



FAST FACTS

- ▶ The Elks National Hoop Shoot is a free throw contest for youth ages 8 to 13.
- ▶ Beginning at a local Elks Lodge, winning contestants advance through district, state, regional and national competitions.
- ▶ The program is **free to all contestants**. The Elks help sponsor contestants and their families at every level of competition.
- ▶ One boy and one girl from each division will **win a national title** at the National Finals and have their names inscribed in the Naismith Memorial Basketball Hall of Fame.
- ▶ Two National Champions will receive the **Getty Powell Award** for most baskets made during the National Finals.
- ▶ To see a complete list of past Hoop Shoot winners visit elkshoopshoot.org.



ELKS NATIONAL FOUNDATION

HELPING ELKS BUILD
STRONGER COMMUNITIES

Established in 1928, the Elks National Foundation is the charitable arm of the Benevolent and Protective Order of Elks. Our mission is to help Elks build stronger communities. We fulfill our pledge by:

- ▶ **Investing** in communities where Elks live and work.
- ▶ **Providing** tomorrow's leaders, our youth, with lifelong skills.
- ▶ **Meeting** the needs of today's veterans.
- ▶ **Helping** the state Elks associations accomplish their charitable objectives.
- ▶ **Funding** Lodge projects that improve the quality of life in local Elks communities.

For more information about the Elks National Foundation, visit elks.org/enf.

ELKS NATIONAL FOUNDATION, INC.

2750 N. Lakeview Ave.
Chicago, IL 60614-2256
Phone: 773/755-4758
Email: hoopshoot@elks.org
Web: elks.org/hoopshoot



Elks
National
Foundation, Inc.

ELKS NATIONAL HOOP SHOOT

FREE THROW PROGRAM



COMPETE. CONNECT.
SUCCEED.





ELKS NATIONAL HOOP SHOOT FREE THROW PROGRAM

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COMPETE.

- ▶ The Elks Hoop Shoot provides a character-building, competitive experience for all contestants.
- ▶ Contestants learn about the importance of respect and good sportsmanship.
- ▶ Through each level of competition, contestants support one another and learn to win or accept defeat gracefully.



CONNECT.

- ▶ With hours of practice at every level of competition, parents connect with their child throughout the Hoop Shoot experience.
- ▶ Family members travel with their contestant to every competition and share the experience together.
- ▶ Contestants connect with one another throughout their journey, developing positive relationships with peers.
- ▶ Contestants and families regard spending time together as one of the top benefits of participating in the Hoop Shoot.

SUCCEED.

- ▶ Through healthy competition and practice, contestants develop grit that aids in achieving school and life success.

HOW TO COMPETE

The Hoop Shoot competition starts at the Lodge level. To find a contest near you visit elks.org/lodges.

For complete details, visit
elks.org/hoopshoot.

WINNING LIFE

Research suggests **grit is a more accurate predictor of success than social intelligence, good looks, physical health or IQ.** The Elks have been developing gritty kids through the Hoop Shoot program for more than 40 years.

A key to developing grit in children is to encourage them to set goals and work hard at something they enjoy doing. That's why the Hoop Shoot works so well. Basketball is a fun activity, so kids don't mind practicing for hours to improve their shot.

The connection between time spent practicing and improved performance reinforces gritty behavior. These lessons help kids bounce back and keep trying even when they don't succeed the first time, whether on the court or in the classroom.

