



*The*

# SARATOGA-WILTON ELK

*A Fraternal Organization*

*Celebrating our 123<sup>rd</sup> Year*

Vol. 69, No. 9

Saratoga Springs, New York

September 2025

## **Annual Lodge Car Show**

Sunday, September 21, 2025, from 9:00 am – 2:00 pm

## **Colonial District Soccer Shoot**

Saturday, September 27, 2025

### **A Message from the Exalted Ruler**



Dear Members and Friends of Saratoga-Wilton Lodge #161,

Welcome to September. It's time for sweatshirts, football, and a return to our regular schedule of meetings on the first and third Tuesdays of the month. We'll open our Fall season with a Ritual of Initiation on Tuesday, September 2<sup>nd</sup> at the lodge. For those of you who'd like to see the Ritual performed by the District Ritual Team, they'll be doing a District-wide Ritual of Initiation at Glens Falls Lodge #81 on Saturday, September 6<sup>th</sup> at 11am. If you plan to attend, please arrive at least 30 minutes prior to the ceremony.

In addition to our Lodge meetings on September 2<sup>nd</sup> and 16<sup>th</sup>, this month will feature the NYSEA Fall Convention, September 18<sup>th</sup>-20<sup>th</sup> at Villa Roma, our Lodge Car Show on September 21<sup>st</sup>, and the District Soccer Shoot which will be held at Glens Falls Lodge #81 on Saturday, September 27<sup>th</sup>. Last year's car show was a phenomenal event and this year's is shaping up to be outstanding. Let's all hope for great weather and turn out to enjoy the food, browse the craft vendors, and admire the myriad of magnificent machines.

October will be here in barely four weeks and we'll open the month with our Old-timer's dinner on October 2<sup>nd</sup> and a visit from our NYSEA State President John Lawless on October 3<sup>rd</sup>. Keep an eye out for more information on each of these important events.

Those of you reading this newsletter online, please be sure to scroll to the bottom of this page and click the DOWNLOAD button so you can read the rest of the newsletter. There's a lot going on in our lodge and if you don't click DOWNLOAD, you're missing it.


Fraternally,  
Kathy Jackson, Exalter Ruler

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*A Fraternal Organization*

PUBLISHED MONTHLY

**SARATOGA-WILTON LODGE B.P.O.E. NO.161**  
*A Fraternal Organization*

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 Saratoga Springs, NY 12866 swelks161@yahoo.com

Chartered August 14, 1902

Kathy Jackson, PER.....Exalted Ruler  
 Patricia Gross.....Esteemed Leading Knight  
 Miranda Loachamin.....Esteemed Loyal Knight  
 .....Esteemed Lecturing Knight  
 Barbara Ash.....Secretary  
 Robert D. Lounsbury, PER.....Treasurer  
 John Shaw.....Trustee 1 Year  
 Thomas J. Curley, PDDGER.....Trustee 2 Year  
 Michael D. Cummings, PDDGER.....Trustee 3 Year  
 Geraldine Conboy, PER.....Trustee 4 Year  
 Stephen Dorsey, PDDGER.....Trustee 5 Year  
 Matthew J. Dorsey ESQ.....Justice of Subordinate Forum  
 Susan Waghorn, PER.....Esquire  
 Holly Drew.....Chaplain  
 Marge Leabourne.....Inner Guard  
 Gerard Ketcham.....Tiler  
 John Keene.....Organist  
 Jean Spencer-Lane.....Soloist

*The Saratoga-Wilton Elks Bulletin is a monthly publication prepared for Saratoga-Wilton Lodge B.P.O.E. No. 161 P.O. Box 3111, Saratoga Springs, NY 12866-8005 - A non-profit fraternal organization.*

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**Doc's Corner**

**BLOOD IN THE URINE.....HEMATURIA**

Seeing blood in the urine can be unnerving in most cases. The cause is usually harmless but investigation is needed to make sure more serious conditions are eliminated.

Blood in the urine that can be seen is called gross hematuria. Blood present in the urine but unseen by the naked eye is microscopic hematuria.

Red or pink urine can be caused by conditions other than blood. Certain medicines as well as a variety of foods including beets and rhubarb may be the cause.

Causes and risk of hematuria are multiple:

- infections of the urinary tract
- bladder or kidney stones
- enlarged prostate or prostate infection
- medications including certain anti-cancer drugs, blood thinners, and antibiotics
- injury to the kidney
- urinary tract cancer
- extreme exercise
- age and family history

Diagnosis of the cause of hematuria:

- history and physical examination with your primary health care provider
- imaging tests that may include x-ray, ultrasound, CT and/or MRI
- urinalysis and urine culture
- Cystoscopy performed by a specialist to directly visualize the lower urinary tract and bladder.

Treatment obviously depends upon the cause. Early intervention and treatment are key to a safe and comfortable outcome.

## *Mark Your Calendars*

### **New York State Elks Association Fall Conference**

September 18-21, 2025 (Thursday through Sunday)

Villa Roma Resort & Conference Center

### **Annual Lodge Car Show**

Sunday, September 21, 2025 from 9:00 am – 2:00 pm

Rain Date: Sunday, September 28, 2025

Vendors, Food, DJ, Raffles

Spectators Free

### **Colonial District Soccer Shoot**

Saturday, September 27, 2025

RAINDATE: Sunday, September 28, 2025

Registration; 10:00 am, Start: 11:00 am

Glens Falls Lodge No. 81

### **PER Meeting**

Sunday, September 28, 2025 @ 1:00 pm

### **Old Timers Night**

Thursday, October 2, 2025

6:00 pm Cocktails, 7:00 pm Dinner

### **State President John Lawless's Visit**

Friday, October 3, 2025 @ 6:30 pm – 8:00 pm

Pub Night – Pasta Cooked to Order

### **District Dinner for State President John Lawless**

#### **And Colonial District Fund Trivia Night**

Saturday, October 4, 2025 @ 6:00 pm

Greenwich Lodge #2223

### **Indoor Craft/Garage Sale**

Sunday, October 12, 2025 11:00 am – 3:00 pm

### **Open House For Members Interested in Leadership Positions**

Tuesday, October 14, 2025 @ 7:00 pm

Pizza and Wings Will Be Served

### **District Basket Raffle**

Saturday, November 1, 2025

Doors Open: 1:00 pm, Drawings Start: 3:00 pm

Glens Falls Lodge No. 81

For the Benefit of State Major Project

### **District Deputy Don Roy's Lodge Audit**

Saturday, November 8, 2025 @ 10:00 am

## Saratoga Shout-outs



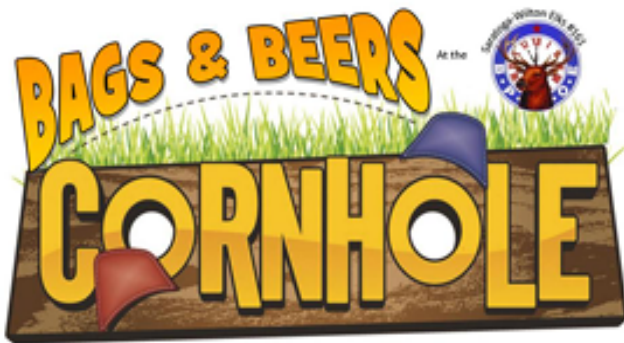
Huge thank-yous and warm appreciation to:

- To all of the officers, district chairs, and members who turned out for District Deputy Don's first DD clinic, thank you for choosing to invest in Elksdom by spending a beautiful August afternoon at the Lodge. These clinics provide us with the opportunity to learn from our leaders and from each other, and to work together to develop new ways to serve our community.
- To Ken Kohl and Marge Cornell for preparing and serving breakfast to patients and families staying in the Fisher House at Stratton VA on August 20th. Patients and their families were served pancakes, bacon, eggs, cinnamon rolls, juice, coffee, tea, and fresh fruit. This activity, funded by our Freedom Grant, provides good food and friendly conversation to those facing difficult circumstances while staying away from home.
- To the volunteers who worked long hours in a hot kitchen to deliver our annual clam bake and steak dinner. Your willingness to serve in spite of the oppressive weather was appreciated by all in attendance.



Event or Committee	Day	Date	Time	# of people needed	Details	Contact
<b>Bingo</b>	Monday	Every Monday	5-7pm	Min of 15, optimum 20+	sell tickets, food, etc.	Roxane Major
			7-9pm		Bingo callers, cleanup	No need to sign up in advance. Just show up and ask for Roxane.
<b>Curb-Side Dinner</b>	Wednesday	weekly	4-6pm	2 to 6	Help bag curbside dinners	Volunteers may only be needed once or twice a month. If interested, see Patrick.
<b>Garage Sales</b>	Sunday	1x/month from Sept. thru May, 2x in Nov.	11am - 3pm	2-3, plus people to prepare food	Room set up, food prep, food sales, clean up	Debbie Ozolins deborahozolins@gmail.com
<b>Veterans Services Fisher House Breakfast Team</b>	weekdays as needed	once or twice a month	7am -10am	2-3 people needed for each visit	Prepare and serve breakfast for patients and their families who are staying at the Fisher House at the Stratton VA Hospital. We'd like 5 or 6 regular volunteers so we can rotate multiple teams.	Ken Kohl 518/596-0498
<b>Veterans Services</b>	Tuesday	Sept. 23	6:00pm	10+	Monthly meeting. All are welcome to attend.	ER Kathy kjax.elks161@gmail.com

Committee and event chairs: If you need volunteers or would like to post committee meeting times to this dashboard, contact ER Kathy at [kjax.elks161@gmail.com](mailto:kjax.elks161@gmail.com)



## Cornhole is Back!

Come play cornhole with family and friends.

Bring a dish to share and \$5

You could win the \$5 or more!

This is for Elks, family and friends.

So come one come all!



**So far this year since January 1<sup>st</sup> we lost  
the following members:**

James M. Coyne - January 10, 2025

Judy Borden – February 18, 2025

James Carrigan – March 21, 2025

Robert D’Andrea – March 21, 2025

David T. Wallingford – March 25, 2025

Robert W. Ritchie – April 28, 2025

William Pettigrew – May 24, 2025

Walter D. Jennings, Jr. – July 18, 2025

Barbara Broderon – July 26, 2025

**To our Absent Members!**

## FROM THE SECRETARY’S DESK



Please take the time to check out the front lobby and hallway bulletin boards. I’ve posted the draft agenda for the Fall Conference which will be held at Villa Roma September 18 to 22. There are also blank forms for the Colonial District Trivia Contest to be held on October 4 in conjunction with the State President’s visit dinner at Greenwich Lodge. Let’s show the district how smart Saratoga-Wilton Elks can be – if the category isn’t country music that is!

Barb Ash – 518-879-8713 (cell) or swelks161@yahoo.com



## \$\$ MESSAGE FROM THE TREASURER \$\$

Enclosed in this newsletter is a survey entitled - Lodge Member Questionnaire. If you would please complete this one-page survey and return it to me at your convenience to Bob Lounsbury your Treasurer, it would be greatly appreciated. You can submit this survey by one on the following methods:

- 1) Either by mail to the address below
- 2) Simply placing the survey in my mailbox in the Lounge at our Lodge
- 3) You can pick up a copy at the lodge if you would like to fill it out
- 4)

As you are a member of this Lodge, I would love to hear from you - your opinions, your likes, your dislikes, our strengths, our weaknesses, etc. This survey will serve as a tool to make our Lodge even greater than it is already today.

Saratoga-Wilton Elks Lodge #161

Attn: Bob Lounsbury

1 Elks Lane

Saratoga, Springs, NY 12866

**September 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day <u>Closed</u>  No Bingo	2 Lodge Meeting 7 PM Initiation of new members	3 Curbside Dinner	4 Cornhole (H) 6-8 PM	5 Pub Night	6 Private Party (H)
7 Flea Market	8 Bingo (H)	9	10 Curbside Dinner	11 Cornhole (H) 6-8 PM Board of Directors Meeting 6 PM	12 <u>Pub Night</u>  Private Party (H)	13 Avant Guard event
14 Toy Fair Paco N Dastyx Inc. (H)	15 Bingo (H)	16 Lodge Meeting 7 PM	17 Curbside Dinner	18 Cornhole (H) 6-8 PM	19 Pub Night	20
21 Annual Lodge Car Show 9-2 PM	22 Bingo (H)	23 Veterans Stand Down Meeting 5:30	24 Curbside Dinner	25 Cornhole (H) 6-8 PM	26 Pub Night	27
28 Car Show Rain Date	29 Bingo (H)	30				

**October 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Curbside Dinner	2 Old Timers Night (H)	3 Pub Night	4 Saratoga County Highway Dinner
5 Toy Fair Paco N Dastyx Inc. (H)	6 Bingo (H)	7 Lodge Meeting 7 PM	8 Curbside Dinner	9 Cornhole (H) 6-8 PM	10 Pub Night	11

**September Birthdays**

1 Richard Green	9 Susan Arpei	15 Michael Biss	20 Briggs Kingsley Ragan
1 John King	9 Michael Fiore	15 Martin Sherman	20 Timothy Szczepaniak
1 Brian Szewczyk	9 Harry Wade	15 Richard Wirth	23 Raymond Gagnon
2 Rich Gregory	10 Karen Foster	16 James DeConno	23 Claude Rodrigue
2 Heather Hannon	10 Richard Lockwood	16 Daniel Rivers	24 James Coyne
5 Deborah McAllister- Martin	11 Stephen Ames	17 David Swick	24 Victor Huggard, Jr.
6 John Armstrong	11 Miranda Loachamin	18 Matthew Dorsey	24 Robert Lounsbury
6 Kenneth Weliczak	11 Stephen O'Shea	18 Patrick Faiola	24 John Vary
6 Gerard Zabala	12 John Anuszewski	18 John Keene	27 John Carey, Jr.
7 Frederick Shear, IV	12 Mark Raleigh	19 Martin DePoalo	27 Paul Okosky
8 Patricia Gross	13 Mark O'Rourke	19 Charles Fricano	27 Robert Wilson
	13 William Rose, Jr.		

## Doc's Corner

### BLOOD IN THE URINE.....HEMATURIA

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- cystoscopy performed by a specialist to directly visualize the lower urinary tract and bladder.

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DOC



## Drug Awareness

On September 27<sup>th</sup>, in preparation for two Drug Awareness Programs (DAP), 300 backpacks were stuffed with DAP information and school supplies at Tru Cutz Barbershop located: 45 Park Place, Saratoga Springs. Tru Cutz will offer free haircuts, food, games & activities on September 1 & 2, for PreK-12 in partnership with Callista & Co. to provide young ladies with back-to-school cuts/trims. Pictured are (sitting) PER Lester Cole, Jr., PER Dora Lee Stanley, Tru Cutz Event Planner Kathy Kressner and Tru Cutz Co-owner and Master Barber Henry Jenkins.

## **200 CLUB 50/50 RAFFLE**

1. **Monthly Drawing:** Every month for 12 months there will be a drawing on the third Pub Night of the month commencing on October 17, 2025. The drawing will occur at 6:30 pm. Winners need not be present.
2. **Tickets:** 200 Tickets will be sold with each ticket having a number from 1-200. The ticket number you buy will be your number for all 12 monthly drawings. Tickets are \$5 per month, but you must pay \$60 ( \$5 x 12 months) up front for the whole year. Payments of less than \$60 will not be accepted.
3. **50/50 Split Between Monthly Winner and Lodge:** Every month the pot will be \$1,000 (\$5 x 200 numbers/tickets). \$500 will go to the purchaser of the winning number, and \$500 to the Lodge for Kitchen Equipment Repairs and Purchases. In total, the Lodge's share would be \$6,000.
4. **Ticket Limitations:** Every Elks member will be limited to 2 tickets/numbers. Non-members will be limited to 1 ticket/number. Only Elks members will be permitted to purchase tickets/numbers from September 15 – 30, 2025. Non-members will be permitted to purchase tickets/numbers commencing October 1, 2025.
5. **Master List:** A master list will be maintained of who is assigned to each number in case you lose your ticket.
6. **Purchase of Tickets/Numbers:**
  - A. Tickets will be sold randomly on a first come, first served basis. Ticket numbers will be pulled out of a drum or other similar receptacle.
  - B. Requests for specific numbers will not be honored, with the exception that the Lodge will purchase the number 161. If the number 161 is drawn, the Lodge will win the entire monthly pot of \$1,000 for Kitchen Equipment Repairs and Purchases.
  - C. Tickets will be sold from September 15, 2025 – October 15, 2025, or until all tickets are sold. If tickets are still available on October 15, 2025, Elks members may purchase up to two additional tickets/numbers beyond the allotted limit of two, and non-members may purchase an additional ticket/number.

# SARATOGA-WILTON ELKS LODGE NO. 161



BENEVOLENT AND PROTECTIVE ORDER OF ELKS

P.O. Box 3111, 1 Elks Lane  
Saratoga Springs, New York 12866  
(518) 584-2585

**Thank you so much for being a member of Saratoga-Wilton Elks Lodge #161. Please take a few minutes to answer this questionnaire so we can serve you better.**

- 1) Why did you become an Elk?       Family Tradition       Help the Community  
 Meet new Friends       Prestige       Other \_\_\_\_\_
- 2) Would you consider ever becoming an Officer for our Lodge?  
 Yes       No      If no why? \_\_\_\_\_
- 3) Do you consider the Newsletter informative and helpful?  
 Yes       No      If no why? \_\_\_\_\_
- 4) Is our Lodge well maintained & facilities clean and inviting?  
 Yes       No      If no why? \_\_\_\_\_
- 5) Do you feel the overall atmosphere is friendly, cordial and inviting?  
 Yes       No      If no why? \_\_\_\_\_
- 6) How would you rate the overall management of our Lodge?  
 Excellent  Good  Neutral  Poor  Very Poor
- 7) How would you rate your current level of Elkdom pertaining to our Lodge?  
 Excellent  Good  Neutral  Poor  Very Poor
- 8) What activities would you like to see or not see in our Lodge?

9) What do you believe are the strengths of our Lodge?

\_\_\_\_\_

\_\_\_\_\_

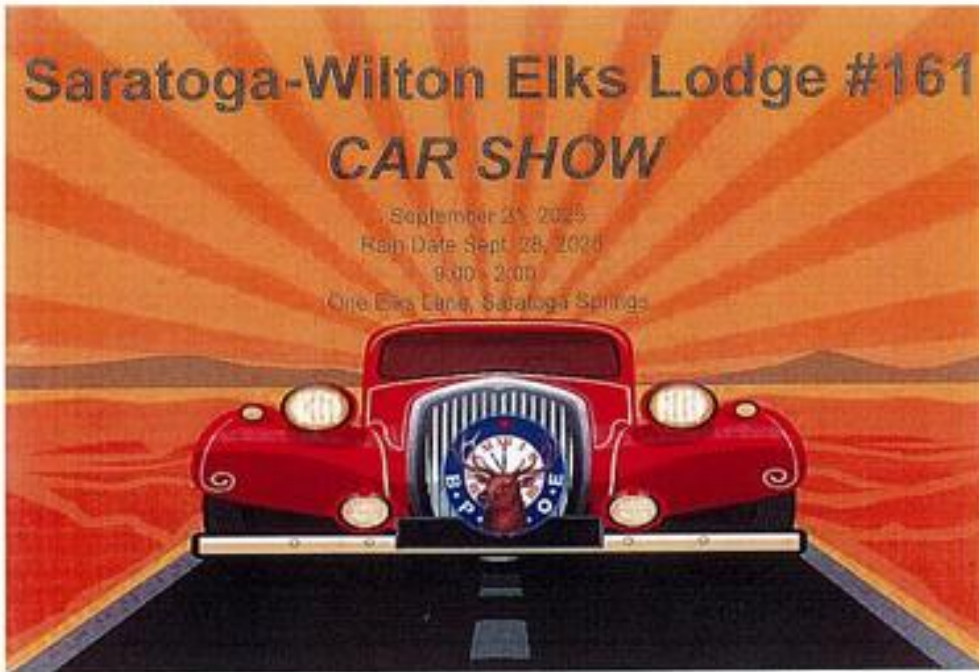
10) What do you believe are the weaknesses of our Lodge?

\_\_\_\_\_

\_\_\_\_\_

Insert your name here \_\_\_\_\_ if you would like us to follow up with you.

Phone Number \_\_\_\_\_ The number of years as an Elk? \_\_\_\_\_



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**Dora Lee Stanley**  
**John Lant**

**The Keith Hedge Memorial**  
**Don Roy & Holly Lee**

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**Individuals:** Don Roy, Holly Drew, Dora Lee Stanley, John Lant, Mike and Pat Kaniuka and The Keith Hedge Memorial.

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**Come and have a great time!**  
**\$5 per person.**  
**Bring a dish to share!**  
**Fun Fun Fun!**

Thursday, September 4th – Cornhole 6 PM  
Thursday, September 11th – Cornhole 6 PM  
Thursday, September 18th – Cornhole 6 PM  
Thursday, September 25th – Cornhole 6 PM

**This is for Members, their family, and their guests!**



Saratoga-Wilton Elks No. 161  
P.O. Box 3111  
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