



Larry Torres, who has served as the West Region Hoop Shoot Director for 18 years, pumps up the fans and volunteers at the 2019 Hoop Shoot National Finals. Torres is inspired by the gritty kids who compete in the Hoop Shoot, and the ENF is inspired by the way he represents what it means to be #OneOfAMillion!

ENF SUPPORTERS ARE ONE OF A MILLION

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ENF

SUPPORT THE GREAT
HEART OF ELKDOM!

Donate at enf.elks.org/HBWinter,
and your gift will be
put to work immediately
in Elks communities!

The Elks National Foundation wasn't built by a small number of people donating large sums of money; it was built by more than 1.5 million people giving mostly small sums.

The ENF's supporters are one of a million. They each have a preferred way to give back, and every one of a million has a story that reflects *why* they give back.

Susan Good, a member of Fresno, Calif., Lodge No. 439, values the difference Elks make. Good described volunteering with her Lodge's Community Investments Program grant projects as the most rewarding volunteer experience of her life.

"It really came alive to me, what it means to be an Elk, when I had the opportunity to get involved the way that I have," Good says. "It has given me the opportunity to help others and get into the community and be able to work with wonderful people who are fellow members who care as much about our community."

Lodge ENF grants help Elks strengthen communities, but there are other ways—and whys—to give back.

Take Larry Torres, a member of Coalinga, Calif., Lodge No. 1613. Torres has served as the West Region Hoop Shoot Director for 18 years. He is inspired by the "truly gritty" kids who participate in the Hoop Shoot and the lessons the program teaches.

"Growing up, the Elks made it possible for me to be involved in sports," Torres says.

see Million, continued on page 2





As a small display of our gratitude, Board Chair Jim Grillo (left) presented a plaque and pin for reaching the Bronze level of cumulative giving to Mary Carolyn Nicholson during a dinner at the Advisory Committee meetings in Hawaii. Also pictured is her spouse and member of the ENF Board, PGER Jim Nicholson. Mahalo, Mary Carolyn!

Million, continued from page 1

MARK YOUR CALENDAR

MARCH 15-21:
Spring Elks Scholar Service Trip
in Wheeling, West Virginia

MARCH 31:
2019-20 Fiscal Year Donation
Deadline

APRIL 1:
2021 Grant Applications Open

APRIL 13:
Monday Madness—Hoop Shoot
National Finals Shooting Order
Announcement

APRIL 16-19:
Hoop Shoot National Finals

APRIL 23-26:
MVS Leadership Weekend

“I want to give back to the Elks the way they gave to me and support our local community.”

Mary Carolyn Nicholson, Elksdom’s First Lady for 2009-10, gives back by coordinating grant projects for Ohio River Valley, Ohio, Lodge No. 231—and as her Lodge, District and State ENF Fundraising Chair.

Nicholson volunteers with the ENF because of the influence the CIP grants have in her community.

“The gratitude of the recipients, the humility that it engenders in our Elks members and me, and the realization that we are making a difference in the lives of children, veterans and families is inspiring,” Nicholson says. “The more we give in time, talent and resources, the more we receive back in personal gratification and immense satisfaction.”

For Nicholson and other supporters, giving back is less about the way and more about the why. There are ample reasons to be one of a million.



Susan Good shows what it means to be an Elk during the ENF Donor Event at the 2016 Elks National Convention in Houston.



Twenty-two Elks scholars served smiles as much as they served communities in need while on the Elks Scholar Service Trip in San Diego. The scholars went with the intention of giving back, but they received unexpected memories, friendships and life lessons in return.



IT'S THE LITTLE THINGS

Small actions can make an immense difference in the lives of others. In January, 22 Elks scholars traveled to San Diego for a week of learning, serving and connecting in the name of the Elks for the Winter Elks Scholar Service Trip. There, they brought the idea of the “little things” to life.

The scholars served the San Diego community. They sorted clothing donations at the Veterans Village of San Diego and bagged 10,000 pounds of produce at the San Diego Food Bank.

Venturing into the community, the scholars distributed hygiene kits to individuals experiencing homelessness as part of their service with the San Diego Rescue Mission. They connected with their neighbors in need and learned that homelessness doesn't define the individuals experiencing it.

For many, the service they completed at the Veterans Home of California in Chula Vista was the highlight of the week. There, the scholars cooked and served a barbecue lunch, cleaned and decorated, and shared dinner and played bingo with the residents as well as Elks from Chula Vista, Calif., Lodge No. 2011.

At the Veterans Home, the scholars connected with veterans and volunteers alike. They were especially moved when the veterans began to thank them for taking the time to share in conversation and connection; it was the scholars who felt they should be sharing their gratitude for the veterans.

The veterans were greatly affected by the scholars' compassion. A resident of the Veterans Home approached a scholar, curious about the service trip and the Elks National Foundation. Within minutes, she and her husband decided to donate to the ENF. Just interacting with the scholars as they cleaned and cooked in the veterans' home, the couple—who had never heard of the Elks prior—was moved to give back.

see San Diego, continued on page 4



Camryn Franke (left) and Michael Tran (right) exchange nerves and tension for a healthy dose of laughter and friendly competition, breaking the ice covering the 2019 MVS Leadership Weekend with a riveting game of rock paper scissors.

MVS TOP 20 WEEKEND IN CHICAGO

The Most Valuable Student contest culminates at the end of April with the MVS Leadership Weekend.

The top 20 finalists will be announced at the beginning of April, and these finalists will spend April 23-26 in Chicago where they will share their past accomplishments and their future ambitions with us. They will serve veterans at the Jesse Brown V.A. Medical Center, visit the Elks National Headquarters and Veterans Memorial, take on leadership activities, and connect with other Elks scholars.

During this seventh annual MVS Leadership Weekend, they'll also interview for the top six scholarships: two each at \$30,000, \$40,000 and \$50,000.

We can't wait to welcome these outstanding individuals to the #ElksFamily!

ASK THE ENF

Q On a recent episode of the *Midday Minute*, Jim and Debbie talked about a new campaign, the March to 1,000. How do I get involved, and what does it mean for me?

—Marching from Madison

A Dear Marching:
The ENF's founder, John F. Malley, envisioned the Foundation would "unite the forces of the Order into a mighty army for the service of humankind." The ENF is marching toward 1,000 YouTube subscribers, which will unlock the ability to livestream on YouTube from ENF events. We need you, the Mighty Army, to mobilize and subscribe to help us reach our goal.

YouTube livestreams will give you behind-the-scenes access to ENF events and showcase how your support enhances our programs. You can take part in the March to 1,000 by subscribing to the ENF's YouTube channel by March 31. When/if we reach 1,000, two winners will be randomly selected to win an iPad mini!

And, there's more—comment on the new episodes of the ENF's YouTube show, the *Midday Minute*, with your thoughts and add #ENFMidday. One viewer will be chosen each episode to receive a \$50 soft-credit donation to the ENF program of their choosing!

For contest rules and step-by-step instructions on subscribing and setting your subscriptions as public, head to enf.elks.org/MarchTo1000. Visit enf.elks.org/YouTube to subscribe and tap the bell to be notified every time we post new content.



Elks scholars take a break from building stronger communities to build lasting friendships as they have a ball playing mini golf in San Diego. The scholars connected with Elks, individuals in need, and one another while on the trip, fully embracing the meaning of #ElksFamily!

San Diego, continued from page 3

For the scholars, the most meaningful moments of the trip stemmed from connection—with one another, with Elks, and most important, with the people they served.

"I feel that I now represent the Elks and will strive to demonstrate the values encompassed by this incredible organization throughout all my endeavors," says Eric Xia, a 2017 MVS scholar. "I will always be a part of this great big Elks family."

The Elks National Foundation offers three Elks Scholar Service Trips per year. These trips provide scholars the opportunity to learn about societal issues, serve those in need in the name of the Elks, and connect with their Elks family from across the country. For more information about the trips, visit enf.elks.org/ScholarServiceTrips.

MONDAY MADNESS

Attention Hoop Shoot fans! The 2020 Hoop Shoot National Finals are almost here, which means it's almost time to meet this year's 72 National Finalists. We'll tip off the action with Monday Madness—our annual announcement of the shooting order for the Hoop Shoot National Finals.

Join us as we livestream Monday Madness on April 13 at 5 p.m. CST. Visit enf.elks.org/Madness to watch us present the shooting order for the 2020 National Finals. It's sure to be a slam dunk!





The Greater Pine Island Lodge helps Elks build stronger communities—literally! The Lodge started the Elks Senior Housing Project to help low-income seniors and veterans in their community repair their homes, strengthening not only the houses but also their community.



IMPACT GRANT IMPROVES LIVES

When Elks see a need, they work together to meet it. The members of Greater Pine Island, Fla., Lodge No. 2781 are no different. With Impact Grant funds from the Elks National Foundation, the Lodge initiated the Elks Senior Housing Project to help low-income seniors, veterans, and people with disabilities complete vital home repairs and modifications to make their houses safer.

“Improving the lives of others is the core of everything we do,” says Judy Hopkins, Exalted Ruler of the Lodge. “We provide home repairs to prevent homeowners from suffering injury and falls, accidents, or having to move out of their homes and into assisted living.”

The Lodge helps by installing wheelchair ramps and handrails, painting residences, and removing hurricane debris. No matter how small the repair, the effect is monumental: turning houses back into homes.

The project’s impact extended past Pine Island. The Lodge reached out to the Bethel Community Church’s Powerhouse High School Group in Chicago—more than 1,000 miles away. On a mission to do service projects, 33 students paid their way to Pine Island to help with repairs.

“Empowering youth to identify and respond to community needs helps them become empathetic, reflective individuals, setting them on a course to potentially continue this important work in their future and perhaps become active members of their local Elks,” says Hopkins.

The Lodge had their \$10,000 Impact Grant renewed for 2020, and they’re already looking for ways to expand the program.

“We’ve found that volunteer activity often reshapes or redirects people’s values, perspectives, and even their life goals,” Hopkins says. “We do not volunteer, for the most part, because it benefits us. We volunteer because it makes a difference.”



As Elks help clear hurricane debris, they clear away the worries of seniors and veterans who are physically unable to do the cleanup themselves.



Catalina Mountain, Ariz., Lodge No. 2815 uses their CIPerPowers to dress up the lives of kids in their community! The Lodge uses an ENF Gratitude Grant to let elementary kids shop for clothes, giving them much-needed items and the ability to choose.

USE YOUR CIPerPOWERS

It doesn’t take a special suit or high-tech gadgets to be a superhero—all it takes is some heart. Every day, Elks across the country perform acts of kindness that make extraordinary differences in people’s lives, and grants from the ENF’s Community Investments Program help support those initiatives.

Let 2020 be the year you try out your CIPerPowers! From starting a large, Lodge-run charitable project with a \$10,000 Impact Grant to supporting an existing local charitable activity with a Gratitude Grant, the CIP offers many opportunities to help your Lodge give back to your community—no matter what your superpower may be.

Applications for 2020-21 grants open April 1. Need ideas? Check out the CIP Grant History Report at enf.elks.org/CIPHistory for examples of successful grant applications and approved grant projects.

Remember, not all heroes wear capes. Some have antlers instead.

JOHN F. MALLEY SOCIETY

The John F. Malley Society honors individuals who plan gifts to the Foundation. We sincerely thank the following members of the Malley Society. This is the complete active membership. For more information about the Malley Society and stories about Malley Society members, visit our website at enf.elks.org/MalleySociety or contact Kate Keating Edsey at 773/755-4866.

Roy E. Ahrens	Fort Pierce, FL, Lodge No. 1520	Charles W. Lester	El Dorado, KS, Lodge No. 1407
Stephen W. Barker	Carmichael, CA, Lodge No. 2103	Fred D. Lewis	Seymour, IN, Lodge No. 462
Ronald R. Bauer	Madison, NJ, Lodge No. 1465	Dennis London	Pahrump, NV, Lodge No. 2796
Raymond G. Beers	Santa Monica, CA, Lodge No. 906	John E. Markee	Brookfield, IL, Lodge No. 1510
Edward C. Black Jr.	Louisville, KY, Lodge No. 8	John E. Markiewicz	Orange Park, FL, Lodge No. 2605
Nancy Brennan	Torrance, CA, Lodge No. 1948	Patricia McCauley	Gardena, CA, Lodge No. 1919
Gary W. Brown	Sanford, ME, Lodge No. 1470	Geffrey K. McDaniel	Englewood, CO, Lodge No. 2122
Deborah K. Brunner	Plattsburgh, NY, Lodge No. 621	Joel L. Mills	Boise, ID, Lodge No. 310
John W. Buza	St. George 'Dixie', UT, Lodge No. 1743	George M. Minichiello	Newport Harbor, CA, Lodge No. 1767
William W. Carpenter	Brighton, CO, Lodge No. 1586	Lysa Molnar	Putnam, CT, Lodge No. 574
Clarence 'Ed' Carter	Burien, WA, Lodge No. 2143	Linda G. Mounts	Bullhead City, AZ, Lodge No. 2408
Donald R. Checchi	Santa Monica, CA, Lodge No. 906	E. Lance Nelson	Frackville, PA, Lodge No. 1533
William J. Chinn Jr.	Danbury, CT, Lodge No. 120	James W. O'Kelley III	Chicago Northshore, IL, Lodge No. 1316
Nels Christianson	Willmar, MN, Lodge No. 952	Robert M. Oberlander Jr.	Niagara Falls, NY, Lodge No. 346
David P. Cioe	Bristol County, RI, Lodge No. 1860	Scott Paine	Torrance, CA, Lodge No. 1948
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LeRoy and Betty Cook	Catalina Mountain, AZ, Lodge No. 2815	Christopher L. Perera	Glendale, CA, Lodge No. 1289
Brett M. Davis	Lakewood Ranch-Sarasota, FL, Lodge No. 2855	Phillip C. Petrie	Eagle River, AK, Lodge No. 2682
David and Vickie Dean	Sierra Vista, AZ, Lodge No. 2065	Thomas M. Petro	Trenton, NJ, Lodge No. 105
Cullen S. Downing	Lebanon, NH, Lodge No. 2099	R. A. and Margaret Pickett	Santa Monica, CA, Lodge No. 906
Edward G. Downs	Charleston, SC, Lodge No. 242	Maxime A. Pilon	Albion, NY, Lodge No. 1006
Robert L. Duitsman GER	Culver City, CA, Lodge No. 1917	Mark A. Porter	Richmond, CA, Lodge No. 1251
Kristi Dupler	Oceano/Five Cities, CA, Lodge No. 2504	Randall D. Pray	Keeseville, NY, Lodge No. 2072
Lance M. Erickson	Atascadero, CA, Lodge No. 2733	Reyne Rocha	Gardena, CA, Lodge No. 1919
Ronald Fink	Santa Monica, CA, Lodge No. 906	Jon-Paul Roden	Rockville, CT, Lodge No. 1359
Robert D. Fissette	Sumter, SC, Lodge No. 855	Robert and Vicki Rolewicz	Brookfield, IL, Lodge No. 1510
Erin M. Fitzsimmons	Davenport, IA, Lodge No. 298	Christine Henderson Rose	Somerville, NJ, Lodge No. 1068
Kathryn W. Foy	Connellsville, PA, Lodge No. 503	Alyssa M. Santos	Gardena, CA, Lodge No. 1919
Frank H. Frazier	Santa Monica, CA, Lodge No. 906	William M. Sisco	Ocean Shores-North Beach, WA, Lodge No. 2581
Michael E. Fredrickson	Moreno Valley, CA, Lodge No. 2697	Aaron D. Smith	Oak Harbor, WA, Lodge No. 2362
Andrew C. Gilday	New London, CT, Lodge No. 360	Michael and Linda Stanley	Van Wert, OH, Lodge No. 1197
Susan P. Good	Fresno, CA, Lodge No. 439	Robert R. Stevens	Bluefield, WV, Lodge No. 269
Sandra N. Gowan	Vacaville, CA, Lodge No. 2638	Nester W. Tan	Florence, OR, Lodge No. 1858
N. Todd Graves	De Kalb, IL, Lodge No. 765	Robert E. Taylor	Manchester, CT, Lodge No. 1893
Beverly A. Hamby	Virginia Beach, VA, Lodge No. 2268	Daniel G. Taylor	Tri-Cities, WA, Lodge No. 2755
Donald L. Hamilton	Tucumcari, NM, Lodge No. 1172	William C. Tennis	Hampton, VA, Lodge No. 366
Carroll S. Hamilton	Newark, DE, Lodge No. 2281	Robert L. Thomas	Milford, CT, Lodge No. 1589
Arlie C. Hammons III	Kalamazoo, MI, Lodge No. 50	Pat Tracey	Houston, TX, Lodge No. 151
Lester C. 'Ted' Hess Jr. PGER	Wheeling, WV, Lodge No. 28	Roger R. True PGER	Tri-Cities, WA, Lodge No. 2755
Carolyn Horton	Santa Monica, CA, Lodge No. 906	Les A. Villiados	Santa Monica, CA, Lodge No. 906
Willis J. Jamieson Jr.	Mendota, IL, Lodge No. 1212	Louis and Marilyn Vits	Rogers-Bentonville, AR, Lodge No. 2144
David B. Juppe	Annapolis, MD, Lodge No. 622	E. Jeanne Walker	Green Valley, AZ, Lodge No. 2592
John J. Kempel	Freeport, IL, Lodge No. 617	Jan A. Wankowicz Sr.	Milford, CT, Lodge No. 1589
Edward R. Kennedy	Harrison County, WV, Lodge No. 2875	Heather M. Weyn	Brookfield, IL, Lodge No. 1510
David S. King	Elizabeth City, NC, Lodge No. 856	Matthew Whisman	Miscellaneous, KY, Lodge No. 8513
Harlan and Lois Kundel	Davenport, IA, Lodge No. 298	Cynthia Wyszynski	Telluride, CO, Lodge No. 692
John and Karen Landry	Long Beach, WA, Lodge No. 1937	Howard and Violet Ziebell	Florence, OR, Lodge No. 1858



Cynthia Wyszynski (center) joined ENF Director Jim O'Kelley (left) and Assistant Director Debbie Doles (right) on a special roadshow of the *Midday with the ENF* podcast recorded at the Colorado Elks Association's Winter Quarterly. Also pictured is Wayne Rogers of Golden Lodge No. 2740.



SPECIAL KIND OF CITIZENRY

Cynthia Wyszynski has been helping Telluride, Colo., Lodge No. 692 secure Elks National Foundation grants for as long as she has been an Elk—more than 12 years. From serving veterans to aiding youth, Wyszynski is a master of giving back to her community and making sure no grant money is left on the table.

“Through grants provided by the ENF to our local Lodge, I have met some of the most amazing people, experienced some of the best days of my life, and been able to contribute positively to my wonderful community in ways that would not have been possible otherwise,” Wyszynski says.

Even though Wyszynski says her town is known for ski resorts and its wealth, she emphasizes that there is a special kind of citizenry underneath all the snow that has nothing to do with the vacationers.

“They’re kind of an unseen community, but they’re part of us—they’re what makes us work,” Wyszynski says. “And having the opportunity to spend that money in our very own community, even though [the ENF] is a national organization, is really near and dear to my heart.”

Wyszynski stresses the importance of planning for grant projects, particularly for the \$10,000 Impact Grant, to ensure the projects make the biggest difference in her community. Applying this idea to her own life, Wyszynski planned a gift to the ENF and joined the John F. Malley Society, ensuring no aid for her community would be left on the table.

Learn more about the John F. Malley Society at enf.elks.org/MalleySociety.

Leave your legacy. For additional information about ENF planned giving, please visit ENFPlannedGiving.org. To discuss planning a gift to the Elks National Foundation, please contact Kate Keating Edsey at KateE@elks.org or 773/755-4866.

BEQUESTS

The Elks National Foundation honors the following remarkably generous people who, from April 1, 2019 through January 2020, left bequests to the ENF. Though they are no longer with us, their legacy will continue to help expand our philanthropy. To learn how you can benefit from leaving your legacy, contact your financial adviser and visit enfplannedgiving.org.

Joseph Berger
Joplin, MO, Lodge No. 501

Charles W. Bird
Catalina Mountain, AZ, Lodge No. 2815

Jay E. Broadwell
San Francisco, CA, Lodge No. 3

Charles P. Dunifer Jr.
Las Cruces, NM, Lodge No. 1119 and
El Cajon, CA, Lodge No. 1812

Rudolph J. Frei
Huntington, WV, Lodge No. 313

Nancy K. Holmes
Waynesboro, VA, Lodge No. 2270

Edmund D. Levi
Ballard (Seattle), WA, Lodge No. 827

Jackson C. Link
Corvallis, OR, Lodge No. 1413

Donald A. MacNevin
Lake Havasu City, AZ, Lodge No. 2399

Janet J. Moore
Milwaukie-Portland, OR,
Lodge No. 142

Mary D. Munger
Montana

Albert A. Preston
Grand Rapids, MI, Lodge No. 48

Donald L. Riley
Atascadero, CA, Lodge No. 2733

Allen L. Yockey
Englewood, CO, Lodge No. 2122

Carl H. Zietz Jr.
Alamosa, CO, Lodge No. 1297

A 501c3 public charity, the Elks National Foundation helps Elks build stronger communities through programs that support youth, serve veterans, and meet needs in areas where Elks live and work. **Heartbeat** is the Elks National Foundation's official newsletter. For more information about featured *Heartbeat* articles or to suggest items to be included in an upcoming issue of *Heartbeat*, please contact the ENF at 773/755-4728 or enf@elks.org.

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STAY CONNECTED!



Open this issue of *Heartbeat*
to read about the Elks Scholar
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