

Packing List

1. Toiletries: toothbrush, toothpaste, shampoo, soap, deodorant
2. Shower shoes (flip-flops)
3. Clothes for service
 - a. Jeans (no rips) or capris or knee-length shorts (no short shorts or leggings)
 - b. We will provide you with two 150 for 150 t-shirts (one for Saturday, one for Sunday)
 - c. Closed-toe shoes
4. Clothes for after service
 - a. Comfortable clothes
 - b. T-shirts and pants
5. Clothes for Sunday
 - a. Jeans (no rips)
 - b. We will provide you with two 150 for 150 t-shirts (one for Saturday, one for Sunday)
 - c. Closed-toe shoes
6. Pajamas
7. Any necessary prescription medications (must have original prescription labels)

Feel free to bring:

8. A camera
9. A journal
10. Ear plugs if you are a light sleeper
11. Cell phone/charger
12. A bathing suit if you'd like to swim at Trinity University during free time. Also bring a cover-up or clothes to wear over your swimsuit when walking around campus.



Trinity University will provide towels and bedding.



What **not** to bring:

1. Valuable items such as jewelry or a laptop

