

Sebring Elks Provide AED/CPR Training for Members

The Sebring Elks Lodge #1529 recently completed two training sessions for members on how to use the AED Machine that was purchased by the lodge. AED stands for automated external defibrillator and is used for those experiencing sudden cardiac arrest. The overview training session was provided by Mike Morse through Highlands County Fire Rescue. Mike is a fairly new member of the lodge and stepped forward to help the lodge out with the training. He currently works for the Highlands County Sheriff's Department and also serves as Chief of the Highlands Lakes Volunteer Fire Department. Mike gave interested members an overview of the system and the need to provide life saving techniques should they encounter an emergency situation.

Twenty-five members participated and many have shown an interest in completing the full CPR/AED training. This additional training will be held at a later date. The Florida State Elks have encouraged lodges to invest in this life-saving equipment in case an emergency arises within the lodge. The lodge is very appreciative of Sebring Elk Member Suzanne Schilffarth, who provided the monies to purchase the lifesaving AED device. This was done in memory of her husband Ron Schilffarth, a long-time Elk officer. Thank you, Mike, for sharing the information with the members and Suzanne for providing this life-saving equipment. This is what ELKdom is all about – sharing your experiences and talents with other members of the lodge.

