of the lodge.

**SHOW LOW, AZ.** The National Service Committee of Show Low, AZ, Lodge donated many needed articles, valued at approximately \$5,000, to the Fort Whipple Veterans Hospital at Prescott, AZ. These articles included lap robes, quilts, stocking caps, pillows, books, and ditty bags filled with toiletries, candy and gum.

Oranges and apples were distributed to the

patients, and many used small appliances were donated for use in the rehabilitation center of the hospital.

**TROY, OH.** Lodge has announced its area winners in the Most Valuable Student competition. Monica Grilliot and Theodore Rose are state winners of \$900 scholarships. Brenda Garman is a national finalist, assured of at least a \$1,000 scholarship.



Rotterdam, NY.





Dodge City, KS.

**DODGE CITY, KS.** The Elks lodges of Kansas purchased a bingo machine for the Kansas Old Soldiers Home, located near Dodge City. Dodge City Lodge furnishes the manpower to conduct bingo games at the home, and the lodges of the Southwest District furnish silver dollars for "Silver Dollar" bingo. These lodges contributed 100 percent to Veterans' Remembrance during 1981, which helped to make this gift possible.

In photo from left are Paul Cibolski, Hospital Chm., Wichita; Ray Stotler, Hospital Chm., Dodge City; Betty Edwards, home recreation director; and Wayne Etter, Southwest District Chm., Wichita.

**MT. CARMEL, IL.** Lodge conducted an extensive Easter Bunny program. The Easter Bunny's activities began when he spoke to 1,769 high-school students about the Most Valuable Student Program.

The bunny and his aides then visited 638 persons in five nursing homes and 72 persons in the local hospital. Gifts of candy and oranges were given to the shut-ins and also to kindergarten children (see photo).

The Elks also assisted the Kiwanis Club with its annual Easter Egg hunt. Then the bunny appeared at the lodge's Easter Sunday Brunch and visited with members' children.

**HUNTINGTON, NY.** Boy Scout Troop 106 held an Eagle Scout Court of Honor at Huntington, NY, Lodge. Each of the Eagle Scouts received an American flag which had been flown over the Capitol Building in Washington, D.C. The flags were donated by Congressman Brother Greg Carmen.

Also during the ceremony Brother John Sepp presented a check to Scoutmaster Jerry Sabricius. This donation by the lodge will be used for the purchase of new tents.

**PALO ALTO, CA.** The Community Association for Retarded (CAR) had a need for patio tables. The Palo Alto Elks Clowns came to their aid. Brother Barney Cohn (left) built six tables and benches, and the Clown group provided materials and help.

Also in photo are (from left) Martha Macias, director of CAR education, Brothers Carl Landi and Brad Vermillion; PER Bob McSweeney; Brother Lee Aldinger; B.J. Jost, Clown Chm.; and Brother Frank Fernandez.

**VANCOUVER, WA.** Members of Vancouver, WA, Lodge have visited Elks veterans at the Vancouver VA Medical Center every week for more than 35 years. All hospitalized Elks veterans receive coupon books each week for use at the hospital canteen.

**ROSEVILLE, CA.** Lodge recently held a mortgage-burning ceremony only ten years after the completion of the lodge building. The lodge now plans to make an addition to its facility, which will include an outdoor patio, racket courts, a swimming pool, and other recreational areas.

**CUYAHOGA FALLS, OH.** When the local lodge learned that the grandson of a member had been born with Crib Death Syndrome, the lodge purchased a special electronic monitor designed to prevent crib death. The monitor, too expensive to be purchased by the average family, was loaned to the boys' parents during the crucial first year of life. Today young Brian Hudak is a healthy boy and the monitor has been returned to the lodge.

Recently Cuyahoga Falls Lodge learned that the monitor was needed by a family in Tampa, FL. Through the cooperation of Tampa Lodge, the monitor was loaned to the family.

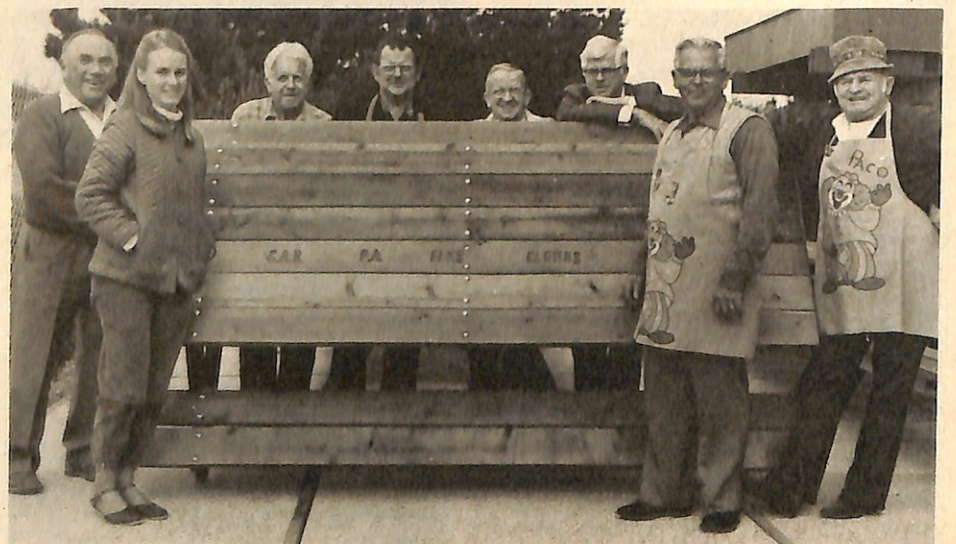
Cuyahoga Falls Elks wish that there were more units around the country. Hundreds of them are needed.

**DOVER, DE.** The local lodge presented five bullet-proof vests to the Dover, DE, Police Department. The lodge hopes that this will be the beginning of a community-wide effort to buy the 40 more that are needed.

Mt. Carmel, IL.



Palo Alto, CA.





**WILLISTON, ND.** Construction has started on a \$1.5 million addition to Williston, ND, Lodge. The addition is expected to be completed later this year.

The new addition will be completed first, before renovating the present facility, thus cutting shutdown time. Williston Lodge is believed to be the only lodge in the Order with a producing oil well on its property.

**NORTH PORT, FL,** Lodge, the newest lodge in Florida, was instituted earlier this year with over 400 charter members. The lodge didn't have to look far for an experienced publicity writer. Don Unferth retired in North Port after working as a Chicago White Sox publicist and traveling secretary for 32 years. Brother Unferth will be handling publicity for North Port Lodge.

**SIERRA VISTA, AZ,** Lodge honored its Mother of the Year in ceremonies at the lodge on Mother's Day. Mrs. Tova Bedolla was named Mother of the Year when her son Aaron's essay was picked as the best of 569 essays submitted by fifth through eighth-grade students from eight Cochise County Schools.

Aaron is a seventh-grader at Sierra Vista's Middle School and wrote his winning essay on the theme "Why My Mom is Best."

**AURORA, CO,** Lodge sponsored a picnic for the residents of Elks Laradon Hall in Denver. Aurora Elks and ladies from the auxiliary were on hand entertaining and serving during the program of western music, pony rides, and a super hamburger buffet.

Assisting with the pony rides were SP John Heard (left) and ER John Young.

**TUCSON, AZ.** Harry Steinberg, Blood Bank Chm. of Tucson, AZ, Lodge, received the American National Red Cross Certificate of Appreciation from Donna Wampler, Regional Field Representative, in a ceremony held recently at the lodge.

Miss Wampler said that in the three years Brother Steinberg served as Blood Bank Chm., 682 units of blood had been collected. Due to the multiple products made from the blood given, this enabled as many as 3,410 patients in hospitals throughout southern Arizona to continue living normal, healthy lives. She thanked Tucson Lodge for sharing the "Gift of Life" with its community.

**BROWNWOOD, TX.** Elks and Elks' ladies of the North Central District of Texas attended an Interlodge Clinic hosted by Brownwood Lodge. Two hundred members and guests were present.

Lodges represented at the clinic included Arlington, Breckenridge, Cleburne, Fort Worth, Mid-Cities, Sweetwater, Wichita Falls, and host Brownwood.

**NEW SMYRNA BEACH, FL.** In cooperation with the city recreation department, New Smyrna Beach, FL, Lodge is sponsoring six Tee League baseball teams.

Approximately 85 boys and girls, ages 6 to 8, are involved. The lodge's contribution of \$1,200 equals about one third of the total sponsorships.

**GRASS VALLEY, CA.** At a recent "Old Timers' Night" at Grass Valley, CA, Lodge, several length of membership awards were made.



Aurora, CO.

Receiving 50-year awards were Brothers Bill Tower, Al Joiner, and Henry Beck.

PER Art Hooper, a 45-year member, presented his cousin Alvah Hooper with a 70-year award. Alvah Hooper is the oldest member of the lodge.

These four brothers, with a total of 220 years of membership, entertained the members with some very interesting stories about the history of the lodge.

**WAUKESHA, WI.** Members of Waukesha, WI, Lodge for the fourth year made an Easter visit to the residents of Northview Home and Hospital. Over 170 residents joined in the musical fun and enjoyed cake, fruit, and Easter eggs, and most of all, a visit from the Elks Easter Bunny.

**WASHINGTON, DC,** Lodge recently celebrated its 100th anniversary. A banquet and dance were held to mark the occasion, and a letter of congratulations was received from President Ronald Reagan.

**WATERVILLE, ME.** The local lodge donated an \$800 scoreboard to the Waterville Boys and Girls Club to be used in their gymnasium.

**AMSTERDAM, NY.** A rare coincidence occurred during the installation of officers at Amsterdam, NY, Lodge. PER Cornelius Miller presented a PER pin to his son Patrick, outgoing ER, while PER Elliott Boice installed his son Richard as the lodge's new ER.

**CONCORD, CA,** Lodge donated \$1,150 to the Mt. Diablo Chapter of the American Cancer Society. The money was raised by the Concord Charities, better known as Concord Elks Bingo.

**MAUMEE, OH,** Lodge donated barbells, a table, and weights to Maumee High School, for use by the school's athletic teams. The gifts were presented by ER Charles Scott.

**PROVIDENCE, RI.** Then-ER Robert Sullivan, Sr. of Providence, RI, Lodge recently had the pleasure of initiating his own three sons—James, Robert Jr., and Richard—into the lodge.

**FOREST GROVE, OR.** Ray Lang, Veterans Committee Chm. of Forest Grove, OR, Lodge, presented a check for \$2,670 to Dave Bevens, director of volunteer service at the Portland, OR, Veterans Hospital. The money was for the purchase of six TV sets for use in non-ambulatory wards.

**KENOSHA, WI,** Lodge donated \$2,000 for cerebral palsy research. The funds were raised through the Elks' annual bowling jamboree.

**BROOKSVILLE, FL,** Lodge held a golf tournament to benefit the state Major Project, the Harry-Anna Crippled Children's Hospital in Umatilla. Two members scored holes-in-one.  
(Continued on page 29)





## Raymond V. Arnold Tells Senate Subcommittee of Elks' Response to President's Call

WASHINGTON, D.C. To alleviate some of the pressure created by cutbacks in federal spending for social service programs, the Elks will raise, on average, 13 percent more cash this year than last.

Appearing before the U.S. Senate Subcommittee on Aging, Family and Human Services, then-GER Raymond V. Arnold said, "Just saying we need stepped-up volunteer action isn't going to get the job done. We've got to have a clear-cut demonstration of the specific need.

"A call itself is not sufficient to mobilize a community into action. The need must be demonstrated and the means to correct that need must be simple and made clear before a response can be expected.

"Without clear-cut goals and support,

the call will not be heard by many, and it is very important that this call be heeded," Mr. Arnold added.

The Elks will increase their monetary donations this year from \$4 million to \$5 million, he reported, and that will be, by far, the largest annual dollar increase in the history of the Order.

Directing his testimony to Sen. Jeremiah Denton (R-AL), chairman of the subcommittee, Mr. Arnold told of the first veterans hospital—built in 1918 by the Elks and turned over to the federal government three years later.

And while there remains a traditional allegiance to the veterans returning from the war, the Elks also involve themselves in charitable programs that range from a national scholarship program for deserv-

ing college students to putting a bankrupt elementary school district back in business. Recently, a group of Elks in California gathered food and clothing for victims of the Fort Wayne, IN, flooding.

"Since the turn of the century, when we began keeping records, our members have contributed over \$380 million for charitable purposes," Mr. Arnold said. All of that money has been raised over the years exclusively through donations.

"The bottom line is that volunteerism is a viable alternative in this country to government spending in some areas," Mr. Arnold said. "It is obvious from the response that I have seen that the people of this country are prepared to respond to a call for increased voluntary effort. They only require the marching orders." ■



Raymond V. Arnold (right) testifies before the Senate Subcommittee on Aging, Family and Human Services to explain how volunteerism can succeed in replacing some government spending if the needs are clearly evident and the solutions apparent. Also testifying were John Putman (left), director of The American Foundation for Volunteerism and Wayne Calloway, president and chief executive officer of Frito-Lay Corp.



Charles Hagel (left), deputy administrator of the Veterans Administration, meets with Mr. Arnold.

Mr. Arnold (right) confers with Congressman G. V. (Sonny) Montgomery (D-MS), chairman of the House Committee on Veterans Affairs, to detail the Elks contributions to veterans over the years and reaffirm the Order's commitment to the hospitalized vet. Montgomery is one of the few remaining "senior" members of the House, having held his seat since 1966.



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# Celebrities who sued and collected

by William E. Miles



The recent \$800,000 libel award to Carol Burnett for a newspaper story that she charged damaged her reputation, is only the latest in a long series of lawsuits that have resulted in court settlements ranging from infinitesimally small sums to sizeable amounts of cash.

You can't be too careful about what you write or say about someone else. Have you ever called a doctor a "quack?" Or a lawyer a "shyster?" Or a butcher a "cheat?" Or a schoolteacher an "ignoramous?" If so, watch out for libel! At one time or another, these and the following phrases have all been held by courts to be libelous or slanderous: "liar, villain, swindler, informer, drunkard and fraud."

Harry Houdini, the famous escape artist, once sued for libel after a newspaper accused him of being a fraud. In court, he allowed himself to be securely handcuffed, freed himself in full view of the jury—and won the case!

And not long ago, Frank Sinatra joined the ranks of many other world-famous men and women who have received court awards for reflections on their reputations. In the singer's case, a London court granted him \$4,800 in damages against the British Broadcasting Corporation for reporting that he had obtained an Oscar-winning movie role through Mafia connections.

Other libel awards, large and small, have been made over the years to such notables in various fields as Theodore Roosevelt, Henry Ford, Winston Churchill, Senator Barry Goldwater of Arizona, Western sharpshooter Annie Oakley, British artist James MacNeill Whistler and Alabama football coach, Paul Bryant.

The Alabama "Bear" was awarded more than 3 million dollars in damages

against *The Saturday Evening Post* for reporting that he had conspired to "fix" a college game. On the other end of the scale was the farthing—one fourth of a penny—collected by Whistler, after he took British art critic John Ruskin to court in 1877 for saying of his picture, "Nocturne In Black and Gold," that he was "flinging a pot of paint in the public's face." And verdicts of only six cents were returned in favor of Roosevelt and Ford.

In 1913, Roosevelt sued a Pennsylvania newspaper publisher for calling him a liar, drunkard and poor loser during his campaign for President on the Bull Moose ticket. The trial lasted six days and Roosevelt testified in his own behalf. Ignoring the other insults, he defended himself solely against the drunkenness charge. He testified that, while he was not a total abstainer and kept wine, whiskey and brandy in the White House, he was "very abstemious." A jury awarded him the six cents—plus a decision that he could carry his liquor like a gentleman.

Ford received his six-cent verdict in 1919 in a libel action against the Chicago *Tribune*, after it published an editorial entitled "Ford Is An Anarchist." The case convinced the jury that Ford was no anarchist, but it also revealed some real gaps in his command of history and the English language. It was during this trial that Ford, under cross-examination, defined Benedict Arnold as a "writer" and defined an idealist as "one who makes profits for other people."

Such small verdicts, under the laws of libel, are returned for "general" or "compensatory" damages for loss of reputation, shame or hurt feelings. On the other hand, "punitive" damages are the usually much larger sums awarded for statements published with actual malice in mind. Of Coach Bryant's record-high award, the jury decided on 3 million dollars for punitive damages and \$60,000 for general damages. An appeals court later reduced the entire amount to \$460,000—but it was still one of the largest libel judgments in the history of the American courts.

Another example of punitive damages was the bulk of the \$175,001 awarded the late magazine writer, Quentin Reynolds, in a 1954 libel suit against Westbrook Pegler. Pegler had called Reynolds a nudist, a coward and a pro-Communist, and had claimed he proposed to the widow of the late newspaperman, Heywood Broun, on the way to her husband's grave. The one dollar was for general damages to Reynolds's reputation; all the rest was awarded as punitive damages, or "spite money," to deter any repetition of the offense.

In 1969, a federal court jury also award-

ed one dollar in compensatory damages, but \$75,000 in punitive damages, in favor of Senator Goldwater against magazine publisher Ralph Ginzberg, who was found guilty of "actual malice" in devoting a special issue of *Fact Magazine* to the mental state of Goldwater at the time he was running for President in 1964.

Winston Churchill collected handsomely in 1947 for "an injury to his reputation" contained in a footnote to the book, *Dinner At The White House*, by Louis Adamic. The footnote reported that "motives for the British policies in Greece were at least partly linked to the fact that the Hambros Bank of London, the chief British creditors of Greece, had bailed Winston Churchill out of bankruptcy in 1912." Churchill contended that he had never been near bankruptcy and, in any event, would never have let his private interests influence high state policy. The court agreed—to the tune of \$20,000.

In 1937, the late Duke of Windsor filed a libel suit against Geoffrey Dennis, an English writer, who in *Coronation Commentary*, a book about the Duke's abdication, charged the former monarch with malfeasance. "The real cause of the abdication was not the marriage (to Wallis Warfield Simpson) but other misdeeds," claimed Dennis. He went on to assert that, in critical times, King Edward VIII "was giving way to drink...that there were things left undone...duty neglected...papers held up...muddling...fuddling...meddling." Dennis paid \$50,000 in damages and was ordered to withdraw the book from circulation.

In 1934, a motion picture studio—Metro-Goldwyn-Mayer—paid one of the largest libel verdicts ever returned up to that time when a London jury awarded \$126,875 to Princess Youssoupoff. She claimed that the part of Princess Natasha in the film, *Rasputin, The Mad Monk*, was a libelous fictional portrait of herself. In the picture, Natasha is obviously headed for the traditional "fate worse than death" at the hands of Rasputin when a timely fade-out intervenes. The jury agreed with her attorney that in the picture "a married lady with a daughter is depicted to the public as a woman defiled by a blackmailer."

Win, lose or draw, such cases show that you can't be too careful what you write or say or depict about someone else. Libel is defamation—written, printed or portrayed—which injures someone's reputation or holds him up to hatred, scorn, ridicule or contempt. Slander is similar defamation uttered orally.

A Denver schoolteacher whipped a third-grade pupil in front of the class, and the angry mother went around later say-





# Celebrities

ing: "Why, the woman must be insane!" When the case went to court, a jury decided that not even an outraged parent has the right to reflect on the sanity of a schoolteacher, and it awarded damages.

Businessmen must also be wary of libel—especially when collecting their debts. A mid-western correspondence school once mailed a young man a long series of rebukes in regard to his overdue tuition. One of the letters said: "Honest men pay their debts. Dishonest men do not. Classify yourself." The young man, after receiving a score of such missives, took

the matter to court. A jury assuaged his mental anguish with a \$500 award.

Sometimes even the spark of a written or spoken word isn't necessary to touch off a heated court action. Not long ago, an Oklahoma man sued the Oklahoma Gas & Electric Company for \$15,000—contending that his wife suffered defamation of character when a bill collector arrived and angrily demanded payment while she was entertaining her garden club!

A Canadian churchgoer, in a burst of unChristian spleen, contended in court that he had been libeled by another member of the congregation, who had intentionally overlooked him while taking

up the collection. This, he claimed, reflected on his financial standing in the community by making it appear he couldn't afford to contribute to the church. He won a five-dollar verdict.

Newspapers, because of the speed of their composition, are particularly vulnerable to libel suits. No action can be brought against a newspaper for printing a fair and true account of any judicial, legislative or other official proceeding unless actual malice is proved, but errors of fact or typography are not so exempt.

A number of years ago a woman who gave her name as Cody was arrested on a theft charge. When police asked her if she was any relation to Buffalo Bill, she said she had done all the shooting in his Wild West show before she got hooked on drugs. About 50 newspapers which ran the wire-service story that the famed "Annie Oakley" had been caught stealing to support her drug habit were successfully sued by the real Annie Oakley, who proved that she had never taken drugs or spent a day in jail.

In another story, a local merchant, whose hobby was hunting, was described as a "sharpshooter"—a phrase intended to convey that he was a good marksman. The merchant threatened a libel suit, however, because that year's edition of Webster's Dictionary listed a secondary meaning of "sharpshooter" as: "One who tries to beat down prices by false price quotations." This time, an explanation and apology sufficed.

The charge of "actual malice," although harder to prove, was recently upheld by a Canadian court in the case of a British Columbia cabinet minister, William Vander Zalm. He was awarded \$3,500 in libel damages against the *Victoria Times* because of an editorial page cartoon that showed him gleefully pulling the wings from flies, which he claimed depicted him as having "a cruel and sadistic nature."

## Hawaii Convention Brochure

The official Registration Brochure for the July, 1983, Grand Lodge Session in Hawaii is now available through local lodges. The brochure contains complete information of official Convention Travel Programs and a variety of Pre-and Post-Convention Programs to Oahu's neighbor islands.

In the September issue of the *The Elks Magazine*, an official Convention Announcement and Registration Coupon will also be made available. Indications are that Hawaii will be a very popular Convention, which suggests early registration for accommodations.

Anchor International, 400-1 Totten Pond Road, Waltham, MA 02154, is the official Convention Coordinator for the Grand Lodge.

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In the United States, Senator William Proxmire not long ago gave one of his periodic "Golden Fleece" awards to a scientist, Ronald Hutchinson, who had received a \$500,000 government grant for a study of aggression in monkeys to help the Navy and NASA select better crewmen for submarines and spacecraft. Incensed by Senator Proxmire's reference to the project as "monkey business," Hutchinson filed an 8 million dollar libel suit.

The U.S. Supreme Court rejected Sen. Proxmire's argument that he was insulated from libel suits by the Constitution, which states: "For any speech or debate in either House, members may not be questioned." The court ruled that while Congressmen cannot be held liable for what they say on the floor of Congress, they must assume responsibility for what they say in letters or news releases.

Because of the ever-changing rules in the libel law, attorney and author Arthur Train once confessed: "Today an attorney is loathe to advise his client one way or another in a libel action, however simple the facts may be. He knows that too many simple cases in the past have been decided two or even three different ways by courts of various states; sometimes by courts of a single state. The fundamental trouble lies in the fact that the law of libel is a subtly growing body.... Radio, motion pictures, photographs—all present distinctly new problems for the law."

Since then, television has entered the picture with the filing of a 44.7 million dollar libel suit against the CBS program *60 Minutes* by Army Lt. Col. Anthony Herbert. The officer claims he was made to look like a liar when the program challenged his claim that he had been relieved of his command for reporting U.S. atrocities in Vietnam.

In a landmark libel decision, the

Supreme Court gave Col. Herbert added teeth to bite back at his accusers by ruling that newsmen must answer questions about what they were *thinking* when preparing reports that result in libel cases. Thus, libel laws are constantly changing and, in the last analysis, like any other laws, are what a judge or jury says they are. For as Morris L. Ernst, an attorney who specialized in libel cases, once observed: "No branch of the law is as bewildering in its contradictions, as involved in its reasoning, as mercurial in its changes as the law of libel and slander."

Because of conflicting court opinions, lawyers generally agree that the only time it's safe to perpetrate a libel is when

you're dead. But despite this legal consensus, a verdict was once returned against a dead man.

The man and his wife had been separated for years, and upon his death he failed to leave her a specific bequest and referred to her in scurrilous terms in his will. The widow sued her late husband's estate and was awarded a major portion of it by a judge, who described the will as a particularly malicious document. The judge declared that libel in a newspaper or elsewhere might eventually be forgotten, but that the will would remain on file forever and that the vile language would be seen "by generations yet unborn who might have dealings with the estate." ■

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### Honolulu Recinds Entrance Fee Requirement

For the past several years, due to a Honolulu City and County Liquor License Law affecting private clubs, the Honolulu, HI, Lodge No. 616 has been obligated to administer the issuance of a temporary (7 day) Elks card to all Elks (non-Honolulu members) who enter the premises. A fee of \$1.00 has been charged for this card and parking permit.

Although the same requirement is still in effect, commencing April, 1982, the charge has been recinded. Henceforth, Honolulu, HI, Lodge No. 616 will absorb the cost of this function. In so doing, they wish to apologize for the inconvenience and member cost of the past and welcome (with a warm Aloha) all Elks, their ladies, families and guests to enter the premises *free of charge*.



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**MEDICINE  
& YOU**

by Larry Holden

**HEADACHES (PART II) & MORE**

Following up on last month's column, here is some critical information on the four primary types of headaches and some practical pointers on how to ease the intense pain of the oh-so-numerous headaches. If you—like me—are a chronic sufferer of at least one kind of headache, perhaps clipping "Headache Types and Helps" could be a first step in delivering you some substantial relief.

**HEADACHE TYPES & HELPS**

• **Tension headache**—This is a headache caused by the tightening of the muscles in the head, neck and upper back. Simple analgesics, such as Anacin or Bufferin, may help the pain. Nearly everyone has this kind of headache at some time or another, and they range in intensity from slight to severe. Usually the whole head is involved and sometimes the back of the neck also. Instead of taking medicine, non-drug clinics teach the patient to use visualization, autosuggestion or other non-medical techniques. Heat, massage and exercise may also be recommended. When tension headaches are chronic, they are often associated with depression.

• **Classic migraine**—This type of headache has been shown to run in families. Many migraine victims can point to a parent or grandparent who was also a migraine sufferer. These headaches usually appear on one side of the head, but can move to the other. Migraines are often very severe and may vary greatly in duration and frequency. The victim generally sees an aura, such as flickering lights or sparkles, before the onset. Drugs usually don't help or they are not effective for long, probably because after a while they suppress the production of endorphins, the body's natural pain "medicine." Eliminating alcohol, especially whiskey, champagne and red wine, is important. Also, cutting out such foods as chocolate, aged cheeses, broad-pod beans, such as limas and black beans, and processed meats, like smoked sausage and hot dogs, is suggested as part of the treatment plan. The "baddies" for migraine sufferers are food and beverages containing alcohol and certain chemical compounds, called amines, that have nitrogen in their make-up. The worst offenders are beverages such as wine and bourbon, which contain both alcohol and tryamine, and chocolate, which has a high concentration of phenethylamine. The reaction of the migraine sufferer is particularly negative to these items because of the concentration of the chemicals to which he or she is sensitive.

Red wine, therefore, is more likely to provoke a migraine than white wine.

• **Common migraine**—This is a type of migraine attack. The common migraine is similar, but not the same, as the classic migraine headache. There is, for example, no aura, but the common migraine is usually of longer duration and increased frequency.

• **Cluster headache**—The pain is so great with a cluster headache that the victims may retreat from life. Even greater than the chronic headache sufferer's pain, may be their fear of pain. This is especially true for the cluster headache victim. They are engulfed by the feeling that, because of the possibility of a cluster headache attack, they can't go anywhere, can't plan anything. One victim described the progress of his attack as pain starting behind his eyes, moving down the jawbone and encompassing his teeth and the area around them. Cluster headaches may also occur in other areas of the head. Patients who experience cluster attacks say they know when one is coming on because just before it hits they have a special feeling of peace and calm. My wife, explains one victim, says she knows I'm going to have one before I do because I get a blank look on my face. Visualization and relaxation techniques are employed in the treatment of patients who suffer from cluster headaches. In addition, cluster headaches can often be aborted by the use of oxygen. Eliminating alcohol is important, while dropping those foods which seem to trigger migraines may sometimes help the cluster sufferer.

•••

One out of every five people suffers from them. More than 500 over-the-counter remedies claim to cure them. More exotic cures include dandelion juice, eel's skin, a slice of raw potato buried during a full moon and the touch of a dead man's left hand. All of these are used to get rid of the persistent skin protrusion known as warts.

Despite years of study, even the top medical experts now say the most effective treatment for most kinds of warts is psychotherapy. In other words, positive thinking. "Warts can be made to go away by something that can only be called hypnotic suggestion," notes Dr. Lewis Thomas, the president of the Memorial Sloan-Kettering Cancer Center in New York City. The well-known researcher points out that warts are never cancerous.

The phenomenon of a patient thinking a wart away has a medical explanation. The patient,

*(Continued on page 20)*



# on tour with Raymond V. Arnold

At Green Valley, AZ, Lodge, then-GER Raymond V. Arnold (second from right) was accompanied by (from left) GER-designate Marvin Lewis, and PGERs Gerald Strohm, Horace Wisely, and R. Leonard Bush. During his visit, the then-GER looked over Green Valley's plans for a new \$600,000 lodge building.



Then-GER Raymond V. Arnold (right) visited three lodges in Nebraska. A highlight of the visit was a tour of the State Capitol Building in Lincoln. During the tour, the then-GER was greeted by Gov. Charles Thone, a life member of Lincoln Lodge, who commissioned Brother Arnold as an Admiral in the Great Navy of the State of Nebraska.



During his visit to Newport, RI, Lodge, then-GER Raymond V. Arnold (third from right) was accompanied by other Elk dignitaries. From left are Grand Trustee Alfred Mattei, then-ER Richard Reed, PGER Leonard Bristol, then-GER Arnold, SDGER Fred Quattromani, and GL Committee-man Arthur Kochakian.



While attending the Arizona Elks Association state convention in Tucson, then-GER Raymond V. Arnold (left) observed the Annual "Miss Ugly" Contest. One of the runners-up (PER Kenneth Blackman of Clifton Lodge) tried to "make some points" with the then-GER.

When then-GER Raymond V. Arnold (center) visited Bend, OR, Lodge, he was presented with a mounted set of elk's antlers. From left are PGER Frank Hise, SDGER Ned Cox, then-GER and Mrs. Eleanor Arnold, and ER Michael Batchelor.



## MEDICINE & YOU

(Continued from page 18)

explains Dr. Thomas, issues a mental "command to shut down the flow through all the pre-capillary arterioles in and around the warts to the point of strangulation. The technique works only if the patient believes in it."

Even without treatment—unorthodox or not—a wart still will go away. About 40 percent of common warts resolve themselves naturally.

People may credit an over-the-counter medication for getting rid of a wart, but after studying warts for more than 35 years, Cincinnati dermatologist Dr. Leon Goldman confirms that such remedies are harmless and their only value is psychotherapeutic. Dr. Goldman headed an extensive study that discovered that warts are caused by five different kinds of polyoma viruses. A wart develops when the virus infects a skin cell, stimulating the cell's growth and maturing into a fleshy mound.

For severe cases, several expensive, bold techniques are being pioneered in various research centers across the country. One is a regimen of newly invented medications, variants of such drugs as interferon, that raise the body's resistance to the polyoma virus. Another is laser surgery and the third—and perhaps most promising—is an inoculation of an extract, custom-made from a patient's own wart infection.

For simple warts, surgery is always the last resort because of resulting, often painful, scars. Another problem with surgery: about half of all surgically removed warts grow back. ■

## HOSPICE

(Continued from page 7)

Critics of the Hospice philosophy of pain relief point out that dependence upon a pain-killing drug could easily lead to addiction. But, reasons one physician, "Isn't it a bit irrelevant to be seriously concerned about a possible addiction in a person whose life expectancy can be measured in days or weeks?" Also, the patient's own physician, working in consultation with the Hospice physician, always remains the one to make the decision as to just what and how much of a drug he or she will receive.

The often constant physical pain of advanced cancer is difficult enough for a patient to bear. Just as debilitating, though, can be the almost unbearable emotional ache of loneliness if the patient feels shut out from the world of family and friends. Most hospitals of necessity restrict visiting hours to two or three hours per day. And most post a notice in the lobby that warns "No children under 14 allowed above the first floor," so small children may never visit ill parents or grandparents.

In her excellent book titled, *To Live Until We Say Good-Bye*, Dr. Elisabeth Kubler-Ross, an ardent advocate of the Hospice philosophy, describes the benefits that accrue when children may remain near a dying parent or grandparent.

After mentioning some of the modifications that have to be made in an average home to accommodate a seriously ill patient, she says, "...these little short-coming and adjustments that the children had to make were more than compensated by the presence of their Mommy, who was still able to wave to them, to touch and hold their hands and smile at them. Many children were held in Mommy's arms and again and again said, 'Mommy, I'm so glad you're home.' The most important thing, no matter how ill a patient is, is for a child to be near his or her mother or father, to have them physically close and not isolated and away at a hospital where children may not visit."

One young mother, dying of leukemia, expressed her own thoughts about being near her children during her last weeks with equal poignancy. "Just knowing I can be home with the children gives me a reason to wake up each morning, the determination to make it through one more day. This way I can still talk with my daughter about the joys and responsibilities she'll discover as she grows into womanhood. I can still help my little son with his math homework. Knowing I'll be able to share their days until mine are over makes the dying bearable."

Does the more cheerful and personal atmosphere of Hospice care actually enable patients to live longer than they might in a hospital? "That's hard to say," remarks



## THE JOY OF GIVING

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Elks involved in fund raising for the National Foundation in Massachusetts are promoting the concept of "Heart Month" fund drives in the lodges. The annual "Heart Month" drive of Framingham, MA, Lodge was dedicated this year to the memory of the late lodge Secy. Ralph Nelson, PER. Pictured from left are PER John Donohue, Jr., lodge ENF Chm.; ER John Carpenter, Jr.; and PDD Edward Mahan, State ENF Chm.



PER Charles Beckley of Bend, OR, Lodge is shown with his grandchildren, all members of the National Foundation. From left are Ashley Carson, 3, Cole Carson, 2 months, and Andrew Beckley, 11 months.

ER Ronald Delgado (right) of Orlando, FL, Lodge paid tribute to the physicians who administer to the patients at the Florida Elks Harry-Anna Crippled Children's Hospital at Umatilla. From left are Hospital Administrator Jim Oliver, who presented plaques to J.G. Matthews, M.D., for 27 years of service; J.C. Flynn, M.D., for 23 years; and C.T. Price, M.D., for 5 years.





one Hospice administrator. "I do firmly believe they *enjoy* the last days more, however, I can't help but think of one woman we worked with last year. She was brought home by her family almost comatose, with a prognosis of only days at most to live. Realizing she was home, though, she rallied a bit. Upon learning a dearly loved granddaughter planned to be married the next month she began to really perk up. She decided that she was going to see that girl's wedding. And she did! Then she died a couple of weeks later. But her last weeks were very happy ones. I never cease to be amazed at the power of the human spirit."

On a purely practical note, Hospice can help allay one of the biggest fears of the terminally ill patient—that of saddling the family with the astronomical costs of extended hospital care today. It is very difficult for most people to maintain peace of mind knowing that daily bills of \$150, \$200, or more are mounting and will have to be paid by someone. The cost for a 90 day hospital stay for a terminally ill person in the average medium-sized town in this country today is about \$14,000, plus medicines. That person could receive expert and loving care at home under Hospice guidance for the same 90 days for around \$1,500. This would not include the doctor's care, but would include regular visits by a nurse, the services of a social worker, and the friendship and support of a skilled volunteer.

One Hospice, in fact, has estimated that its 81 patients in 1980 saved a total of well over \$1 million, simply because they were cared for at home rather than in a hospital.

Watching a family member die is not easy for anyone, and it might be easier to ask, "Wouldn't it be less hard on the family's emotions *not* to have to see the daily deterioration of a loved parent, grandparent, or child?" Ms. Rezendes answers, "No, because the family would still see the sick person suffer in the hospital. In addition, in many cases they would probably have to deal with a deep sense of guilt that could last long after the patient has died. We've learned that when a family is active in caring for a dying loved one, when they actually participate in the physical care of that person, they find the eventual death much easier to bear. They feel that they did all they could at the end. It's a very comforting thought."

Nellie Ortiz realized this when she decided to spend her last months at home. "It's hard for them to watch me die, I know. But this way is really better. This way they see me die a little bit every day, so when the time finally comes it won't be such a shock to them."

No, dying is not easy. But it is as natural as birth, and Hospice is helping many experience the transition to death with dignity. And with love.

*Hospice organizations exist in every state of the United States today and are*

*available to any terminally ill patient who is recommended for the program by his or her personal physician. If you or someone in your family would like information on how to join the program as a patient,*

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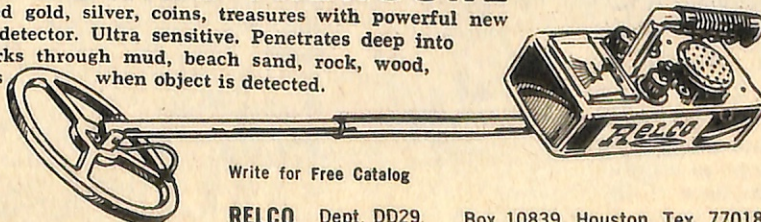
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## Welcome To The

# BAHAMAS

by Jerry Hulse

The sign says simply, Welcome to Paradise. That's it. No banners, no neon, no nonsense. Just this simple salutation to those who cross over the bridge from Nassau in the Bahamas to Paradise Island. For more than 20 years Paradise Island has been a refuge for vacationers. Only now there's a new awakening and locals are asking: Will success spoil Paradise? The kingpins who are developing Paradise say no—no more than good times have spoiled Portofino, Bora Bora and other toasty destinations from here to Zanzibar.

As islands go, Paradise is just a speck in the Atlantic. It's where Howard Hughes disappeared several years ago for a spell and where vacationers soak rays and wager bets in Paradise's spiffy casino. Newly opened is a penthouse apartment that rents for \$4,000 a day. The \$4,000 penthouse apartment rises above the new 14-story Paradise Grand. And so what does one get for 4,000 bucks a day? Well, guaranteed privacy (a guard at the door 24 hours a day), a butler, a maid and a chef. Altogether, the Paradise Grand's penthouse covers more than 7,000 square feet, including a landscaped foyer, a dining room, living room, a bar, a wading pool, four guest bedrooms and a master bedroom with wide-screen TV, a sunken tub and skylight that opens and closes at the press of a button.

Next door to the Paradise Grand, the Britannia Beach Hotel undraped a new wing in December, making the Britannia

the biggest hotel in the entire Bahamas. Besides 600 rooms, the hotel does business round the clock with nine restaurants, a \$1-million theater show and a casino with 400 slot machines, a couple of dozen blackjack tables, roulette and baccarat.

I recall when a ferry ran regularly from Nassau and anyone with two bits to spare could buy passage to Paradise. The island was owned by Huntington Hartford of A & P fame who gambled more than \$20 million that vacationers would make Paradise pay. And they did. Hartford created a slick resort, the Ocean Club, with tennis courts, a boat harbor and a string of snazzy restaurants. Cafe Martini-que was as charming as Paris and as chic as Tour d'Argent. With only 71 rooms, the Ocean Club is rated the tops in the Bahamas. It's used as an escape of sorts by celebrities. Only recently an Arab sheik checked in with a retinue of servants, bodyguards and other household help. Europeans come for two and three weeks at a time. Others return four and five times a year. A colonial mansion—the club's centerpiece—is surrounded by gardens, fountains and villas. Nearby, Hartford assembled the 12th-Century cloister that once belonged to William Randolph Hearst. In the early stages Huntington Hartford installed a dredging machine to reclaim 40 acres of ocean for his golf course on Paradise Island. Then he pumped back water into three man-made lakes, planted a ton of seed, trucked in palm trees and sent out word to golfers

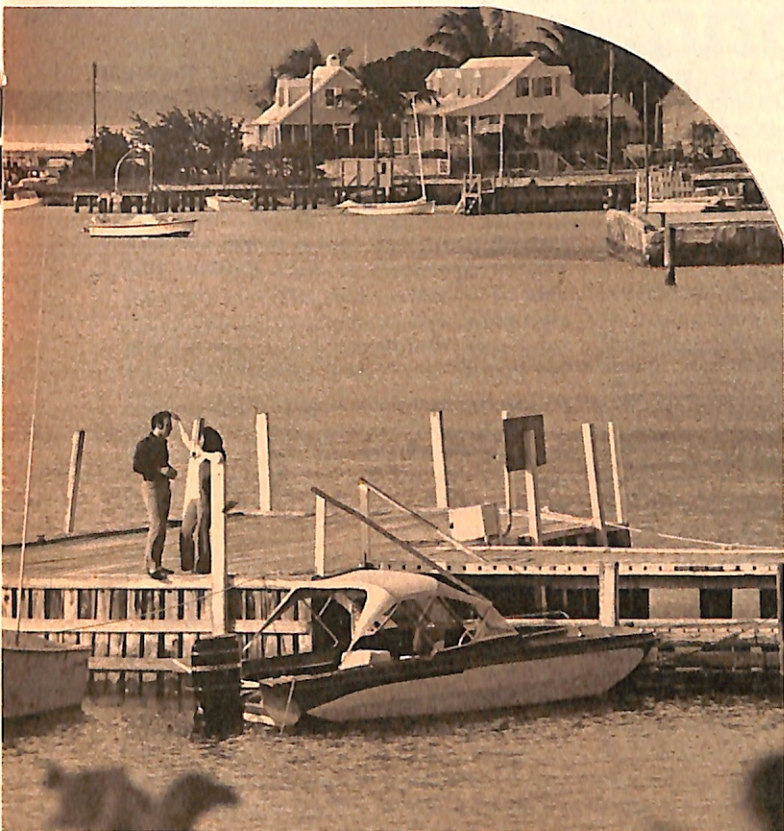
across the land that Paradise was ready to play. After this the casino was installed down the road alongside the Britannia Beach Hotel.

Back across the bridge in Nassau (a 30-second cab ride) other vacationers are discovering the charm of Graycliff, a rambling old guest house with 14 nifty rooms. Operated by a couple of displaced Italians, Enrico and Anne Maria Garzaroli, it has attracted the likes of Princess Caroline of Monaco, King Constantine of Greece, Prince Fahd of Saudi Arabia, author Arthur Hailey, comedian Bob Hope, Mrs. Martin Luther King, Arab sheiks, the Beatles and dozens of film stars. The Garzarolis took up residence in the 235-year-old colonial manse after Princess Radziwill (Jackie Kennedy's sister) moved out. Earlier, Graycliff provided shelter for an array of British brass while the Union Jack fluttered over the Bahamas. In residence at various times were Sir Winston Churchill, the Duke and Duchess of Windsor, the Duke of Kent, Lord Beaverbrook, Lord Mountbatten and, most recently, Prince Charles.

Palms and breadfruit trees provide shade alongside a swimming pool in Graycliff's impressive garden. There is furniture from the manor's colonial period and a restaurant and wine cellar that the proprietors tout as "the finest in the Bahamas and the entire Caribbean." If not the finest restaurant in the Bahamas, Graycliff rates No. 1 for romance. Nat Brooks, a pianist, does requests—par-



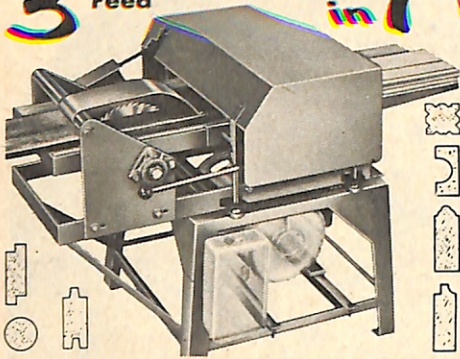
*The lush, picturesque beauty and tropical atmosphere of Harbour Island (below and right) and Nassau (bottom), as well as the other Bahama Islands, rarely fail to charm and delight visitors.*





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# BAHAMAS

ticularly the theme from "Casablanca" — while candles flicker in hurricane lamps and breezes blow through the open windows. Drinks are served in a parlor with a scattering of sofas, and meals are taken in four small dining rooms as well as the terrace.

Meanwhile, off on Harbour Island, another speck in the Bahamas, guests at Valentine's Inn sip drinks and study the sunset from the inn's landing dock. A sign at the entrance announces: "Happy Hour Drinks, \$1.50; Hot Conch Fritters, Two for 25 Cents." Next to the sign there's a bird cage filled with hibiscus blossoms and through the door deep sofas are scattered around a parlor, with fans in the ceiling. A chess set is spread out across a coffee table and ship's lights and hurricane lamps shine at night. It is the sort of setting Hemingway or Steinbeck would have woven into a novel.

Valentine's isn't elegant; the rooms are only ordinary, not the sort one sends home postcards about. Still, there's a certain feel, a warmth that sets Valentine's apart. Valentine's is a combination resort, marina and yacht club featuring home cooking, informality and a friendliness that's contagious. Especially for anyone who's an island freak. White-haired Jack Valentine, an ex-hospital administrator, came down to the Bahamas from Virginia and bought himself a piece of Harbour Island. Sharing the innkeeper duties, his wife Gloria reigns in the kitchen, turning out fresh baked grouper, lobster, peas and rice, homemade bread, stuffed tomatoes, johnnycake and fresh guava pie. Dinner at 7:30 is accompanied by candlelight, wine and relaxing melodies played by a local troubadour.

In the same general area, half a dozen other resorts are clustered next door to the sleepy settlement of Dunmore Town with its clapboard houses, a couple of groceries and little else. The slickest of the lot is Roy Schmidt's Romora Bay Club, where a hibiscus-lined path leads downhill to a private beach, a dock and a harbor-side restaurant. The resort's 32 rooms are scattered across 10 acres of palms and tropical blooms, with No. 7 smack on the water. At Romora, Schmidt raises his own vegetables and there's fish fresh from the sea. Guests gather in the resort's airy, open bar to down rum coolers and talk about the day's dives and listen to calypso music. Although only an hour from Miami, Schmidt's small hideaway is a lifetime removed from the frenetic pace of the jet setter. From Miami and Nassau, guests are flown to Eleuthera, and from there it's only 10 minutes by water taxi to Harbour Island and another world. At the Romora Bay Club, gardens are shaded by poinciana trees and there's the heady fragrance of night-blooming jasmine. Guests snorkel among the reefs and sun-

bathe on Harbour Island's spectacular pink-sand beach. And later they dip into a hot tub before tasting of the rum.

Former Hollywood TV actor Brett King and his wife Sharon host other vacationers at their Coral Sands Hotel that overlooks the same pink sand beach where guests of Valentine's and Romora sunbathe. Bicycles and golf carts are available for sightseeing, and there's a game room with a pool table, Scrabble and other evening offerings. Actor Raymond Burr is a regular next door at Allen Malcolm's Pink Sands resort. Malcolm tells how Pink Sands is the oldest hotel in the Bahamas under "continuous one-owner control." Dunmore Beach Hotel is another gem, with half a dozen cottages hidden among the loveliest gardens this side of Paradise. The lobby is crowded with books and rattan furniture and hanging plants. And there's a terrace that faces the ocean, with other rattan tables and chairs. Each of the resorts packs guests off to deserted beaches along with picnic lunches. There also are day trips to the neighbor island of Spanish Wells where religious separatists arrived from Britain in the 1650s.

On Spanish Wells there's never been a serious crime. The magistrate goes months, sometimes years, without a case. On the entire island there are only three policemen, and their job is a gas. They have little to do other than pass out an occasional traffic citation to speeders—anyone traveling faster than the posted 15 m.p.h. Less than two miles long and up to a quarter-mile wide, Spanish Wells lives in another time. It has no movie house. There is no live theater. Only in recent years has it made a bid for the tourist.

My own particular hideaway in the Bahamas is little Green Turtle Cay: No unemployment, no hangups, no crime. If you're thinking about getting lost you could do worse. More than one refugee from the rat race has succumbed to its serenity. Peace. That's what it's all about. If one is annoyed by the slow pace, then flee to Nassau. Well, granted there are boating and swimming, fishing and sunbathing. But beyond that, little else will get the adrenalin flowing.

The Blue Bee is the nearest thing to a nightclub one is likely to find on the entire island. Miss Emily, bless her, gives her customers the impression they've discovered another Copacabana. It's not, of course. The Blue Bee is really rather tacky, but with loads of atmosphere. A couple of tables with fold-up chairs face hundreds of business cards tacked to the walls by departed customers. One tippler pinned up his American Express card. Another gave Miss Emily the shirt off his back. A woman left her purse. But don't get the idea these are your garden variety, forget-your-cares type of tourists. They get some famous names at Miss Emily's, too. Glen Campbell for one. Mel Tellis for

(Continued on page 28)



# ELKS NATIONAL SERVICE COMMISSION

"So long as there are disabled veterans in our hospitals, the Benevolent and Protective Order of Elks will never forget them."

## Honor Roll

### of District Deputies 1981-82

The Elks National Service Commission is privileged to list the outstanding District Deputies and State National Service Committee Chairmen whose leadership produced 100 percent participation in the 1981-1982 Veterans Remembrance Participation Report. We further acknowledge our gratitude to Grand Lodge State Associations Committee member Marland Deen who supervised this significant contribution to the welfare of America's hospitalized veterans. We record with pride the accomplishments of the following 1981-82 District Deputies:

P. H. Higginbotham/AL Central  
Ronald Baraglia/AL North  
E. C. Thompson/AL South  
Harold W. Davis/AK Central  
Richard J. Hatcliff/AZ Central  
Roy A. Mendoza/AZ East  
Floyd L. Pigg/AZ North  
George F. Kroehl/AZ South  
Gordon Hunt/AZ West  
Frank Borlandelli/AR East  
William P. Connelly/AR West  
Jack Burgin/CA Bay  
James L. Flynn/CA Central  
Charles J. Lentz/CA East Central  
Richard J. Bishop/CA Inland  
Hans W. Niedermann/CA Metropolitan  
Eugene F. Shook/CA North  
J. R. Pete Schroer/CA North Central  
Paul H. Isham/CA Northeast  
Thomas R. Walsh/CA Northwest  
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John E. Hudson/CA San Gabriel Valley  
Larry W. Smith/CA South  
Phillip L. Merchant/CA South Central  
Jay Dee Nitzel/CA South Central Coast  
George E. Otto/CA South Coast  
John C. Gordon/CA Southeast  
Lewis Johnson/CA West Central  
William S. Ashbrook/CA West Central Coast  
Norman R. Blake/CO Central Northwest  
William O. Tilson/CO Central Southeast  
Raymond E. Leech/CO Mountain  
Edward J. Bunker/CO North  
Allan J. Bennett/CO South  
Ray A. Franz/CO West  
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E. John Zebuski/CT Northwest  
James V. Lee III/CT South Central  
Harry I. Kinney/CT Southwest  
Clinton M. Crabtree/FL Central  
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William J. Belknap/FL Northeast  
Marshall E. Dunn/FL South  
John McLoughlin/FL Sth. Southeast  
Peter W. Koning/FL Southwest  
Joseph H. Ziegler/FL West Central  
S. M. Anderson/GA Northeast  
H. McLaren Corbin/GA Northwest  
Carl H. Raab, Jr./GA Southwest  
Walter Chaves/HI  
Kirk Pickett/ID Central  
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Wilbert E. Remmers/ID North  
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Harry W. Robbins/NY South Central  
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John W. Webber/NY West  
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Grover L. Smith/WV Central  
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F. E. Hughes/Idaho  
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Gerald Griffin/Indiana  
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Omer St. Jacques/New York  
Bill Sweeney/North Dakota  
John N. Eccleston/Ohio  
Kenneth Liichow/Oklahoma (East)  
Theodore C. Seldin/Oklahoma (West)  
Tom Ginn/Oregon  
Ernest Faiola/Rhode Island  
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## ENTREPRENEURISM BOUNCES BACK

Business news may provide more pessimism than hope these days, but it certainly doesn't mean that Americans have given up on capitalism or free enterprise.

True, bankruptcies have risen. According to the Small Business Administration's annual report in March, there was a 32 percent increase in the number of bankruptcies between 1980 and 1981.

"Most small businesses start off grossly underestimating their capital, and they're immediately in trouble," a North Carolina Department of Commerce official told reporters not long ago as he explained the increase in sections of his own state. Throughout the country his comments are echoed by others who work with the small business community.

Yet new enterprises open each month and a number survive...in unlikely places...as well as in difficult market and economic conditions.

A survey by Dun & Bradstreet reported in the Philadelphia *Inquirer* recently noted that the number of business incorporations rose to a record 581,661 in 1981, 48,141 more than the year before. And those figures don't include the thousands of partnerships and sole proprietorships that were organized but not incorporated.

Bernard Tenenbaum, director of the small business development center at the University of Pennsylvania's Wharton School, told the *Inquirer* that the increase in start-up business signals a trend toward entrepreneurial spirit. "We see it in the rising number of clients we handle. They don't want to take orders and be somebody's cog in a wheel; they want to be their own bosses," he said.

The signs of entrepreneurial growth may have gained momentum faster than we think. If you look on college and university campuses today you can see, as I do, that capitalism is alive and in better than average shape among students willing to work...even in the midst of a severe recession.

A good example of youthful enterprise was reported by the Harvard University *Crimson*. A Harvard student had visited the South Pacific a few years ago, and he returned to organize what has become a "one-man international jewelry firm" said the *Crimson*.

His products—coconut and coral necklaces, silver chains and bracelets—are sold on stands in Cambridge, Washington, DC and even in the Virgin Islands. He took a full-page ad in the *Washington Post* to advertise.

The merchandise, the *Crimson* said, comes from about 30 countries including the Fiji Islands, Afghanistan, Tahiti and the Philippines. In Washington, he's acquired the nickname "Tahiti Ted."

But he hasn't ignored other activities or classes. In recent months he has spent his spare time starting a jitterbug center in the Square, played basketball, football and found time for field hockey, too. Meanwhile, the *Crimson* says, his jewelry sales brought him thousands of dollars in 1980 alone.

A classic example of the enterprise system at work.

A story in the *Wall Street Journal* offered other illustrations.

- A pair of hotel management students in an eastern college devised and then organized a fast-food restaurant featuring home-baked foods off-campus.
- A graduate student set up a computer software system that simplifies the paperwork that professionals, such as doctors and dentists, encounter.
- A Maryland student continues to hire from five to 12 independent sub-contractors to handle the off-campus painting business he owns.

And that's just the tip of the proverbial iceberg. Not long ago, I listened attentively as a former student told me why he had left a good-paying position in a professional association; it was a position he had worked hard to get and he was selected from nearly 75 to 100 candidates. He left the attractive position and a staff of three to open a craft store in a community already crowded with craft and hobby outlets.

I asked the obvious question.

"Because I felt that I could satisfy myself, enjoy myself more making my own decisions and not carrying out the wishes of dozens of people who rarely agreed on what should be done or when," he replied. He admitted, though, he didn't know as much as he should have about store management when he started. "But I was willing to learn and willing to listen every step of the way," he said.

Today he owns not one but two successful stores in the same village.

"Entrepreneurs are the answer to the American economic problem," says Brett Johnson, who organized a firm called "Crowd Caps" while he was a junior at Harvard. In one year, he grossed six figures selling caps. "This country has got no problem if the young people just start getting hungry. The successful entrepreneurs are the individuals who are confident enough to go out hawking on street corners."

Brett M. Kingstone, a Stanford graduate, wrote a book called *The Student Entrepreneur's Guide* (Ten Speed Press) that examines the concept.

In a *Wall Street Journal* article, Kingstone offers this explanation:



"A surprising number of young Americans possess the spirit of American free enterprise, along with their belief in a successful and prosperous future for themselves and their country. Among many students, the political pendulum has swung back to the values of capitalism."

Says Rowena Wyant, an economist at Dun & Bradstreet, "There is a counter-trend in the formation of new businesses in periods of recession and high unemployment." The view is that enterprisers begin seeking their own role when plants are shutdown or layoffs occur.

Whether on campus or in the mainstream, however, the word "enterprise" may be the hopeful sign in the days ahead. ■

## Departed Brothers

**PAST DISTRICT DEPUTY** Harry Erdberg of Mountain Brook (Birmingham), AL, Lodge died May 12, 1982. Brother Erdberg served as District Deputy Grand Exalted Ruler for the Central District of Alabama in 1967-68. He was also a past president of the Alabama Elks Association.

**PAST DISTRICT DEPUTY** Ronald H. Sommerfeld of Chippewa Falls, WI, Lodge died May 10, 1982. Brother Sommerfeld served as District Deputy Grand Exalted Ruler for the Northwest District of Wisconsin in 1976-77.

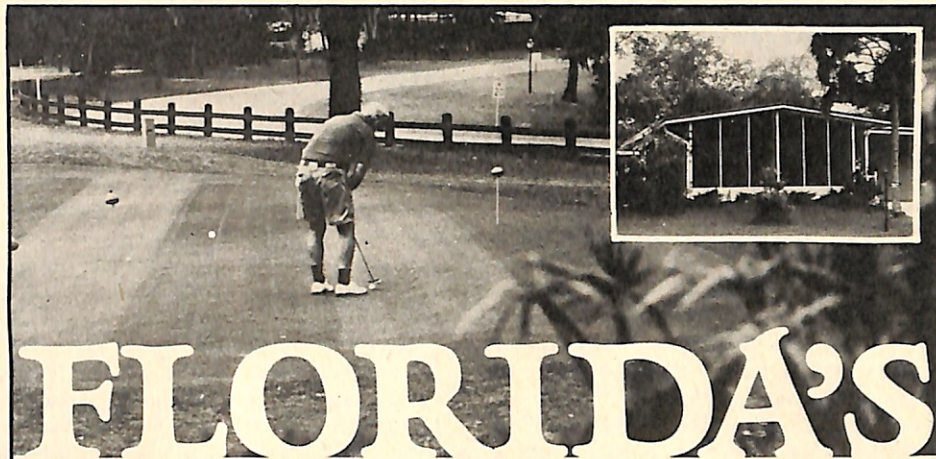
**PAST DISTRICT DEPUTY** Harold V. Fielding of Bath, ME, Lodge died April 21, 1982. Brother Fielding served as District Deputy Grand Exalted Ruler for the West District of Maine in 1958-59. He was also a past president of the Maine Elks Association.

**PAST DISTRICT DEPUTY** Robert A. Mabee of Elmhurst, IL, Lodge died March 24, 1982. Brother Mabee served as District Deputy Grand Exalted Ruler for the Northeast District of Illinois in 1963-64.

**PAST DISTRICT DEPUTY** Kirby S. Fortune of Coos Bay, OR, Lodge died May 2, 1982. Brother Fortune served as District Deputy Grand Exalted Ruler for the South District of Oregon in 1954-55. He was also a past president of the Oregon State Elks Association.

**PAST DISTRICT DEPUTY** Reign D. Rix of Westfield, MA, Lodge died December 25, 1981. The news of his passing was received by this magazine only recently. Brother Rix served as District Deputy Grand Exalted Ruler for the West District of Massachusetts in 1966-67.

**PAST DISTRICT DEPUTY** Russel B. Pollard of Kelso, WA, Lodge died April 15, 1982. Brother Pollard served as District Deputy Grand Exalted Ruler for the Southwest District of Washington in 1959-60.



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# BAHAMAS

(Continued from page 24)

another. Even Lillian Carter dropped in one evening for a belt.

Both the rich and the ordinary vacationers seek out Green Turtle Cay for one particular reason: solitude. Few jet setters find their way here. For one thing, there's no landing strip. For another, they'd be bored. Bored silly. Green Turtle Cay attracts a special breed that finds contentment along quiet paths and fields knee-deep in flowers. Chickens run free between the houses of New Plymouth, the island's only town. New Plymouth resembles a page of coastal New England, with clapboard cottages that are trimmed in pink and green along orderly streets.

## did you know..



Music, both instrumental and vocal, has often played an important part in Grand Lodge Sessions. At one session near the turn of the century, delegates and their ladies were entertained by the famous Bellstedt-Ballenberg Band of Cincinnati, OH. Then to cap off the session, the Mexican Cavalry Band performed.

One of the highlights of 1976, the Bicentennial year, was the inspiring and patriotic program presented by the Aberdeen, SD, Elks Chorus directed by Gary Zimmerman. Also, the magnificent Elks Memorial Building in Chicago was rededicated as a perpetual memorial. One of the highlights of the rededication was the appearance of the Elks Youth Band sponsored by Racine, WI, Lodge. The 75-piece band was directed by Harry Abramowitz and Lee Shannon.

In 1970, when Glenn I. Miller of Indiana was installed as Grand Exalted Ruler, the Peru, IN, Tri Kappa Choralettes (wives of Elk members), under the direction of Mrs. Audrey McElheny, sang "Back Home in Indiana" to him.

The Grand Lodge Session that year was held in San Francisco. The huge audience was delighted when the St. Mary's Chinese Mission Girl Drum Corps escorted the wives of the Past Grand Exalted Rulers into the giant auditorium of the Masonic Temple on Nob Hill for the Sunday night opening. The Bismarck, ND, Elks Chorus and the Santa Monica, CA, Elks Male Chorus also performed.

The year before, delegates were thrilled during registration in Dallas, TX. Entertainment in the lobby of the registration area was provided by none other than Johnny "Seat" Davis. And who was at the drums? The little show-stopper, 8-year-old

The entire island is only a couple of miles long. In places you can nearly leap its width. It's home to 450 souls, mainly seafaring types whose ancestors fled the United States a couple of centuries ago, along with thousands of other Loyalists seeking a new life in the Bahamas after the American Revolution. In exile, they built ships and went to sea, a story that's graphically told in the tidy little museum operated by 81-year-old Albert Lowe, himself a retired shipbuilder.

Each twilight, diners gather at the Sea View, the Turtle Crawl, Valerie's Sea Garden and the New Plymouth Inn where Bahamian dishes are served by candlelight. Afterward customers run off to Miss Emily's for a nightcap. Her Blue Bee may not have style but it's lively. At the Blue Bee Miss Emily passes out boxing

gloves to her patrons while the juke box explodes with such *hits* as "Super Freak" and "Ring My Bell." Not exactly a sentimental journey, but colorful. On Green Turtle Cay, Miss Emily's watering hole is legend. So is Miss Emily. In recognition of her continuing campaign to snag visitors, the Ministry of Tourism recently bestowed on her its National Achievement Award. Miss Emily opens the Blue Bee at 9 o'clock each morning and closes whenever the last customer leaves. Sometimes that's sunup. Or later. It's been her routine since her fisherman husband lost his life on a shark hunt 20 years ago. One of Miss Emily's customers, a stockbroker from New Jersey, stopped off for a drink a dozen years ago and was bowled over by the island. So he returned to Jersey, sold his business and just as promptly returned to Green Turtle Cay where he bought a home and a boat and hasn't looked back since.

Others with only vacation time to spend choose the slick little eight-room New Plymouth Inn. Or just a short boat ride away there is the Green Turtle Club and Bluff House. The latter is a smashing, low-rise resort that's terraced down a hillside complete with palms, pine, sea grape and a sheltered harbor. Dinners at Bluff House are served by candlelight and the wine is complimentary. What to do? Well, there's a pool, a beach and free boat rides to New Plymouth for shopping and/or guzzling at Miss Emily's spigot. Other than that you do what the man from Jersey does: relax.

Jimmy Pappas. He all but stood them on their ear.

Of course, those attending a Grand Lodge Session will no doubt remember the music of Ramon "Red" Ringo of Brazil, IN, Lodge, the Grand Lodge Organist, who is a resident of the Elks National Home in Bedford, VA.

In recent years, Judge George J. Balbach of Queens Borough (Elmhurst), NY, has led the singing of the National Anthem at all Grand Lodge Sessions.

Featured this year in Chicago at the opening session and the memorial services was the Elktones, a male Elk Chorus from Hamilton, OH, Lodge. They made the trip at their own expense, as all instrumental and vocal units have done over the years.

Parents of youngsters all over the nation, who have participated in the Elks "Hoop Shoot" Contest, continue to praise the Order for the program. For instance, Ray Etzler, father of Doug Etzler, put it this way: "You Elks deserve to pat yourself on the back." Doug from Convoy, OH, sponsored by Van Wert Lodge, was a contestant in the national finals in Indianapolis. His friend, Ryan Feasel, also from Convoy, placed second in his age group.

They're still talking about Elks in Convoy.

The magazine published by the California-Hawaii Elks Association devoted its entire April issue to publicizing their major project. The California-Hawaii Elks are dedicated to giving aid to physically handicapped children. The major project program was conceived by the late PGER L. A. Lewis and established in 1949.

The first mobile therapy unit began operating in Eureka, CA, in 1950. Today, a total of 52 employees operate in four sectors of California and Hawaii. They provide physical therapy, occupational therapy, speech-language and preschool vision screening.

The major project program, proven through 32 years of service, stands ready to serve any child to age 21 whose needs can best be met by a home-based therapy program or screening for visual problems.

### Attention Lodge Secretaries

The Circulation Department of *The Elks Magazine* has recently started the 1982-1983 mailing of alphabetical lodge rosters to each subordinate lodge. Approximately 200 lodges per month will receive these rosters, and it is imperative that the Circulation Department has the cooperation of every lodge secretary in this matter.

Because of the recent dramatic increase in postage costs, *The Elks Magazine* was forced to change from 2nd Class mailing to 3rd Class mailing and will not receive address corrections as frequently from the post office.

Therefore, it is necessary for each lodge to up-date and correct their roster and return it to *The Elks Magazine* in the shortest possible time. Each roster will be accompanied by detailed instructions as well as a return envelope containing sufficient postage for the return trip to Chicago.

We urgently solicit the help of each lodge secretary in the up-dating of our computerized membership lists. This will be of benefit not only to the magazine, but to the many state association publications that use our mailing labels, and will also save thousands of dollars in post office change of address charges.



# NEWS OF THE LODGES

(Continued from page 11)



**ST. GEORGE "DIXIE," UT.** "Old-Timers' Night" at St. George "Dixie," UT, Lodge brought together three generations of the McGregor family. From left are Alpine McGregor, Jr., Dr. M. K. McGregor, Dr. Alpine McGregor, Sr., and Tavish McGregor, son of M.K. McGregor.



**HAWTHORNE, CA,** Lodge donated \$1,500 to the city of Hawthorne for the purchase of another police dog. The money was raised through the lodge's bingo games. In photo Bingo Chm. Ernest Diaz and Est. Lead. Kt. Harland Hill present the check to Brother Kenneth Stonebraker, Hawthorne's chief of police.



**VISALIA, CA.** The Elks of Visalia, CA, Lodge purchased kidney dialysis support equipment for the dialysis center of Kaweah Delta Hospital. The total cost of the combined components of the system was \$8,900. The system includes a recliner chair with a built-in scale, a television camera and set for monitoring the patient's dialysis process, and other highly specialized equipment. In photo from left are Dr. David Heaney, dialysis patient Frances Shaw, and lodge Secy. Thomas Esser.



**FEDERAL WAY, WA.** In observance of Elks National Youth Week, Federal Way, WA, Lodge was honored to have Gov. John Spellman (third from right) as the principal speaker at its annual Youth Night Dinner and Awards Ceremony. From left are ER Leo DeMarre, SP Homer Oberst, Teenager of the Year Keith Beck, Gov. Spellman, Teenager of the Year Julie Rains, and Est. Lead. Kt. Jim Weir.





**WOODLAND, CA.** The local March of Dimes Walkathon got an added boost when Woodland, CA, Lodge donated \$500 to underwrite costs. The money was used for printing of materials, publicity, and special prizes. In photo ER Tony Leone (right) presents an award to PER Romeo Losoya, volunteer chm. of the TriCounty Chapter of the March of Dimes.



**VACAVILLE, CA.** The charter for the new Vacaville, CA, Lodge was proudly displayed by then-DDGER Thomas Walsh at a dinner meeting held to celebrate the occasion. From left are Dale Blanton, then-Grand Est. Loyal Kt.; James Gingrass, treasurer; Bob Ott, Institution Committee Chm.; Brother Walsh; PDD Jack Minero, Northwest District New Lodge Chm.; Burns Campbell, Investigating Committee Chm.; and Gary Chatfield, Organizing Chm.



**AUBURN, WA,** Lodge's third annual garage sale raised \$1,500 each for the National Foundation and the state Major Project, therapy for crippled children. The garage sale has produced over \$7,000 for the two programs over the past three years. From left are Co-chm. Cliff Bond, National Foundation Committeeman Lin Jensen, SP Homer Oberst, Co-chm. Lois Bond, then-DDGER Ken Valentine, Major Project Chm. Cecil Martin, and Auburn's then-ER Dale Kelley, Jr.



**AURORA, CO.** ER John Young (right) of Aurora, CO, Lodge presents two checks for \$600 for the Elks sponsorship of the Aurora and Colorado state school track meet. Accepting the checks is Peter Blanco, director of athletics, Aurora Public Schools, as Youth Activities Chm. Dalton Ford looks on.



**SHELTON, WA.** Stanley Lyman (left), then-DDGER of the West Central District of Washington and a member of Shelton Lodge, receives his Diamond Tall Elk Pin and Certificate from James Cole, Chm., West Central District, Washington Elks Therapy Program for Children. Diamond Tall Elks are those who have contributed \$1,000 to the program. Shelton Lodge is only 10 years old, but has 18 Diamond Tall Elks—a state record.



Bob MacElvain, Author of HOW TO DRILL YOUR OWN WELL, says:

# Discover the BURIED TREASURE in Your backyard!



And what a treasure! ... all the pure fresh water you'll ever need for your home, your yard, your garden!

- \* Just imagine an unending supply of water that belongs to you. You'll never pay another water bill!
- \* Think how much you'll enjoy water without all those chemicals they dump in city water!
- \* Picture yourself using water freely even when the city is rationing water to everyone else!

To tap this wonderful wealth of water, all you need is a HYDRA-DRILL. Let me explain.

## THE TRUTH ABOUT WATER WELLS

For many years I was a commercial water well driller. It always pained me that I had to charge so much to drill a home water well. Yet what else could I do? My equipment cost a *fortune*, and it was so big and complicated I had to hire two guys to help run it.

Finally it dawned on me. The only way to get low-cost home water wells was to invent simple, economical equipment the average *homeowner* could use to drill his own well. So I invented the HYDRA-DRILL.

As it turned out, the HYDRA-DRILL is so simple and so economical that nearly anyone can use it to drill a water well and save a lot of *money*. And it has proved very successful. Over 62,000 HYDRA-DRILL wells have been drilled and the total savings to my customers run into many millions of dollars.

## LOOK WHO'S DRILLING WELLS!

You'd be amazed at my customers. They range in age from teenagers to folks in their seventies. You might suppose that most of them live on farms, but you'd be wrong. A lot of them live in *cities* — even big cities like Boston and L.A. — all over the U.S. and in 62 foreign countries. The most interesting thing is this: practically none of them ever dreamed they could drill a water well until they discovered the HYDRA-DRILL. A lot of them tell me that drilling their own water well is *fun*. I know exactly what they mean, the thrill of seeing fresh, cool, 'crystal clear water bubbling up from the ground is an experience you don't forget. It's just like finding *buried treasure* in your backyard.

## EXCITING NEW BREAKTHROUGH

Did you know you can heat and cool

your home with water? It's true! With a new heat pump that uses water from your own well you can cut your home heating and cooling costs by 50%. Just figure how much this would *save* you in the next twelve months!

## A FAR-OUT IDEA?

If you think drilling your own water well is a far-out idea, I've got news for you — a big package of news, in fact. It includes a phonograph record of interviews with some typical HYDRA-DRILL customers. (If you listen to this record, you'll be convinced that you should drill your own well). There's a *lot more information* including details and prices of the HYDRA-DRILL.

## ABSOLUTELY FREE

I'll send you this big news package including the record and a copy of HOW TO DRILL YOUR OWN WELL absolutely free. (That's how sure I am that you'll want a HYDRA-DRILL!) *Write today*. Or better yet, just call my toll-free number.

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# YOU & RETIREMENT

by Grace W. Weinstein

## SENIOR SWINDLES

Good weather seems to bring out all kinds of wildlife...including the wildlife that preys on older people. Here are some cautionary notes about a variety of schemes:

- The Government recently warned about one of the newest rackets: selling information about Social Security's "hidden benefits." You don't need to spend any money to find out what you're entitled to under Social Security; there are a number of free brochures available from the Social Security Administration or from your Member of Congress.

*Note:* If you're still working, it's wise to request periodic confirmation of your Social Security earnings record. Call your local Social Security office and request form SSA 7004, Request for Statement of Earnings. Mail the completed form to P.O. Box 57, Baltimore, MD 21203. You'll get a statement showing past reported earnings, in total, plus annual earnings on which Social Security tax has been credited in the last three years. Compare these year-by-year totals with your own records, and report any discrepancy to the Social Security Administration. Errors can be corrected, but it becomes much more difficult to do so after three years have elapsed.

- The National Association for Retired Credit Union People (NARCUP) warns about the "bank examiner" scheme. This attack on older people involves a swindler posing as a bank examiner and asking your help in catching an embezzler at your bank. The swindler will ask you to withdraw funds, which he or she will then redeposit for you. If you fall for this one, don't expect to see your money again. If someone approaches you with this kind of proposal, ask for identification, then notify the police. Never give personal financial information—or money—to anyone unless you know that the person is legitimate.

- The "pigeon drop" is a similar scam. Here a stranger engages you in conversation, then offers to share with you a large sum of money which he or she recently found. The catch: Before you are given any money, you are asked to put up some of your own money to show good faith. After you do so, of course, your money disappears. Once again, this kind of proposal suggests only one thing: notify the police without delay.

*Note:* If you are ever caught up in one of these schemes, don't be too embarrassed to report it to the police. You are not alone; many people are fooled by the surface sincerity of these swindlers. If you step forward, you may help your friends and neighbors; if you don't,

someone else will be the next victim.

- Work at home offers, with the lure of sizable income, often attract older men and women. But the cardinal rule here is a simple one: If the plan sounds too good to be true, it probably is. Stop and think, says the Better Business Bureau (BBB): If someone with no training could actually make \$250 each week by stuffing envelopes, knitting baby booties, raising worms, or assembling products, the labor supply would far exceed the demand for services. The warning signal: When you're asked to send money. Don't send even one dollar to buy a list of companies that might hire you to work at home. Don't send \$20 to buy supplies for an envelope-stuffing operation. And certainly don't send \$500 to buy earthworm beds or a knitting machine or a supply of breeding rabbits or chinchillas. Avoid any deal which asks for money for instructions or merchandise before you will be told how the plan operates.

- "Investment" opportunities offered by high-pressure salesmen, often by telephone, are another set of opportunities to resist. You're not likely to get rich quick by putting your life savings into oil or gas leases, futures commodities, or real estate tax shelters. Some of these offers are legitimate investments, but be skeptical; if this is really a golden opportunity for instant wealth, would a stranger offer it to you? Before you invest any money, be sure you investigate thoroughly. The Federal Trade Commission or your local Better Business Bureau or Consumer Affairs Office can often advise you about specific companies; your own tax and legal advisers should be consulted about your specific circumstances.

- Itinerant workmen urging you to hire them for "urgent" home repairs too often find older people easy marks. Don't let a "home repairman" into your home unless you asked him to come. Don't be taken in by a "fire inspector" at your door asking to check your furnace; be sure you see official identification. Don't listen to someone (usually operating out of an unmarked truck with out-of-state license plates) who says he was working in the neighborhood and has some "extra" driveway sealant (or whatever) left over. He just happened to notice that your driveway needs some work, and he'll give you a bargain price... Never agree to any repairs or home improvements unless you've first obtained several estimates, along with references.

Your best bet, when you need or want work done around your home: Ask your friends who has done similar satisfactory work for them;

ask local building suppliers for the names of reputable workmen; consult your local Better Business Bureau to determine if any complaints have been registered. And always deal with a local repairman or contractor, with a permanent local address. Don't do business with a wandering workman who won't be there to back up his work.

- Some unscrupulous companies, says the BBB, prey on the fears of older people in an effort to sell expensive burglar detection systems with recurring monthly service charges for maintenance. If you feel that you need deterrents against crime, ask your local police department for advice. Many will send a police officer to your home to recommend specific steps you can take, including advice on the best types of locks and other protective devices. Many also have a free "Operation Identification" program which offers home inspection plus the loan of an engraving tool to mark an identifying code number on your valuables; with the engraving you get stickers to put in your windows, indicating that your valuables have been marked and can be identified. And, if you want a burglar alarm, ask your police department for recommendations of reputable companies with bonded employees; burglaries in some areas have been traced to employees of less-than-reputable alarm companies. Ask your BBB for reliability reports on any companies you are considering, and for a copy of the Bureau's *Tips on Residential Alarm Systems*.

- Preying on families who've recently lost a loved one is a particularly obnoxious scheme that crops up periodically. You may be asked to accept a C.O.D. package "ordered" by the recently deceased. You may be sent "past due" bills supposedly authorized by the same person. You may even find your home burglarized when you return home from the funeral. Precautions to take: Refuse C.O.D. packages if you're suspicious or if the charge appears excessive. Don't pay any unfamiliar large bills unless you're sure they're legitimate; if you have any question, check with a lawyer. And don't give too much information in an obituary about date and place of the funeral; better yet, arrange for your home to be occupied by a trusted friend or neighbor while you are gone.

- You don't have to be elderly to be attracted by a "free" vacation. Before you accept a telephone or mail solicitation for one of these vacations, however, find out how free it really is. You may be asked for a \$25 deposit...and you may be asked for more, for "service charges" and "handling fees" and "reservation deposits." Meals and transportation costs will almost certainly be extra. "Bonus coupons" for meals or show tickets or golf may offer very small discounts, or may require that you spend your own money first.

The deal may still be worthwhile, as long as you understand what you're getting. Will the hotel honor your reservation? To be sure, confirm the reservation directly with the hotel; don't rely on the promoter. Ask whether any "free meals" included in the package are available at reasonable hours; meals at some gambling resorts are offered between 2 and 5 a.m. Check the consumer affairs office or the state attorney general's office in the state you plan to visit to see if there is a record of complaints about the promoter. Whatever you do, don't give your credit card number over the phone for "verification" purposes; you may find yourself receiving some unexpected and unwelcome bills. ■



# NEWS OF THE STATE ASSOCIATIONS

The annual convention of the **Pennsylvania Elks State Association** was held May 12-16 at Tamiment, PA.

Attendance figures showed 973 delegates, ladies, and guests present. Special guests were PGER Homer Huhn, Jr. and West Virginia SP Hobart Owens.

The annual workshop will be held in Gettysburg September 10-12. The 1983 annual convention will be held in Hershey, PA.

Officers elected for 1982-83 are President Howard Schran, Etna; Vice-President Haydn Evans, Tamaqua; Secretary Ben Ortman, Meyersdale; and Treasurer Elmer Panoc, Pottstown.

The Ritualistic Contest was won by Etna Lodge.

The Exalted Rulers' March for cerebral palsy netted almost \$400,000. Social activities were highlighted by the President's Dinner.

The 46th Annual **Rhode Island State Elks Association Convention** was held May 14-15 at Hyannis, MA.

Over 275 Elks and their guests attended the Memorial Service Friday evening, with the state champion ritualistic team from Pawtucket conducting the Ritual.

Hoping to set a precedent, outgoing SP Rudy Pistacchio presented special Presidential Awards to outstanding Elks for their accomplishments over the past year.

The state association's "Elk of the Year" Award went to David Habershaw for his outstanding work in establishing and promoting an annual Most Valuable Students Recognition and Awards Dinner.

Martin Flynn, selectman of the town of Barnstable, addressed the Saturday business session. He welcomed the Elks to Cape Cod and said he hoped to see them return next year. Robert Hemen, state president-elect of Massachusetts, also spoke. Others present at the afternoon program were SDGER Fred Quattromani, GL Committeeman Francis Stephenson and Past GL Committeeman Clifton Higham.

To enable the association to reach out further and assist more eligible recipients during the coming year, new guidelines have been proposed for the state Major Project, the Crippled Children's Program.

That evening Brother Stephenson installed the following officers: President Richard Bugbee, Providence; Vice-President West Donald Rogers, West Warwick; Vice-President East Lewis Andrews, Woonsocket; Secretary Raymond Woodcock, Sr., Pawtucket; and Treasurer William Darby, Pawtucket.

A total of 330 Elks and ladies attended the annual convention of the **North Carolina State Elks Association**, held in Winston-Salem, NC, May 21-22.

Special guests were PGER John Walker and his wife Kitty, and Virginia SP Henry Self. Alex Harman, Jr., Chm. of the Board of Grand Trustees, was the guest speaker.

Officers for 1982-83 are President H. Frank Oglesby, New Bern; Vice-President-at-Large Gerald Coates, Greensboro; Vice-President East Don Helms, Elizabeth City; Vice-President East Central Wesley Loftis, Durham; Vice-President West Central James Wallace, High Point; Vice-President West Harry Luther, Asheville; Secretary John Sullivan, Southern Pines; and Treasurer Kermit Hoffman, Gastonia.

The fall meeting will be held October 29-30 in Charlotte. The next annual convention will be held May 20-21, 1983, in Raleigh.

Greensboro Lodge won the Ritualistic Contest. Joe Reid of Mount Airy Lodge was chosen Exalted Ruler of the Year, and John Nichols of the same lodge was presented the Distinguished Service Award.

Lincoln City, OR, was the site of the **Oregon State Elks Association's** annual convention, held May 6-8.

Total attendance was 2,597 persons. Distinguished guests included PGERs Frank Hise and Edward McCabe, Grand Trustee Robert Tancredi, and GL Committeeman James Damon.

The next annual convention of the association will be held May 5-7, 1983, in Seaside.

Judd Huntington of Florence was elected president of the association for 1982-83, and Ted Hurd of Eugene was elected first vice-president.

Other vice-presidents elected were Don Stephens, Lake Oswego; Berton McVay, Oregon City; Charles Snyder, Grants Pass; Truscott Irby, Baker; Calvin Wadleigh, Madras; and Don Jensen, St. Helens.

Orville Mull of Keizer was elected secretary and Max Doan of Salem was elected treasurer.

The following organizations received donations from the convention: Oregon State Elks Visual Program, \$61,506; Meadowood Springs Speech Camp, \$21,788; and Elks National Foundation, \$7,000.

A resolution was passed to add 10 cents per capita to the 25 cents for legal counsel for the association.

Five-year-old Tiffany Parker of Lincoln City sang the national anthem during the opening ceremonies Friday and Saturday.



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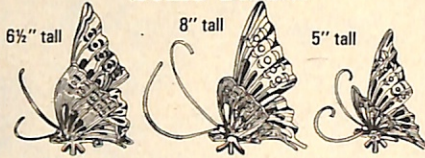
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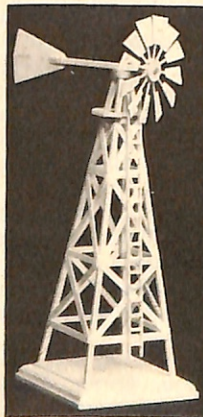


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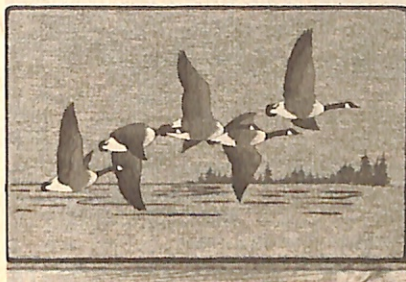
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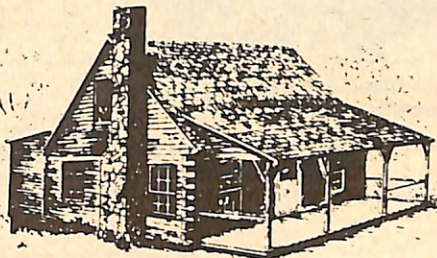


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## Elks Family Shopper consumer/news

While there's no proof that flying ants are more into physical fitness than termites, it is true flying ants do have a waistline, and termites do not.

That information can be very helpful if you're trying to figure out whether you have termites or flying ants nested in your house. Other signs of termites, how to successfully do battle with them, and how to prevent them altogether are discussed in a booklet from the U.S. Department of Agriculture. For your copy of *Subterranean Termites*, send \$1.75 to Consumer Information Center, Dept. 182K, Pueblo, CO 81009.

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*(Continued on page 38)*

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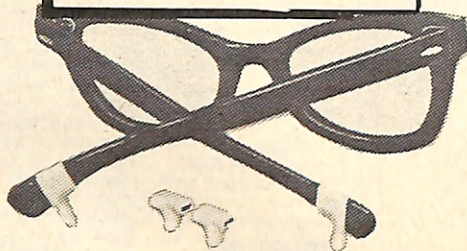
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## Elks Family Shopper consumer/news

found on foundation walls in the form of flattened, earthen shelter tubes. They are from one-fourth to one-half inch or more wide. Termites use them as a passage between the wood and the soil where they obtain their moisture.

If you find evidence of termites, it's important to eliminate the conditions that let them eat your house. For instance, make structural changes, such as removing all soil in the crawl space so it is at least 18 inches from floor joists and 12 inches from girders, and clean up any wood debris near the foundation. Then the termites will be unable to reach the soil, and without a source of moisture, they'll die.

There are also chemical methods of ridding yourself of termites. It is wise to get some professional help before using chemical controls, however.

Finally, if you are building a new house, take preventive measures before the house is constructed.

The booklet also contains information on structural and chemical methods you can use in your existing house.

...

**Medicare** is a federal health insurance program available to anyone 65 or over who is eligible for social security benefits, even if the person is still working; or who is 65 or over, does not have enough social security cred-

(Continued on page 40)

### See Advertisement Inside Front Cover

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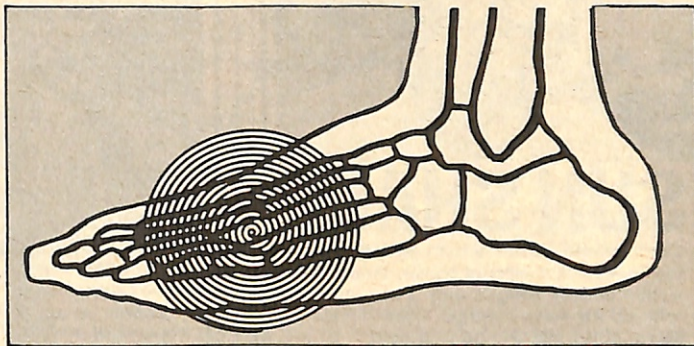


Miniature hand made, hand painted farm wagon, 9" LGT, complete with tongue, neckyoke, double trees, single trees and front axle that turns, truly a collector's item. Available at \$29.00 plus \$3.00 shipping cost.

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# My Feet Were Killing Me... Until I Discovered the Miracle in Germany!

It was the European trip I had always dreamed about. I had the time and money to go where I wanted — see what I wanted. But I soon learned that money and time don't mean much when your feet hurt too much to walk. After a few days of sightseeing my feet were killing me.



Oh, I tried to keep going. In Paris I limped through Notre Dame and along the Champs-Élysées. And I went up in the Eiffel Tower although I can't honestly say I remember the view. My feet were so tired and sore my whole body *ached*. While everybody else was having a great time, I was in my hotel room. I didn't even feel like sitting in a sidewalk cafe.

The whole trip was like that until I got to Hamburg, Germany. There, by accident, I happened to hear about an *exciting breakthrough for anyone who suffers from sore, aching feet and legs*.

This wonderful invention was a custom-formed foot support called Flexible Featherspring®. When I got a pair and slipped them into my shoes my pain disappeared almost instantly. The flexible shock absorbing support they gave my feet was like cradling them on a cushion of air. I could walk, stand even run. The relief was truly a miracle.

And just one pair was all I needed. I learned that women also can wear them — even with sandals and open backed shoes. They're completely invisible.

Imagine how dumbfounded I was to discover that these miraculous devices were sold only in Europe. Right then I determined that I would share the miracle I discovered in Germany with my own countrymen.

In the last nine years over a quarter million Americans of all ages — many with foot problems far more severe than mine — have experienced this blessed relief for themselves.

Here's why Feathersprings work for them and why they can work for you. These supports are like nothing you've ever seen before. They are custom formed and made for *your feet alone!* Unlike conventional devices, they actually imitate the youthful elastic support that Nature originally intended your feet to have.

Whatever your problem — corns, calluses, pain in the balls of your feet, burning nerve ends, painful ankles, old injuries, backaches or just generally sore, aching feet, Flexible Feathersprings will bring you relief with every step you take or your money back.

**Don't suffer pain and discomfort needlessly. If your feet hurt, the miracle of Germany can help you. Write for more detailed information. There is no obligation whatsoever. Just fill out the coupon below and mail it today. No salesman will call.**

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"Received my wife's Feathersprings two days ago. They are super — neither of us can believe the results. She has had terrible feet for years; already no pain. Incidentally, her sore knee is better... As a retired physician, this result is amazing."



Dr. C.O.C., Tucson, Arizona

"I was extremely skeptical when I placed my order, and was expecting to be disappointed. Much to my surprise, I found almost immediate relief from knee and leg pains and corns on my right foot which were a source of continuing pain and irritation have ceased to trouble me."



J.C.J., Meridian, Miss.

"... At the present time I still wear the Feathersprings and indeed they perform well after seven years of use."

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\*Posed by professional models.

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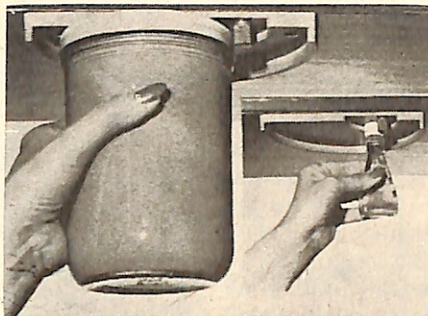
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## Elks Family Shopper consumer/news

its, but is willing to pay for the insurance; or to anyone at any age who has been on social security disability payments for 24 months or who needs kidney dialysis or a kidney transplant.

Medicare is made up of two parts: hospital insurance and medical insurance. The Social Security Administration has a pamphlet that describes the two parts of the program, what benefits are available, what is *not* covered, and the requirements for participation in this insurance program. For your free copy of *A Brief Explanation of Medicare*, send a postcard with your name and address to the Consumer Information Center, Dept. 539K, Pueblo, CO 81009.

The cost of Medicare hospital insurance is financed as part of your contributions to social security. The insurance covers up to 90 days of inpatient care in any participating hospital during each benefit period. A benefit period begins when you enter the hospital, and ends when you have been out of the hospital, or any other facility giving skilled nursing or physical rehabilitation services, for 60 consecutive days. There is no limit to the number of benefit periods you can have.

It is wise to check with your social security office two or three months before you turn 65 to find out if there is anything you need to do to enroll in Medicare. And, of course, they will be happy to help with any other questions about social security programs. ■

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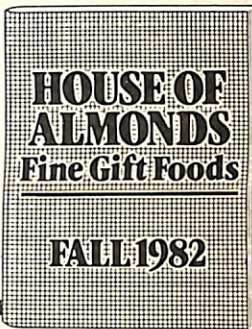
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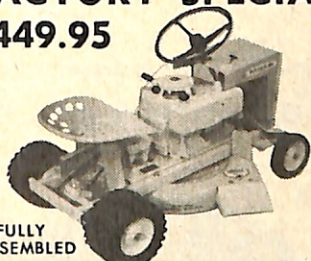
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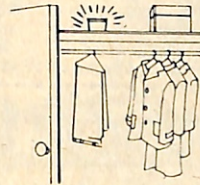
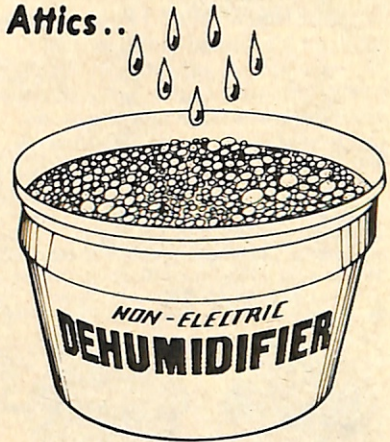
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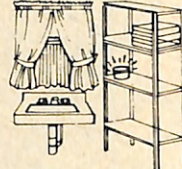
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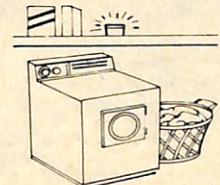
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- No costly electricity, danger of shocks or shorts!
- Saves you \$\$\$ by preventing moisture, mildew and mold!



For clothes closets



For bathrooms



For basements

Humidity costs you money! It rots and warps plaster, wallboard, paneling... even rusts metal furniture and tools! And plagues you with an awful musty smell!

Now, banish excess humidity without spending a fortune on electric dehumidifiers and electric bills. Simply open a tub, set in a corner — and forget it! Thousands of "chemical vacuums" go to work to soak up moisture out of the air — safely and silently, like a sponge! Banishes damaging dampness... protects your precious possessions... makes air dry, fresh, odor-free for months.

Order now, and get **two** tubs for \$4.99. See coupon for additional SAVINGS when you buy to stock up.

ROYAL HOUSE, 137 Walsh Avenue,  
Box 4305 • New Windsor, NY 12550

**30-DAY NO-RISK MONEY-BACK GUARANTEE**

Your Dehumidifier Pellets must be exactly as expected. If you are not satisfied, simply return them to our Customer Service Department within 30 days and request a refund or replacement. Your assigned Customer Service Representative will do as you wish...no questions asked.

ROYAL HOUSE, Dept. RDP1677 • 137 Walsh Ave  
Box 4305 • New Windsor, NY 12550

- Please send me 2 Tubs of Dehumidifier Pellets for only \$4.99 plus \$1.95 heavyweight shipping and handling.
- SAVE.** Order 4 Tubs for \$8.98 plus \$1.95 heavyweight shipping and handling.
- SAVE MORE.** Order 8 Tubs for \$15.99 plus \$2.95 heavyweight shipping and handling.
- SAVE AGAIN.** Order 36 Tubs for \$49.95 — WE PAY SHIPPING AND HANDLING
- CHARGE IT** on my  MasterCard  Visa (Min. charge order \$15.00)

Card No. \_\_\_\_\_ Exp date \_\_\_\_\_

Signature \_\_\_\_\_

Enclosed is \$ \_\_\_\_\_ (NY residents add sales tax)

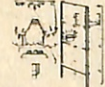
Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_



For clothes closets



For bathrooms



For basements  
1981 Royal House

**"I am age 65 and retired. My friends joke about my second childhood but I sure enjoy the bike."**  
L. M. Dendy, Magnolia, AR

Super Tryke's your ticket to outdoor fun or economy (25 mpg) transportation. **Reverse gear** (option) and automatic, torque converter make handling a breeze. Select forward or reverse and go — always in the right "gear." All controls are hand operated. **Double seat** (option) is 24" off ground — no drop sitting or awkward climb getting up. **Four-shock suspension** and low pressure tires smooth any bumps. **11 H.P. Briggs & Stratton engine** runs smoothly at moderate speeds to 45 mph. **You assemble Tryke** from an easy-to-build kit, save assembly costs. In 8-10 hours using common tools you'll have a quality, handcrafted machine. For **FREE** brochure call **TOLL FREE 1-800-253-1030**, in Michigan 616/849-3400 or write: Dept. KYD, P.O. Box 1148, Benton Harbor, Michigan 49022



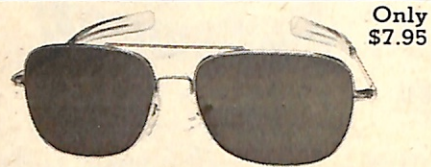
Tryke brings outdoor fun to many retirees.



# DIRECT FROM U.S. OPTICS<sup>®</sup> QUALITY SUNGLASSES AT FACTORY PRICES

Each pair features: Impact resistant lenses • Handcrafted • Polished glass lenses • Hardened metal frames • No non-sense guarantee. **FREE**—limited time only—deluxe velour lined case with each pair of glasses ordered (a \$3.00 value). Credit cards accepted. Dealer inquiries invited.

**NOTICE: Don't be fooled by cheap imitations. These glasses are made exclusively for U.S. Optics<sup>®</sup>. To make sure you get the best, order now and if not completely satisfied return for refund within 30 days.**



Only \$7.95

### World Famous Pilot's Glasses

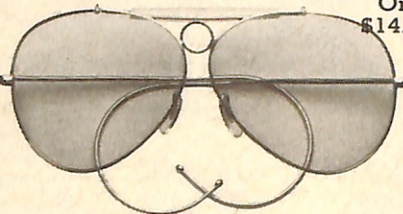
These precision flight glasses are now available to the public for only \$7.95. If you could buy them elsewhere, they'd probably cost you over \$20.00. #20P available in gold or silver frame. A \$20.00 value only \$7.95. Two pairs for \$14.00.



Only \$9.95

### Aviator Teardrop Flight Glasses

Flexible cable temples. #30A gold frame only. A \$30.00 value only \$9.95. 2 pairs for \$18.00.



Only \$14.95

### Professional Driving & Shooting Glasses

Wide angle amber lens brightens visibility. #30D gold frame only. A \$30.00 value only \$14.95. 2 pairs for \$28.00.

To order send check or money order to U.S. Optics, Dept. 654, P.O. Box 14206, Atlanta, Georgia 30324. Credit card customers please fill in card # and Exp. date

QUANTITY	MODEL #	GOLD	SILVER	PRICE
	20P			
	30A	X		
	30D	X		

Add Postage, Handling, and Insurance \$1.00 per pair

Total \_\_\_\_\_

Credit card orders may call 1-404-252-0703.

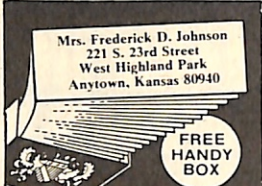
Visa or Master Charge # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**FREE case with each pair.**



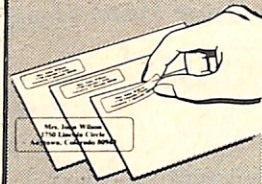
Mrs. Frederick D. Johnson  
221 S. 23rd Street  
West Highland Park  
Anytown, Kansas 80940

FREE HANDY BOX

**1000 RETURN ADDRESS LABELS \$1.29**

1000 gummed economy name and address labels printed in black with ANY name, address, zip code. Up to 4 lines.

Order #717 Set of 1000 Economy Labels (boxed) . . \$1.29



**250 Crystal-Clear RETURN ADDRESS LABELS \$1.98**

The color of your stationery shows through these transparent labels. Sharp black printing on self-stick see-through labels. Order #2031 Set of 250 Crystal-Clear Labels (boxed) \$1.98



STICKS AT A TOUCH

Mrs. Frank Meyer  
1156 Parkway Blvd.  
Academy Vista  
Anytown, Colo. 80940

**250 Self-Stick WHITE GLOSS LABELS \$1.98**

Glossy white self-stick labels cling to any smooth surface — no moistening. Sharp black printing up to 4 lines. Order #6030 Set of 250 White Gloss Labels (boxed) \$1.98

**Walter Drake** 3297 Drake Bldg. Colorado Springs, CO 80940

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY & STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\_\_\_\_ \$717 1000 Labels @ \$1.29 each \$ \_\_\_\_\_  
\_\_\_\_ #2031 Crystal-Clear Labels @ \$1.98 ea \$ \_\_\_\_\_  
\_\_\_\_ #6030 White Gloss Labels @ \$1.98 ea \$ \_\_\_\_\_  
Add 30¢ per set for shipping & handling \$ \_\_\_\_\_  
SATISFACTION GUARANTEED Total \$ \_\_\_\_\_

See Advertisement Back Cover

Haband's Long Wearing Casual Style SLACKS HABAND COMPANY 265 N. 9th St. Paterson, NJ 07530

**3 PAIRS FOR 24.95**  
4 pairs for 32.95  
All FIVE Prs.: 39.95!

O.K., Haband, you may send me \_\_\_\_\_ pairs of your all season Off Duty Slacks, for which I enclose my remittance in full of \$ \_\_\_\_\_ plus \$1.95 towards pst. & hdg.

OR, TO CHARGE IT:  VISA  Master Charge

Acct. # \_\_\_\_\_ EXP. DATE \_\_\_\_\_

Guarantee: I understand that, if upon receipt I do not choose to wear the slacks, I may return them within 30 days for a full refund of every penny I paid you.

72D-020

COLORS	WAIST	INSEAM
Sage Green A		
Silver Blue B		
Blue C		
Camel D		
Brown E		

Name \_\_\_\_\_ Apt. # \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

## SIDLES AUTO SUN SHADES

"Take the sizzle out of the sun!"

DOES NOT OBSTRUCT VIEW

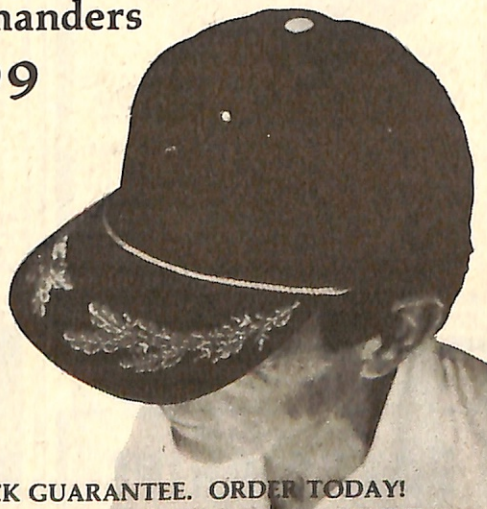
RIDE UP TO 15° COOLER with SIDLES SHADES

Custom made from durable aluminum to block out the sun's rays. Easily installed and instantly removable. Increases air conditioner efficiency and saves passengers and contents from the ravages of a blazing sun. For free information send year, make, series, model (sedan, station wagon, pickup, bus, etc.), and style (2 or 4 door), with your name and address to SIDLES MFG. CO., INC., Box 3537E, Temple, TX 76501. For questions and/or same day shipment on Master Charge/VISA/UPS COD phone orders, call TOLL FREE (800) 433-3101. In Texas call (800) 792-3030.

## Now You Can Wear The Authentic Cap Of America's Astronauts and WW II Naval Commanders

Only \$2.99

- Attractively crisp authentic military styling. Features the traditional gold braid, embroidered pattern and button on your choice of four bright colors: red, white, blue, and black.
- Functional design with generous visor will protect your eyes and skin from glare of sun. Air vents will ensure your comfort.
- Perfect for men and women. Adjustable tab offers perfect fit, regardless of your size!
- You'll want to wear it on the golf course, beach, boat, ball field, garden, hiking trail ... everywhere!



**UNCONDITIONAL MONEY-BACK GUARANTEE. ORDER TODAY!**

STERLING HOUSE, Dept. CAP-6155, Sterling Building, Garnerville, N.Y. 10923

Yes! I've always wanted to own this authentic COMMANDER'S CAP! Please rush the following:

<input type="checkbox"/> One for only \$2.99 + 80¢ P&H.	Color _____ Qty. _____	Color _____ Qty. _____
<input type="checkbox"/> SAVE! Two for only \$5.49 + \$1.50 P&H.	Red _____ Blue _____	
<input type="checkbox"/> SAVE MORE! Four for only \$10.49 + \$3.00 P&H.	White _____ Black _____	
<input type="checkbox"/> CHARGE ORDERS OF 4 OR MORE: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Expires _____	
Card # _____	Enclosed is \$ _____	
Name _____	Address _____	
City _____	State _____ Zip _____	



Entertain Royally...  
with a Majestic 4-pc. Set of  
**KING-SIZED  
HEAVY CRYSTAL  
TANKARDS**

**BANDED  
IN 22K GOLD**

Emblazoned  
with a Carefully  
Researched

**Coat of Arms  
of Your  
Family Name.**

Honor thy family, refresh thy friends and recapture the feel of old-world camaraderie as you proudly hoist a lusty brew... poured with princely aplomb in authentic heavy crystal tankards banded with hand-burnished, 22K gold rims. Each stately mug is emblazoned with your own personal Coat of Arms; and each holds a generous 15 oz. of your favorite quencher. Heavy pedestal bases and sturdy man-sized handles make seeing or sipping pure pleasure. Your Coat of Arms is permanently reproduced on the glass, generously embellished with glowing golden accents. Rest assured that your crest is genuine... because it will have been thoroughly researched and guaranteed by the highly respected Sanson Institute of Heraldry. (We even include a hand-signed parchment document, suitable for framing, to authenticate the search of your surname.) A very personal way to dispense an after-sports, with-dinner or before-anything toast... a must for yourself... and a truly thoughtful gift.

**FREE:** Your documented Coat of Arms, suitable for framing, beautifully lettered on parchment by the famous Sanson Institute of Heraldry.

**About Heraldry and the Sanson Institute:**

The use of Heraldic symbols can be traced back to pre-Christian Nomadic Tribes... followed through the colorful Crusades of the Middle Ages... and finally pin-pointed to the 13th Century, when "family arms" were employed extensively. During this period, these crests were, for the first time, carefully recorded by scribes (or Herald) and then later passed from generation to generation. In the mid-19th Century, a meticulous searching into the history and background of these same valuable "arms" began. The result of this research now forms the backbone of the Sanson Institute Library... where the documentation and rendering of over a half a million surnames (most likely, including yours) are stored.



**4-pc. Tankard Set (#Z934646D) \$29<sup>50</sup>**

© H.H.I. Inc. 1982

**ADAM YORK/UNIQUE PRODUCTS Dept. UZ-5772**  
340 Poplar St., Hanover, Pa. 17331

Please send (Qty.) \_\_\_\_\_ Set(s) of 4 Coat-of-Arms Tankards (Parchment Certificate included) with the names I have indicated below. Each Set (#Z934646D), \$29.50 plus \$2.00 shipping, handling and insurance. Pa. residents add appropriate tax. (Note: same surname on all 4 mugs per Set. If gifts, tell us where to ship.)

Surname \_\_\_\_\_  
Surname \_\_\_\_\_  
Surname \_\_\_\_\_

- Check or M.O. enclosed.
- Charge Credit Card:
  - American Express
  - Diners Club
  - Carte Blanche
- VISA/BankAmericard
- MasterCard

Account No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature (if a Credit Card order) \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Check here and send \$1.00 for year's subscription to our full-color catalogue of distinctive gifts, (Z999995X). Shipped direct from manufacturer; delays notified promptly. Shipment guaranteed within 60 days.

**OUR  
GUARANTEE**

Unique ideas, unique quality, unique value—accurately described and promptly shipped. Plus a promise: you must be pleased with your purchase or your money back fast (except post. & handl.). That's a guarantee in writing!

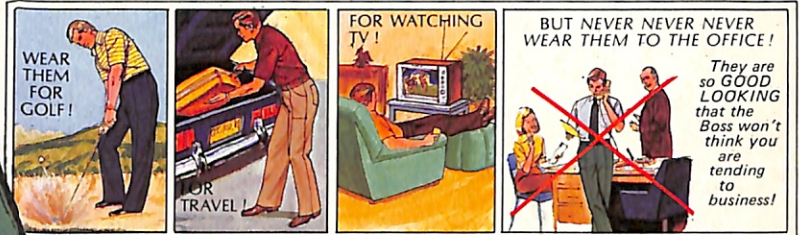


# HABAND INCREDIBLE BUY! GOOD TIME SLACKS

For **OFF DUTY HOURS!**

TAKE Any **3** PAIRS for Only **24<sup>95</sup>** ON MONEY BACK APPROVAL

It's a matter of *Comfort!* And *Style!* And big big *Savings,* on your favorite clothes: the slacks you wear *after work!* Here are the expensive easy-going good looks you want for relaxing, for vacation, for weekend hobbies or family outings. Full comfort cut. Gentle s-t-r-e-t-c-h fabrics. And guaranteed NO IRON long, long wear! Your favorite colors. A hint of "macho" outdoorsy styling, and Freedom of Action to bend and move any way you want! Most important, you are now invited to see them for yourself at no risk! Try them on, show your wife and family before you decide!



## Priced for Your Pleasure Too!!

Look! You don't have to spend a fortune! Why pay \$35 a pair in some high priced resort haberdasher or expensive catalog! Such prices take all the fun out of your leisure clothes. So now Haband, the famous mail order price busters from Paterson, N.J. have this special super-attractive offer: 3 pairs of excellent off-duty Leisure Slacks, for the good times, and you get ALL THREE PAIRS for \$24.95 !!!

- And note the QUALITY TAILORING:
- ★ 100% FORTREL POLYESTER DOUBLEKNIT TWILL!
  - ★ Hefty Wide Belt Loops for a man's sturdy wide belts.
  - ★ 100% NO IRON Permanent Press Wash & Wear.
  - ★ Indestructible Talon Zipper
  - ★ TWO Big Jumbo Cargo Pockets up front.

- ★ Full Deep Wallet Sized Back Pocket too!
  - ★ 100% Made in USA!
  - ★ FAST RELIABLE SERVICE Over 50,000 pairs now in stock!
- Millions of men from all over the U.S.A. know Haband for fine values in all their clothing needs. And you know that when they see this value, supplies will sell out fast! Now see for yourself. Let Haband show you what we can do while you pocket the savings! Hurry, while the saving is good!

Eyecatching Comfort Slacks, in the **5 BEST** NEW RESORT COLORS!

3 PAIRS FOR **24<sup>95</sup>**

WE HAVE YOUR SIZE IN STOCK!

Waists 30 to 54\* with already finished bottoms, to your proper leg length too!

No alterations needed!

\*Sizes 46 to 54 please add \$1.25 per pair.

USE THIS COUPON

SEE THEM NOW on NO RISK MONEYBACK APPROVAL!

## Haband's Long Wearing Casual Style SLACKS

HABAND COMPANY 265 N. 9th St., Paterson, NJ 07530

O.K., Haband, you may send me \_\_\_\_\_ pairs of your all season Off Duty Slacks, for which I enclose my remittance in full of \$ \_\_\_\_\_ plus \$1.95 towards the postage and handling.

OR, TO CHARGE IT:  VISA  Master Charge

Acct. # \_\_\_\_\_

EXP. DATE: \_\_\_\_\_

Guarantee: I understand that, if upon receipt I do not choose to wear the slacks, I may return them within 30 days for a full refund of every penny I paid you.

72D-020

Name \_\_\_\_\_

Street \_\_\_\_\_

Apt. # \_\_\_\_\_

City & State \_\_\_\_\_

Zip \_\_\_\_\_

Haband is a conscientious family business operating by U.S. Mail since 1925.

4 pairs for 32.95

All FIVE Pairs: 39.95!

### AVAILABLE SIZES

Waists: 30-32-34-35-36-37-38-39-40-41-42-43-44-46\*-48\*-50\*-52\*-54\*

\*Please add \$1.25 per pair for 46 thru 54.

Inseams: S(27-28), M(29-30), L(31-32), XL(33-34)

COLORS	Waist	Inseam
Sage Green A		
Silver Blue B		
Blue C		
Camel D		
Brown E		



Visit our store or SAVE GAS SHOP BY MAIL!

HABAND

265 N. 9th St., Paterson, N.J.

Telephone (201) 942-2600